

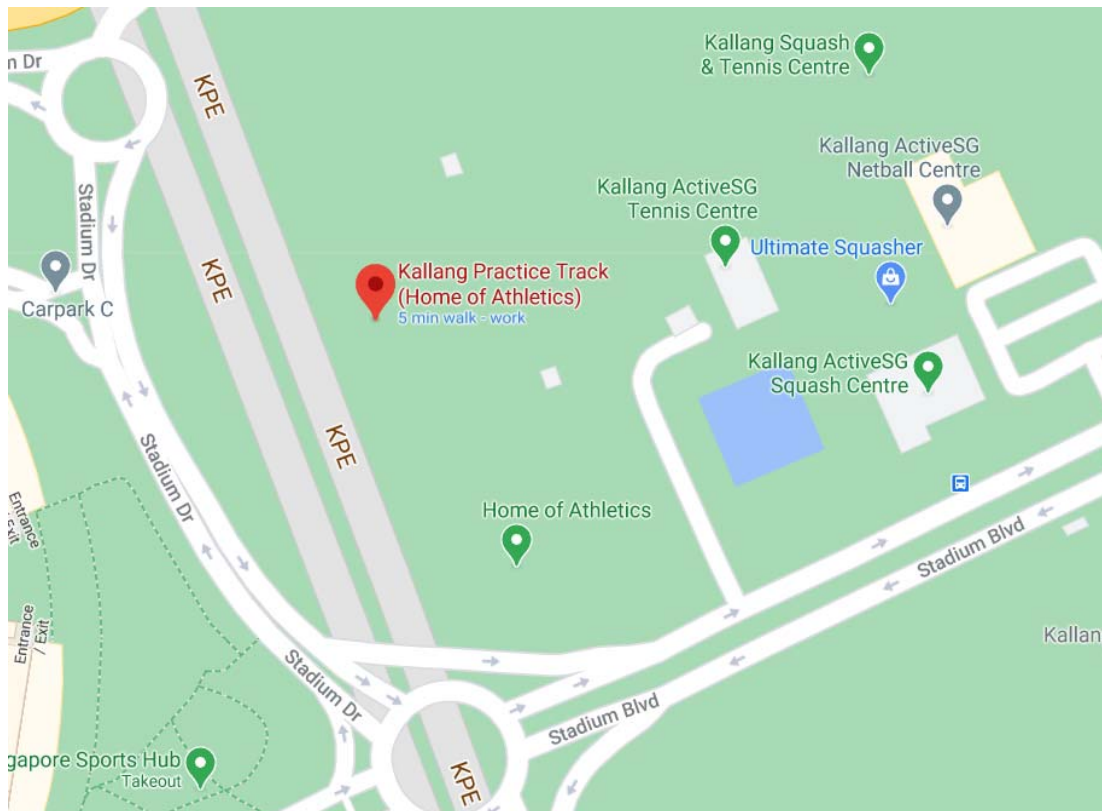
**2021 SA Allcomers Meet 4**

**Date** : Saturday & Sunday, 10 & 11 July 2021

**Time** : Saturday & Sunday 0800 hrs (Tentative)

**Venue** : Home of Athletics (Kallang Practice Track)

**Address** : 52 Stadium Rd, Singapore 397724



**How to get there** :

- Bus – 11 alight at Kallang Squash Centre**
- Bus – 10, 14, 14A, 16, 16M, 70, 70A, 70M, 196 alight at National Stadium**
- Bus – 10, 11, 12, 14, 14M, 16, 16M, 31, 32, 33, 158, 158A, 196 alight at Mountbatten Road Opp. S.A. Deaf**
- Train – Circle Line Stadium MRT Exit B**
- Car – GPS <https://goo.gl/maps/kTxkAVWoNhiDyHSu7>**

**Safe Management Measures for stadiums:**

1. Venue capacity of 50 pax per zone at any one time
2. The athlete only allow entering based on their event reporting time
3. The athlete will need to leave the venue immediately upon completion of their event
4. Operating hours from 7 am to 9.30 pm
5. Temperature screening and access with SafeEntry. No entry to those with a temperature of 38 degrees and above
6. Toilets are open for use, exit immediately after use. Do not talk to the athlete at Call room 2. Users to observe safe distancing measures
7. If there is more than one group sharing a space, the groups must not interact and must maintain a distance of 2m apart at all times
8. No socialization, handshake, fist bump, hugging and patting of the body before and after activities

**Age eligibility** : U15: 13 & 14 years old as of 31 Dec 2021  
Open: 13 years old and above as of 31 Dec 2021

**Vertical Jumps** : Novice: 13 years old and above as of 31 Dec 2021  
(See format progression) Intermediate: 13 years old and above as of 31 Dec 2021  
Advance: 13 years old and above as of 31 Dec 2021

**\*Registration for Affiliates and Associate club only**

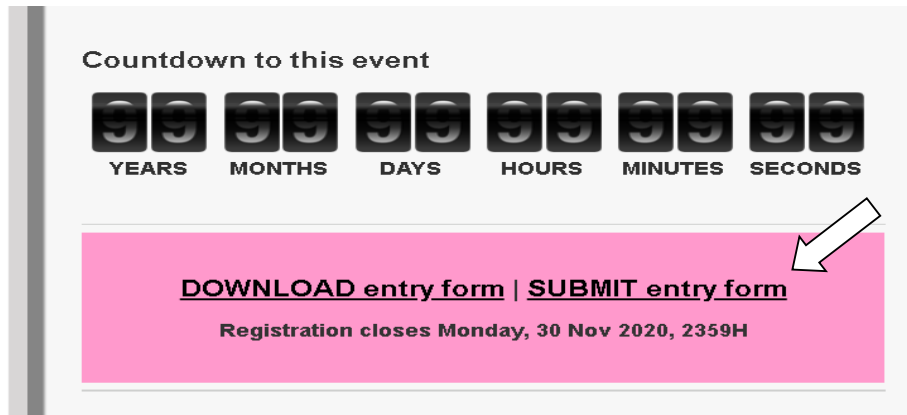
**Participating events** : Please refer to Appendix A  
**Competition schedule:** Please refer to Appendix B  
**Entry Fees** : **S\$12.00 (Affiliates)**  
**S\$15.00 (Associate Affiliates)**  
**Bib Replacement** : **S\$5.00 per set**

## **Closing Date: Friday, 25 June 2021**

### **HOW TO REGISTER**

Submission of entries can be done by:

1. **Online:**



2. Click the link above and upload your entry form for submission
3. All proper entries must reach us BEFORE the stipulated closing date
4. All late entries WILL NOT be entertained
5. Strictly NO changing of category and event once the final start list is published
6. SA will send an acknowledgement via email upon received of entries. Hence, please ensure that a valid email address is submitted in your entry form
7. Kindly inform SA immediately if you do not receive any confirmation within 3 WORKING DAYS of your submission of entries.
8. Only EXCEL (.XLS) file format entry form will be accepted
9. Improper entry form data will not be accepted
10. Entry data only allow 1 event per athlete per row
11. Personal best and season best filled for seeding purpose
12. For a foreign athlete or team's participation, will need to produce a sanction letter from your country athletics member federation and send it to [events@athletics.sg](mailto:events@athletics.sg)

13. There will be no refund of entry fees for any withdrawal/ no-show/ poor weather condition after the closing date
14. SA reserved the rights to the final decision on all matters about the event
15. SA reserved the rights to invite athlete out of qualifying mark to fill up the number for the event

### **PAYMENT**

- ... **For athletes from SA affiliate & SA associate** – SA will invoice your respective affiliate and associate club for payment. Do not make a payment transfer to SA for your entry
- ... **MOE schools** - E-Invoice payment only

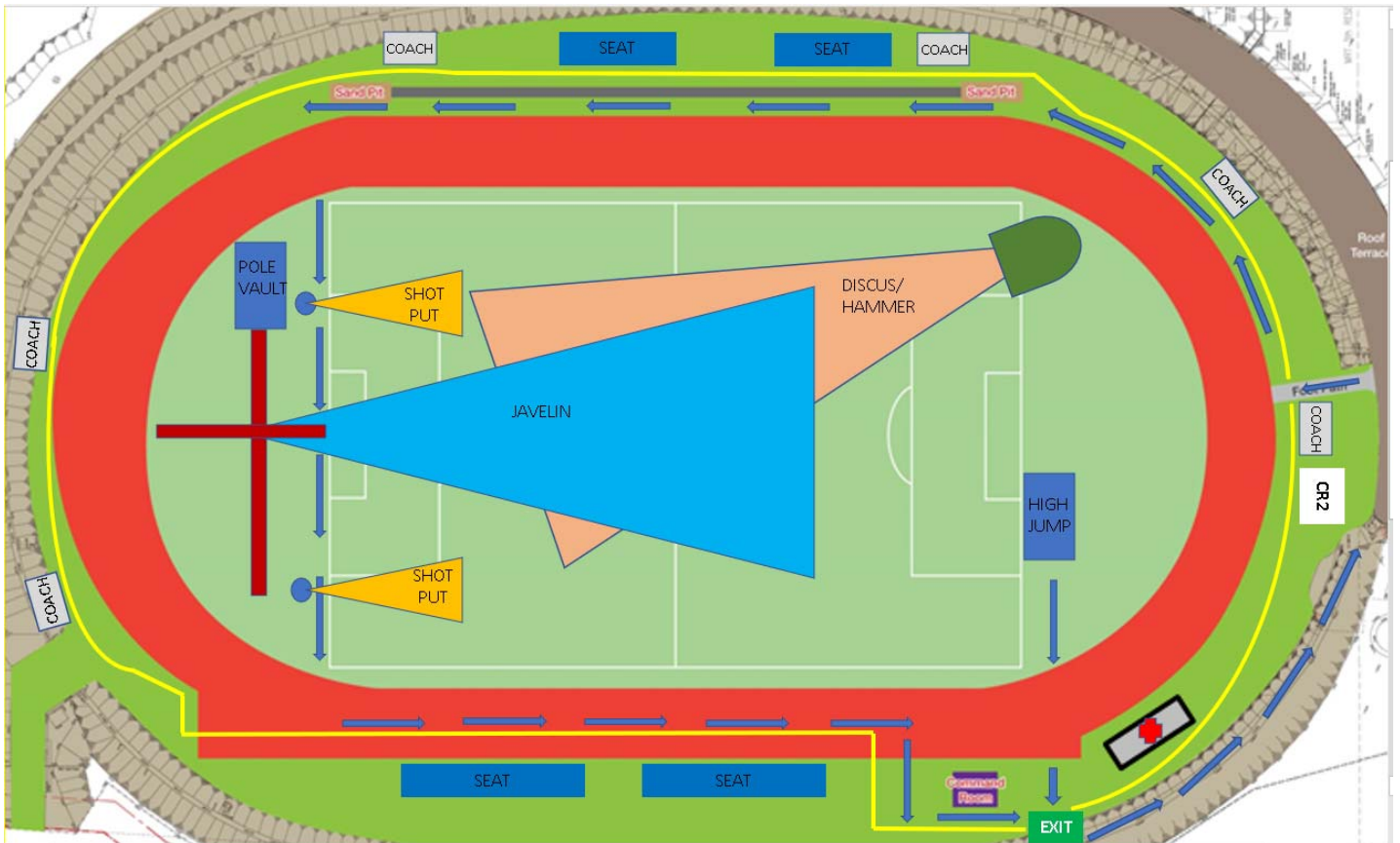
### **CONDITIONS**

1. Event with less than three (3) entries received at the closing date will be cancelled
2. The athlete must indicate his/her season & personal best performance in the entry form
3. The athlete is allowed to represent only 1 team for the event/events he/she participates in, except National Team selection.
4. Start list timing is to be used as a guide only, athletes and team manager are responsible to check the reporting timing of their event and report to the call room accordingly
5. Due to Covid19 Safe measurement practice, the schedule will be adjusted after registration closed to facilitate 100 pax capacity in HOA stadium
6. The start list can be download from <http://www.singaporeathletics.org.sg/>. Results can be view online at <http://tnf.sg/>
7. Please collect the number tags from the SAA Administration Counter at the competition venue at least 90 mins before the session

### **8. PROTEST AND APPEAL**

- ... Protest concerning the results or conduct of the event shall be made **30 MINS** within the official announcement/published of the result
- ... Protest can be made orally to the referee by an athlete or team manager of the team
- ... Appeal concerning the results or conduct of the event shall be made **30 MINS** within the official announcement/published of the result

- ... An appeal shall be in writing, signed by the athlete, by the team manager or in charge accompanied by a deposit of **\$150.00** or equivalent, which will be forfeited if an appeal is not allowed. If the appeal is upheld the deposit will be returned in full



## 9. VENUE ACCESS

- ... Priority entry will be given to the athlete, should there be any delay in the other event, coaches and spectator are not allowed to access
- ... Track coaches and teacher in charge need to be station at the lawn area, time slot booking required
- ... Field coaches are not allowed to access the venue, except pole vault coaches, do not enter the D area or track lanes during competition
- ... Warm up for sprint can be used at the backstretch during 100m and 200m event should capacity limit allow

## 10. TRACK EVENTS

- ... All athletes shall report to the Call Room 1 Judges **40 MINS** before the Start of each event
- ... The athlete shall report to the Call Room 2 Judge **10 MINS** before the start of each event
- ... Should the athlete feel uncomfortable after warm up, he/she should inform Call Room 2 Judge immediately to withdraw from the event
- ... The athlete **will not** be allowed to compete if he/ she reports to the Starter directly without first reporting to the Call Room 1 and 2 Judge
- ... The athlete can choose to use a personal starting block if they do not want to use the starting block provided, they will need to submit it to the Technical Manager 1 hour before the event and collect it back after the event
- ... Cut off time for distance event, cut off time will be implemented on the start of the last lap:
  - ... 3000m
    - i. Girls – 15 mins
    - ii. Boys – 13 mins
  - ... 3000m Steeplechase
    - i. Girls – 16 mins
    - ii. Boys – 14 mins
  - ... 5000m
    - i. Girls – 25 mins
    - ii. Boys – 23 mins
  - ... 10000m
    - i. Girls – 47 mins
    - ii. Boys – 45 mins
  - ... 3000m Racewalk
    - i. Girls – 23 mins
    - ii. Boys – 21 mins
  - ... 5000m Racewalk
    - i. Girls – 37 mins
    - ii. Boys – 35 mins
  - ... 10000m Racewalk
    - i. Girls – 75 mins
    - ii. Boys – 70 mins

## 11. FIELD EVENTS

- ... **Horizontal Jumps** and **Throws** competitors shall report to the Call Room 1 Judges **45 MINS** before the Start of each event
- ... **Horizontal Jumps** and **Throws** competitors shall report to the Field Judges **40 MINS** before the Start of each event
- ... Personal throw implement must submit to Technical Manager for inspection 1 hour before the event start
- ... **Pole Vault** competitors shall report to the Call Room 1 Judges **90 MINS** before the Start of each event
- ... **Pole Vault** competitors shall report to the Field Judges **85 MINS** before the Start of each event
- ... **High Jump** competitors shall report to the Call Room 1 Judges **60 MINS** before the Start of each event
- ... **High Jump** competitors shall report to the Field Judges **55 MINS** before the Start of each event