

Appendix B - Competition Schedule

2021 SA Allcomers Meet 5 (Selected Events)

27 & 28 Nov 2021

Home of Athletics

*100m, 400m, High Jump and Long Jump to be featured in Club Zoom Kindred Spirit Series on 11 December.

Day 1, Saturday 27 Nov 2021										
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report for field event)	Event	Category	Status	No.
						1330	Javelin (600g)	Women Open	Final	4
						1330	Triple Jump	Women U15	Final	3
						1330	Triple Jump	Men U15	Final	1
10	5	200m	Women U15	Heat 1	1330					
	5			Heat 2	1330					1405
6	3	200m	Women U18	Heat 1	1330					1410
	4			Heat 2	1330					1415
6	3	200m	Women U20	Timed Final	1350					1420
	3	200m	Women Open	Timed Final	1350					1425
8	4	200m	Men U15	Heat 1	1400					1430
	4			Heat 2	1400					1435
8	4	200m	Men U18	Heat 1	1400					1440
	4			Heat 2	1400					1445
6	3	200m	Men U20	Heat 1	1400					1450
	3			Heat 2	1400					1455
						1430	Javelin (600g)	Men U15	Final	5
						1430	Shot Put (7.26kg)	Men Open	Final	3
						1430	Shot Put (4kg)	Men U15	Final	5
23	5	200m	Men Open	Heat 1	1430					
	5			Heat 2	1430					1505
	5			Heat 3	1430					1510
	4			Heat 4	1430					1515
	4			Heat 5	1430					1520
	4	800m	Men U20	Timed Final	1435					1525
	3	800m	Men Open	Timed Final	1435					1530
	1	400m Hurdles (0.914m)	Men Open	Timed Final	1500					1545
	2	400m Hurdles (0.838m)	Men U15/U18	Timed Final	1500					1555
	2	400m Hurdles (0.762m)	Women Open/U20	Timed Final	1500					1605
	2	3000m	Men U15/U18	Timed Final	1545					1615
						1600	Javelin (700g)	Men U18	Final	7
						1600	Shot Put (3kg)	Women U15	Final	2
						1600	Shot Put (3kg)	Women U18	Final	3
						1600	Shot Put (4kg)	Women U20	Final	1
						1600	Shot Put (4kg)	Women Open	Final	1
	2	3000m	Women U15/U18	Timed Final	1600					
	1	4x100m	Men Open	Timed Final	1600					1700
	2	5000m	Men U20	Timed Final	1645					1715
						1710	Javelin (800g)	Men Open	Final	4
						1710	Shot Put (5kg)	Men U18	Final	7
20	5	5000m	Men Open	Heat 1	1710					1740
	5			Heat 2	1735					1805
	5			Heat 3	1800					1830
	5			Heat 4	1825					1855
	5	5000m	Women Open	Timed Final	1900					1930

*100m, 400m, High Jump and Long Jump to be featured in Club Zoom Kindred Spirit Series on 11 December.

Day 2, Sunday, 28 Nov 2021										
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report for field event)	Event	Category	Status	No.
						1330	Pole Vault	Women Novice/Intermediate	Final	4
						1400	Hammer Throw (4kg)	Women Open	Final	3
						1330	Hammer Throw (7.26kg)	Men Open	Final	3
						1515	Pole Vault	Men Novice/Intermediate	Final	6
						1530	Discus (1kg)	Women U18	Final	2
						1500	Discus (1kg)	Women Open	Final	1
	3	400m	Women U15	Timed Final	1445					
	5	400m	Men U15	Timed Final	1445					1535
	3	400m	Women U18	Timed Final	1500					1545
	5	400m	Men U18	Timed Final	1500					1550
	2	110m Hurdles (1.067m)	Men Open	Timed Final	1515					1610
	1	110m Hurdles (0.914m)	Men U18	Timed Final	1535					1620
	3	100m Hurdles (0.838m)	Men U15	Timed Final	1545					1630
	1	100m Hurdles (0.762m)	Women U18	Timed Final	1555					1640
						1645	Discus (1kg)	Men U15	Final	4
						1615	Discus (1.5kg)	Men U18	Final	7
						1615	Discus (2kg)	Men Open	Final	1
	4	80m Hurdles (0.762m)	Women U15	Timed Final	1605					1650
						1700	Pole Vault	Men Advance	Final	5
8	4	1500m	Men U18/U15	Heat 1	1640					1710
	4			Heat 2	1640					1720
	5	1500m	Women Open/U20/U18	Timed Final	1700					1730
	4	1500m	Men Open	Timed Final	1700					1740
1	1	5000m Racewalk	Men Open	Timed Final	1740					1810
3	3	5000m Racewalk	Women Open	Timed Final	1740					1810
9	4	10000m	Men Open	Heat 1	1820					1850
	5	10000m	Men Open	Heat 2	1910					1940