

3 STADIUM DRIVE #01-10, SINGAPORE 397630 TEL: 6386-2721 FAX: 6386-7773 www.singaporeathletics.org.sg

2021 SA Performance Trial 1

Date : Saturday & Sunday, 23 & 24 Jan 2021

Time : 0800 hrs (Tentative)

Venue: Home of Athletics (Kallang Practice Track)

Address : 52 Stadium Rd, Singapore 397724



How to get there : Bus – 11 alight at Kallang Squash Centre

Bus – 10, 14, 14A, 16, 16M, 70, 70A, 70M, 196 alight at National

Stadium

Bus – 10, 11, 12, 14, 14M, 16, 16M, 31, 32, 33, 158, 158A, 196 alight at

Mountbatten Road Opp. S.A. Deaf

Train - Circle Line Stadium MRT Exit B

Car – GPS https://goo.gl/maps/kTxkAVWoNhiDyHSu7



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Safe Management Measures for stadiums:

- 1. Venue capacity of 50 pax at any one time.
- 2. Operating hours from 7am to 9.30pm.
- 3. Temperature screening and access with SafeEntry. No entry to those with a temperature of 38 degrees and above.
- 4. Exercise in groups of 8 permitted. For organised programmes/classes, one additional service provider (such as an instructor or a coach) is permissible.
- 5. Toilets are open. Users to observe safe distancing measures.
- 6. If there is more than one group sharing a space, the groups must not interact and must maintain a distance of 2m apart at all times.
- 7. No socialisation beyond activities.

Age eligibility : U18: 16 and 17 years old as of 31 Dec 2021

U20: 18 and 19 years old as of 31 Dec 2021

Open: 13 and above years old as of 31 Dec 2021

Participating events : https://www.singaporeathletics.org.sg/download/31981/

Competition schedule: https://www.singaporeathletics.org.sg/download/31978/

Entry Fees : S\$12.00 (Affiliates & MOE School)

S\$15.00 (Associate Affiliates)

Bib Replacement : S\$5.00 per set

Closing Date: Monday, 11 Jan 2021

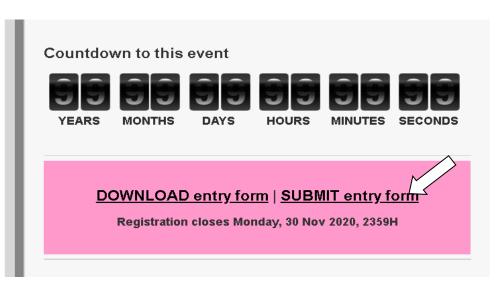


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HOW TO REGISTER

Submission of entries can be done by:

1. Online:



- 2. Click the link above and upload your entry form for submission
- 3. All proper entries must reach us <u>BEFORE</u> the stipulated closing date
- 4. All late entries WILL NOT be entertained
- 5. Strictly NO changing of category and event once the final start list is published
- 6. SA will send an auto-acknowledgement via email upon received of entries upon your registration. Hence, please ensure that a valid email address is submitted in your entry form
- 7. Kindly check your spam inbox or inform SA immediately if you do not receive any confirmation within <u>3 WORKING</u> <u>DAYS</u> of your submission of entries.
- 8. Improper entry form data will not be accepted
- 9. Entry data only allow 1 event per athlete per row
- 10. Participants with PB (Personal Best) provided will be seeded higher than those that did not submit their PB
- 11. For a foreign athlete or team's participation, will need to produce sanction letter from your country athletics member federation and send to events@athletics.sg
- 12. There will be no refund of entry fees for any withdrawal/ no-show/ poor weather condition after the closing date
- 13. SA reserved the rights to the final decision on all matters about the event
- 14. SA reserved the rights to invite athlete out of qualifying mark to fill up the number for the event



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PAYMENT

- For athletes from SA affiliate & SA associate SA will invoice your respective affiliate and associate club for payment. Do not make individual payment transfer to SA for your entry
- MOE schools E-Invoice payment only

CONDITIONS

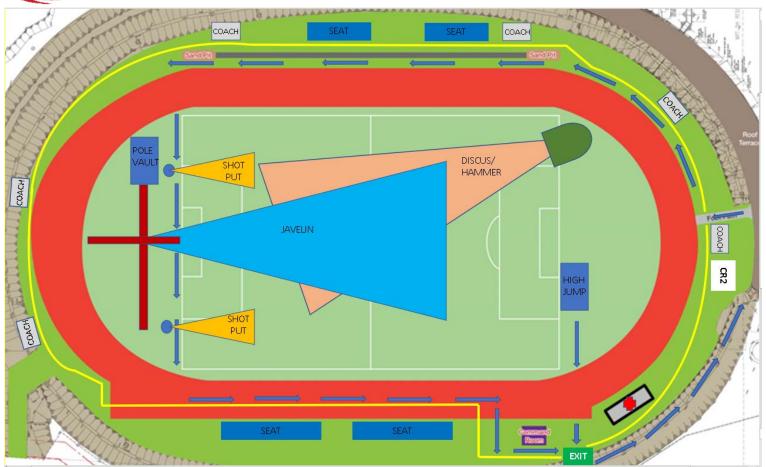
- 1. Event with less than three (3) entries received at the closing date will be cancelled, except for field event or event for oversea competition qualifying purpose.
- 2. The athlete must indicate his/her personal best performance in the entry form
- 3. The athlete is allowed to represent only 1 team for the event/events he/she participates in, except National Team selection.
- 4. Start list timing is to be used as a guide only, athletes and team manager are responsible to check the reporting timing of their event and report to the call room accordingly
- 5. Due to Covid19 Safe measurement practice, the schedule will be adjusted after registration closed to facilitate 50 pax capacity in HOA stadium
- 6. Start list can be download from http://www.singaporeathletics.org.sg/. Results can be view online on http://tnf.sg/
- 7. Please collect the number tags from the SA Administration Counter at the competition venue at least 60mins before the session

8. PROTEST AND APPEAL

- Protest concerning the results or conduct of the event shall be made <u>30 MINS</u> within the official announcement/published of the result
- Protest can be made orally to the referee by an athlete or team manager of the team
- Appeal concerning the results or conduct of the event shall be made <u>30 MINS</u> within the official announcement/published of the result
- An appeal shall be in writing, signed by the athlete, by the team manager or in charge accompanied by a deposit of <u>SGD\$150.00</u> or equivalent, which will be forfeited if an appeal is not allowed. If the appeal is upheld the deposit will be returned in full



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9. **VENUE ACCESS**

- Priority entry will be given to the athlete, should there be any delay in the other event, coaches and spectator may not allow accessing if capacity limit reached
- Track coaches and supporters need to be seated at the seating area on the 100m homestretch and backstretch only
- Field coaches can be position at the destinated coach area mark on the venue layout, do not enter the D area or track lanes during competition
- Warm up for sprint can be used at the backstretch during 100m and 200m event should capacity limit allow



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10. TRACK EVENTS

- All athletes shall report to the Call Room 1 Judges 30 MINS before the Start of each event
- The athlete shall report to the Call Room 2 Judge 10 MINS before the start of each event
- Should the athlete feel uncomfortable after warm up, he/she should inform Call Room 2
 Judge immediately to withdraw from the event
- The athlete <u>will not</u> be allowed to compete if he/ she reports to the Starter directly without first reporting to the Call Room 1 and 2 Judge
- The athlete can choose to use personal starting block if they do not want to use the starting block provided, they will need to submit to the Technical Manager 1 hour before the event and collect back after the event

11. FIELD EVENTS

- Horizontal Jumps and Throws competitors shall report to the Field Judges <u>45 MINS</u> before the Start of each event;
- High Jump and Pole Vault competitors shall report to the Field Judges <u>90 MINS</u> before the
 Start of each event

12. THE SUBMISSION OF PERSONAL THROW IMPLEMENT AND PERSONAL STARTING BLOCK

- To submit to the TIC (Technical Information Centre) 2 hours before the event and collect back after there after the event.
- TIC is also the Call Room 1.