



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630
TEL: 6386-2721 FAX: 6386-7773 Website: www.singaporeathletics.org.sg



KIDS' ATHLETICS

HOLIDAY PROGRAMME



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Singapore Athletics would like to invite you to our Kids' Athletics Programme during the June Holiday. This is a half day holiday programme. This holiday programme offers excitement within a team within the event venue at the Home of Athletics

During the programme, basic athletic movements (sprinting, endurance running, jumping, throwing) will be practised and experienced in an atmosphere of play and fun. The physical demands are minimal and will make it possible for each child to readily take part.

Programme

Participants to choose one date	
Dates:	25 th June 2021

Venue: Open Artificial Grass Space at HOA

Time: 8am to 12pm

Age Group: 6 to 12 years old

Materials: Singapore Athletics Kids' Athletics equipment.

Prizes: Children will receive souvenirs.

Fees:

Public	\$70
For Affiliates/ Associate Affiliates	\$60



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Objectives:

Our objectives for organizing this camp is to achieve a mass participation in competitive athletics to achieve a learning experience, which is focused on fun rather than winning. This is to aid in the development of motor and social skills of the participants.

Children will enjoy and learn athletic skills in a fun and dynamic environment, with professional coaches providing coaching and care to make sure that the young ones get the necessary attention that they need. More importantly, we seek to infuse universal values of respect, resilience, integrity and perseverance.

Programme:

****Programme timing and activities may subject to changes**

<u>Time</u>	<u>Activity</u>	<u>Venue</u>
7.40 a.m. to 8.00 a.m.	Check-in	HOA
8.00 a.m. to 9.00 a.m.	Developing of Kids' Athletics Skills through Learning Stations (Part One)	
9.00 a.m. to 9.30 a.m.	Light refreshments	
9.30 a.m to 10.00a.m	Let's adopt a 'Healthy Lifestyle' Talk	
10.00 a.m. to 11.00 a.m.	Developing of Kids' Athletics Skills through Learning Stations (Part Two)	
11.00 p.m. to 11.50 p.m.	Quiz & Team Building activities	
11.50 p.m. to 12.00 p.m.	Presentation of Prizes/Evaluation/Home Sweet Home	



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Registration

Kindly email your interest. Please note that incomplete applications will not be accepted if we did not receive any payment and screenshot of the payment advice. **Please provide PAYMENT TRANSACTION DETAILS, a screenshot of the RECEIPT upon successful transaction with NAME of parents/clubs and participant(s) and email it to khairina@athletics.sg**

PLEASE MAKE PAYMENT TO:

Inter-bank Transfer or ATM Transfer details:

- Ⓢ **Bank Account No.: 074-901188-2**
- Ⓢ Type of account: Auto Current
- Ⓢ Name of Bank: DBS Bank Ltd (Singapore Athletics)