

82ND SINGAPORE OPEN TRACK & FIELD CHAMPIONSHIPS 2022

Singapore,
Home of Athletics
Host: Singapore Athletics
16/4/2022 - 17/4/2022



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RESULTS

#5 Men's Shot Put (Open)

National Record 17.44m
Sg Open CR 17.78m

8:30 AM (Day 1):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|----------------------------|-----|---------------|--------|-------|-------|-------|-------|-------|-------|
| 1 | MANTUA, JOHN ALBERT | 30 | PHILIPPINES | 17.33m | 16.27 | 17.32 | 16.58 | 17.33 | 17.04 | FOUL |
| 2 | MORRISON, WILLIAM EDWAR | 26 | PHILIPPINES | 16.61m | 15.88 | FOUL | FOUL | FOUL | 16.61 | 16.57 |
| 3 | BIN ZOLKEFLI, Muhammad Ziy | 32 | MALAYSIA | 16.54m | 16.37 | 15.93 | 16.04 | 16.54 | FOUL | 15.75 |
| 4 | LOONG DENG, FARM | 22 | MALAYSIA | 16.44m | 15.89 | 16.44 | FOUL | 16.02 | 15.79 | 16.22 |
| 5 | YEE, Chun Wai, Eric | 23 | National Univ | 12.92m | 12.35 | FOUL | 12.21 | 12.92 | FOUL | FOUL |
| 6 | CHUNG, Yew Weng | 25 | FAC | 11.66m | FOUL | 11.29 | FOUL | 11.21 | 10.83 | 11.66 |
| 7 | XIAO, Hongyang | 22 | National Univ | 11.43m | 10.52 | FOUL | 11.02 | 11.13 | 11.24 | 11.43 |
| 8 | UBAS, JANRY | 28 | PHILIPPINES | 11.18m | 10.10 | 10.32 | 10.96 | 11.18 | 11.07 | FOUL |
| 9 | TAN, Ting Jun | 25 | National Univ | 10.68m | 10.68 | 10.57 | FOUL | | | |
| | LOH, Aloysius | 18 | Wings Athleti | NM | | | | | | |

#64-1 Women's Outdoor Heptathlon 100m Hurdles

National Record 13.88
Sg Open CR 13.24

8:30 AM (Day 1):

| Pl | Name | Age | Team | Time | Note | Pts |
|----|---------------------------|-----|----------------------|-------|------|-----|
| 1 | DEQUINAN, SARAH | 26 | PHILIPPINES | 15.23 | | 811 |
| 2 | KAMARUDDIN, NORLIYANA | 31 | MALAYSIA | 15.27 | | 806 |
| 3 | LIGMAYO, JOSEFA | 26 | PHILIPPINES | 15.37 | | 793 |
| 4 | KHOO, Tyeisha Rene Misson | 19 | Singapore Sports Sc | 15.75 | | 745 |
| 5 | TAN SHU-EN, Hannah Esther | 23 | Wings Athletics Club | 15.79 | | 740 |

Women's Outdoor Heptathlon After 1 Events

| Pl | Athlete | Age | Team | Points |
|----|-------------------|-----|----------------------|--------|
| 1 | DEQUINAN, SARA | | PHILIPPINES | 811 |
| 2 | KAMARUDDIN, NO | | MALAYSIA | 806 |
| 3 | LIGMAYO, JOSEFA | | PHILIPPINES | 793 |
| 4 | KHOO, Tyeisha Ren | | Singapore Sports Sc | 745 |
| 5 | TAN SHU-EN, Hann | | Wings Athletics Club | 740 |

#64-2 Women's Outdoor Heptathlon High Jump

National Record 1.86m
Sg Open CR 1.92m

9:15 AM (Day 1):

| Pl | Name | Age | Team | Mark | 1.40 | 1.43 | 1.52 | 1.55 | 1.58 | 1.61 | 1.64 | 1.67 | 1.70 | 1.73 | Pts |
|----|---------------------------|-----|---------------|-------|------|------|------|------|------|------|------|------|------|------|-----|
| 1 | KAMARUDDIN, NORLIYANA | 31 | MALAYSIA | 1.70m | P | P | P | O | P | O | O | O | O | XXX | 855 |
| 2 | DEQUINAN, SARAH | 26 | PHILIPPINES | 1.64m | P | P | O | O | P | O | XO | XXX | | | 783 |
| 3 | LIGMAYO, JOSEFA | 26 | PHILIPPINES | 1.64m | P | P | O | O | O | O | XXO | XXX | | | 783 |
| 4 | KHOO, Tyeisha Rene Misson | 19 | Singapore Sp | 1.40m | XO | XXX | | | | | | | | | 512 |
| 5 | TAN SHU-EN, Hannah Esther | 23 | Wings Athleti | 1.37m | XXX | | | | | | | | | | 481 |
| Pl | Name | Age | Team | Mark | 1.25 | 1.28 | 1.31 | 1.34 | 1.37 | | | | | | Pts |

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#64-2 Women's Outdoor Heptathlon High Jump (cont'd)

| | | | | | | | | | | |
|---|---------------------------|----|---------------|----------|---|---|---|----|---|-----|
| 4 | KHOO, Tyeisha Rene Misson | 19 | Singapore Sp | (cont'd) | O | P | O | XO | O | 512 |
| 5 | TAN SHU-EN, Hannah Esther | 23 | Wings Athleti | 1.37m | P | P | P | O | O | 481 |

Women's Outdoor Heptathlon After 2 Events

| Pl | Athlete | Age | Team | Points |
|----|-------------------|-----|----------------------|--------|
| 1 | KAMARUDDIN, NO | | MALAYSIA | 1661 |
| 2 | DEQUINAN, SARA | | PHILIPPINES | 1594 |
| 3 | LIGMAYO, JOSEFA | | PHILIPPINES | 1576 |
| 4 | KHOO, Tyeisha Ren | | Singapore Sports Sc | 1257 |
| 5 | TAN SHU-EN, Hann | | Wings Athletics Club | 1221 |

#35 Men's 200 Meters (Open)

National Record 21.14
Sg Open CR 20.86

9:30 AM (Day 1):

Prelims

| Pl | Name | Age | Team | Time | Note | H(Pl) |
|----|----------------------------|-----|-----------------------|--------|--------|-------|
| 1 | MOHD FAHMI, MUHAMMAD AZEEM | 18 | MALAYSIA | 21.78q | (+0.5) | 2(1) |
| 2 | LOUIS, MARC BRIAN | 20 | Singapore | 21.87q | (+0.5) | 2(2) |
| 3 | LEE, REUBEN RAINER | 20 | Singapore | 22.24q | (+0.5) | 2(3) |
| 4 | NYEPA, JONATHAN | 26 | MALAYSIA | 22.45q | (+0.5) | 2(4) |
| 5 | TAN, ZONG YANG | 28 | Singapore | 22.48q | (+0.5) | 2(5) |
| 6 | RYAN, Praharsh | 24 | Nanyang Technologi | 22.71q | (+0.5) | 2(6) |
| 7 | TEH, Mitchell | 25 | National University S | 22.86q | (-0.3) | 1(1) |
| 8 | BULL, Jonathan | 25 | Wings Athletics Club | 22.91q | (-0.3) | 1(2) |
| 9 | TEOW, Alphonsus | 23 | National University S | 23.26 | (-0.3) | 1(3) |
| | NG, CHIN HUI | 28 | Singapore | DNS | | 1 |
| | CHNG, Elgene | 24 | National University S | DNS | | 1 |
| | KHAN, Hassan | 23 | Nanyang Technologi | DNS | | 1 |

#4 Women's High Jump (Open)

National Record 1.86m
Sg Open CR 1.92m

10:30 AM (Day 1):

| Pl | Name | Age | Team | Mark | 1.65 | 1.70 | 1.75 | 1.78 | 1.81 | 1.84 | 1.87 |
|----|---------------|-----|---------|-------|------|------|------|------|------|------|------|
| 1 | SNG, Michelle | 35 | Swift | 1.81m | O | O | O | O | XXO | X | XX |
| | SIM, Judith | 33 | Maxform | DNS | | | | | | | |

#12 Women's Javelin (Open)

National Record 51.66m
Sg Open CR 55.39m

10:35 AM (Day 1):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|-------------------|-----|---------------|--------|-------|-------|-------|-------|-------|-------|
| 1 | PALABRICA, EVALYN | 28 | PHILIPPINES | 45.81m | FOUL | 41.15 | 42.61 | 44.17 | 43.05 | 45.81 |
| 2 | DEQUINAN, SARAH | 26 | PHILIPPINES | 45.08m | 39.13 | PASS | PASS | PASS | 40.87 | 45.08 |
| 3 | PHUA, Jaydene | 18 | Wings Athleti | 31.06m | 28.86 | 30.28 | FOUL | 26.43 | 31.06 | 30.53 |

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#12 Women's Javelin (Open) (cont'd)

10:35 AM (Day 1):

| PI Name | Age Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|------------------------|------------------|--------|-------|-------|-------|-------|-------|-------|
| 4 SHANMUGARATNAM, Maya | 26 Wings Athleti | 29.68m | 27.50 | 26.06 | 28.32 | 29.68 | 28.65 | 28.77 |
| LIGMAYO, JOSEFA | 26 PHILIPPINES | DNS | | | | | | |

#29 Men's 110m Hurdles (Open)

National Record 13.97
Sg Open CR 13.83

10:30 AM (Day 1):

Wind: (+0.6)

| PI Name | Age Team | Time | Note |
|----------------------|----------------|-------|------|
| 1 ANG, CHEN XIANG | 28 Singapore | 14.24 | |
| 2 VERGEL, ALVIN JOHN | 25 PHILIPPINES | 14.90 | |
| 3 UBAS, JANRY | 28 PHILIPPINES | 16.01 | |
| CHONG, WEI GUAN | 22 Singapore | DNS | |

#30 Women's 100m Hurdles (Open)

National Record 13.88
Sg Open CR 13.24

10:50 AM (Day 1):

Wind: (+2.4)

| PI Name | Age Team | Time | Note |
|--------------------|----------------|-------|------|
| 1 NOVA, Emilia | 27 Indonesia | 13.74 | |
| 2 ESCOTON, MELISSA | 25 PHILIPPINES | 13.96 | |
| 3 ONG, KERSTIN | 25 Singapore | 14.99 | |
| 4 DEQUINAN, SARAH | 26 PHILIPPINES | 15.04 | |
| 5 LIGMAYO, JOSEFA | 26 PHILIPPINES | 15.13 | |

#3 Men's High Jump (Open)

National Record 2.22m
Sg Open CR 2.30m

1:50 PM (Day 1):

| PI Name | Age Team | Mark | 1.95 | 2.00 | 2.02 | 2.04 | 2.06 | 2.08 | 2.12 | 2.16 | 2.20 | 2.23 | |
|----------------|------------------|----------|------|------|------|------|------|------|------|------|------|------|--|
| 1 KAM, KAMPTON | 21 Singapore | 2.20m | P | O | P | O | P | O | O | XXO | XXO | XXX | |
| 2 UBAS, JANRY | 28 PHILIPPINES | 2.06m | O | O | P | O | O | XXX | | | | | |
| 3 PAK, Andrew | 20 Wings Athleti | 2.04m | O | O | O | O | XXX | | | | | | |
| PI Name | Age Team | Mark | 1.90 | | | | | | | | | | |
| 1 KAM, KAMPTON | 21 Singapore | (cont'd) | O | | | | | | | | | | |
| 2 UBAS, JANRY | 28 PHILIPPINES | (cont'd) | O | | | | | | | | | | |
| 3 PAK, Andrew | 20 Wings Athleti | (cont'd) | O | | | | | | | | | | |

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#64-3 Women's Outdoor Heptathlon Shot Put

National Record 18.57m
Sg Open CR 18.74m

1:55 PM (Day 1):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Pts |
|----|---------------------------|-----|---------------|--------|-------|-------|-------|-------|-------|-------|-----|
| 1 | KAMARUDDIN, NORLIYANA | 31 | MALAYSIA | 11.69m | 11.47 | 11.69 | 11.47 | PASS | PASS | PASS | 641 |
| 2 | DEQUINAN, SARAH | 26 | PHILIPPINES | 10.56m | 9.66 | 10.56 | 9.24 | PASS | PASS | PASS | 566 |
| 3 | LIGMAYO, JOSEFA | 26 | PHILIPPINES | 10.08m | 10.08 | 9.89 | 9.06 | PASS | PASS | PASS | 535 |
| 4 | TAN SHU-EN, Hannah Esther | 23 | Wings Athleti | 9.14m | 8.58 | 8.83 | 9.14 | PASS | PASS | PASS | 473 |
| 5 | KHOO, Tyeisha Rene Misson | 19 | Singapore Sp | 7.43m | 6.34 | FOUL | 7.43 | PASS | PASS | PASS | 363 |

Women's Outdoor Heptathlon After 3 Events

| Pl | Athlete | Age | Team | Points |
|----|-------------------|-----|----------------------|--------|
| 1 | KAMARUDDIN, NO | | MALAYSIA | 2302 |
| 2 | DEQUINAN, SARA | | PHILIPPINES | 2160 |
| 3 | LIGMAYO, JOSEFA | | PHILIPPINES | 2111 |
| 4 | TAN SHU-EN, Hann | | Wings Athletics Club | 1694 |
| 5 | KHOO, Tyeisha Ren | | Singapore Sports Sc | 1620 |

#25 Men's 400m Hurdles (Open)

National Record 51.73
Sg Open CR 50.20

2:50 PM (Day 1):

| Pl | Name | Age | Team | Time | Note |
|----|------------------------|-----|-------------|---------|------|
| 1 | QUEK, CALVIN | 26 | Singapore | 51.85 | |
| 2 | EDWIN BINSAR, Halomoan | 22 | Indonesia | 52.84 | |
| 3 | MEDINA, FRANCIS | 26 | PHILIPPINES | 53.20 | |
| 4 | AMIR, Harith | 20 | Reactiv | 1:02.81 | |

#26 Women's 400m Hurdles (Open)

National Record 58.93
Sg Open CR 56.66

3:10 PM (Day 1):

| Pl | Name | Age | Team | Time | Note |
|----|----------------|-----|-----------------------|---------|------|
| 1 | GOH, Celeste | 23 | National University S | 1:06.72 | |
| 2 | TAN, Clencyce | 23 | Nanyang Technologi | 1:10.35 | |
| 3 | KANG, Pei Ling | 25 | Wings Athletics Club | 1:12.97 | |

#24 Women's Triple Jump (Open)

National Record 12.54m
Sg Open CR 13.90m

3:15 PM (Day 1):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|----------------------|-----|--------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | KHUDOYAROVA, ROKSANA | 21 | European Gol | 13.76m (+2.1) | 13.69 (+3.3) | 13.35 (+0.0) | FOUL | FOUL | 13.57 (+0.7) | 13.76 (+2.1) |
| 2 | CHANDRU, Bhavika | 18 | Singapore Sp | 11.02m (+1.4) | FOUL | 10.79 (+1.5) | 11.02 (+1.4) | 10.57 (+1.2) | 9.38 (+2.5) | 10.87 (+1.1) |
| 3 | NG, Jing Ni | 17 | Singapore Sp | 10.48m (+2.2) | FOUL | FOUL | 10.48 (+2.2) | 10.27 (+9.5) | FOUL | 10.26 (+2.4) |

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#11 Men's Javelin (Open)

National Record 61.07m
Sg Open CR 78.93m

3:30 PM (Day 1):

| Pl Name | Age Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|------------------------|------------------|--------|-------|-------|-------|-------|-------|-------|
| 1 CALANO, MELVIN | 31 PHILIPPINES | 66.23m | 56.52 | 63.82 | 66.23 | FOUL | FOUL | FOUL |
| 2 WONG, Yijie Lucas | 18 FAC | 58.10m | 47.26 | 53.87 | 58.10 | 54.16 | FOUL | FOUL |
| 3 NG KAI LEONG, Roy | 19 FAC | 47.44m | 46.81 | 47.44 | 46.77 | 42.44 | FOUL | FOUL |
| 4 CHUA, Qi Long | 18 FAC | 42.77m | 37.32 | 42.77 | 39.38 | 36.06 | 39.79 | 40.78 |
| CHONG, Weng Teng, Zane | 25 National Univ | DNS | | | | | | |
| XIAO, Hongyang | 22 National Univ | DNS | | | | | | |

#36 Women's 200 Meters (Open)

National Record 23.60
Sg Open CR 23.40

3:40 PM (Day 1):

| Pl Name | Age Team | Time | Note |
|----------------------------|--------------|-------|------|
| 1 PEREIRA, VERONICA SHANTI | 26 Singapore | 24.58 | |
| 2 LIM, GWENDOLYN THERESE | 20 Singapore | 27.37 | |

#35 Men's 200 Meters (Open)

National Record 21.14
Sg Open CR 20.86

3:50 PM (Day 1):

| Pl Name | Age Team | Time | Note |
|------------------------------|--------------------------|-------|--------|
| 1 MOHD FAHMI, MUHAMMAD AZEEM | 18 MALAYSIA | 21.52 | |
| 2 LEE, REUBEN RAINER | 20 Singapore | 21.59 | |
| 3 BULL, Jonathan | 25 Wings Athletics Club | 23.13 | |
| 4 TAN, ZONG YANG | 28 Singapore | 31.57 | YC-TR- |
| 5 NYEPA, JONATHAN | 26 MALAYSIA | 31.62 | YC-TR- |
| 6 LOUIS, MARC BRIAN | 20 Singapore | 32.24 | YC-TR- |
| RYAN, Praharsh | 24 Nanyang Technologi | DNF | |
| TEH, Mitchell | 25 National University S | DNS | |

#64-4 Women's Outdoor Heptathlon 200 Meters

National Record 23.60
Sg Open CR 23.40

4:00 PM (Day 1):

| Pl Name | Age Team | Time | Note | Pts |
|-----------------------------|-------------------------|-------|------|-----|
| 1 DEQUINAN, SARAH | 26 PHILIPPINES | 26.59 | | 746 |
| 2 KAMARUDDIN, NORLIYANA | 31 MALAYSIA | 27.18 | | 697 |
| 3 KHOO, Tyeisha Rene Misson | 19 Singapore Sports Sc | 27.34 | | 684 |
| 4 LIGMAYO, JOSEFA | 26 PHILIPPINES | 27.73 | | 652 |
| 5 TAN SHU-EN, Hannah Esther | 23 Wings Athletics Club | 28.76 | | 572 |

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Women's Outdoor Heptathlon After 4 Events

| Pl | Athlete | Age | Team | Points |
|----|-------------------|-----|----------------------|--------|
| 1 | KAMARUDDIN, NO | | MALAYSIA | 2999 |
| 2 | DEQUINAN, SARA | | PHILIPPINES | 2906 |
| 3 | LIGMAYO, JOSEFA | | PHILIPPINES | 2763 |
| 4 | KHOO, Tyeisha Ren | | Singapore Sports Sc | 2304 |
| 5 | TAN SHU-EN, Hann | | Wings Athletics Club | 2266 |

#23 Men's Triple Jump (Open)

National Record 16.04m
Sg Open CR 16.94m

4:25 PM (Day 1):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|--------------------|-----|---------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | DIONES, MARK HARRY | 29 | PHILIPPINES | 15.69m (+4.2) | FOUL | 15.28 (+1.9) | 15.19 (+1.5) | 15.65 (+0.4) | 15.69 (+4.2) | 15.57 (+2.3) |
| 2 | MALIPAY, RONNE | 29 | PHILIPPINES | 15.58m (+2.1) | 15.10 (+2.3) | FOUL | FOUL | 15.58 (+2.1) | FOUL | 15.26 (+2.6) |
| 3 | LEE, Gabriel | 19 | Wings Athleti | 14.86m (+2.3) | 14.86 (+2.3) | 14.82 (+1.3) | FOUL | 14.38 (+0.7) | PASS | FOUL |
| | ONG, Russell | 18 | Wings Athleti | NM | | | | | | |

#17 Men's 1500 Meters (Open)

National Record 3:51.51
Sg Open CR 3:45.00

5:00 PM (Day 1):

| Pl | Name | Age | Team | Time | Note |
|----|---------------------------|-----|---------------------|---------|------|
| 1 | KRISHNAN, PRABUDASS | 32 | MALAYSIA | 3:54.23 | |
| 2 | BRAZA, ALFRENCE | 21 | PHILIPPINES | 3:59.19 | |
| 3 | SOUNDARARAJAH, JEEVANEESH | 29 | Singapore | 4:00.99 | |
| 4 | MASANO, MARIANO | 24 | PHILIPPINES | 4:10.52 | |
| 5 | ., MOHAMAD AMIRUL ARIF | 22 | MALAYSIA | 4:15.85 | |
| 6 | WALTON, David | 18 | Singapore Shufflers | 4:17.85 | |
| | HERR, Stefan | 35 | Singapore Shufflers | DNS | |

#2 Women's Long Jump (Open)

National Record 6.18m
Sg Open CR 6.59m

8:45 AM (Day 2):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|--------------------------|-----|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | SANTOS, KATHERINE KHAY | 32 | PHILIPPINES | 5.93m (+0.0) | FOUL | 5.66 (+0.9) | FOUL | FOUL | FOUL | 5.93 (+0.0) |
| 2 | KHUDOYAROVA, ROKSANA | 21 | European Gol | 5.91m (+0.0) | 5.89 (+1.5) | FOUL | 5.86 (+1.0) | 5.91 (+0.0) | FOUL | 5.87 (+0.4) |
| 3 | MOHD ADZHAR, Marsya Syaz | 16 | Singapore Sp | 5.09m (+0.0) | FOUL | FOUL | 4.97 (+0.0) | 5.09 (+0.0) | FOUL | |
| 4 | WEI LU, Ang | 24 | Swift | 4.89m (+1.2) | 4.62 (+0.1) | FOUL | 4.85 (+0.8) | 4.78 (+1.3) | 4.89 (+1.2) | 4.75 (+1.2) |

#64-5 Women's Outdoor Heptathlon Long Jump

National Record 6.18m
Sg Open CR 6.59m

8:45 AM (Day 2):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Pts |
|----|-----------------------|-----|----------|--------------|-------------|-------|-------|-------|-------|-------|-----|
| 1 | KAMARUDDIN, NORLIYANA | 31 | MALAYSIA | 5.41m (+0.0) | 5.41 (+0.0) | FOUL | FOUL | | | | 674 |

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#64-5 Women's Outdoor Heptathlon Long Jump (cont'd)

8:45 AM (Day 2):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Pts |
|----|---------------------------|-----|---------------|--------------|-------------|-------------|-------------|-------|-------|-------|-----|
| 2 | DEQUINAN, SARAH | 26 | PHILIPPINES | 5.37m (+0.0) | 5.37 (+0.0) | FOUL | 5.32 (+1.0) | | | | 663 |
| 3 | LIGMAYO, JOSEFA | 26 | PHILIPPINES | 5.34m (+1.4) | 5.28 (+0.0) | 5.25 (+1.1) | 5.34 (+1.4) | | | | 654 |
| 4 | TAN SHU-EN, Hannah Esther | 23 | Wings Athleti | 5.03m (+0.1) | 4.96 (+0.0) | 4.95 (+0.1) | 5.03 (+0.1) | | | | 567 |
| 5 | KHOO, Tyeisha Rene Misson | 19 | Singapore Sp | 4.98m (+0.0) | 4.95 (+0.0) | 4.98 (+0.0) | 4.98 (+0.0) | | | | 554 |

Women's Outdoor Heptathlon After 5 Events

| Pl | Athlete | Age | Team | Points |
|----|-------------------|-----|----------------------|--------|
| 1 | KAMARUDDIN, NO | | MALAYSIA | 3673 |
| 2 | DEQUINAN, SARA | | PHILIPPINES | 3569 |
| 3 | LIGMAYO, JOSEFA | | PHILIPPINES | 3417 |
| 4 | KHOO, Tyeisha Ren | | Singapore Sports Sc | 2858 |
| 5 | TAN SHU-EN, Hann | | Wings Athletics Club | 2833 |

#32 Women's Pole Vault (Open)

National Record 3.91m
Sg Open CR 4.15m

9:00 AM (Day 2):

| Pl | Name | Age | Team | Mark | 3.00 | 3.20 | 3.40 | 3.60 | 3.80 | 3.90 | 4.00 | 4.10 | 4.20 | 4.33 |
|----|------------------|-----|---------------|----------|------|------|------|------|------|------|------|------|------|------|
| 1 | UY, NATALIE ROSE | 28 | PHILIPPINES | 4.20m | P | P | P | P | P | O | O | XO | XXO | XXX |
| 2 | YANG, RACHEL | 40 | Singapore | 3.60m | P | P | O | O | XXX | | | | | |
| 3 | TAY, Esther | 17 | Club Zoom | 3.00m | XO | XXX | | | | | | | | |
| 3 | SIA, Cherlin | 21 | Club Zoom | 3.00m | XO | XXX | | | | | | | | |
| 5 | TAN, Shayne | 19 | Club Zoom | 3.00m | XO | XXX | | | | | | | | |
| 6 | TAN, Maxim | 19 | Wings Athleti | 2.80m | XXX | | | | | | | | | |
| Pl | Name | Age | Team | Mark | 2.60 | 2.80 | | | | | | | | |
| 3 | TAY, Esther | 17 | Club Zoom | (cont'd) | O | O | | | | | | | | |
| 5 | TAN, Shayne | 19 | Club Zoom | (cont'd) | P | XO | | | | | | | | |
| 6 | TAN, Maxim | 19 | Wings Athleti | 2.80m | O | O | | | | | | | | |
| | SHI, Jiayi Joey | 22 | Nanyang Tec | NH | XXX | | | | | | | | | |

#19 Men's 5000 Meters (Open)

National Record 14:44.21
Sg Open CR 14:06.50

9:10 AM (Day 2):

| Pl | Name | Age | Team | Time | Note |
|----|----------------|-----|-----------------------|----------|------|
| 1 | GURUNG, Subas | 25 | Wings Athletics Club | 16:04.44 | |
| 2 | BRAZA, ALFRENC | 21 | PHILIPPINES | 16:47.74 | |
| 3 | WALTON, David | 18 | Singapore Shufflers | 17:29.71 | |
| 4 | FOO, Gerald | 24 | National University S | 18:27.58 | |
| | KO, Keane | 22 | Club Zoom | | DNS |

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#22 Women's Discus (Open)

National Record 49.91m
Sg Open CR 57.82m

9:45 AM (Day 2):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|-----------------------|-----|---------------|--------|-------|-------|-------|-------|-------|-------|
| 1 | KUNG NI, QUEENIE TING | 25 | MALAYSIA | 46.27m | 44.27 | 43.39 | 45.30 | PASS | 44.60 | 46.27 |
| 2 | KANG NI, CHOO | 28 | MALAYSIA | 44.11m | 44.11 | PASS | 43.62 | 41.42 | 41.79 | PASS |
| 3 | YEE WAI TENG, Melissa | 24 | Singapore Ins | 33.82m | 33.38 | 31.44 | 31.05 | 33.82 | PASS | PASS |

#10 Women's 100 Meters (Open)

National Record 11.58
Sg Open CR 11.69

9:55 AM (Day 2):

Prelims

| Pl | Name | Age | Team | Time | Note | H(Pl) |
|----|--------------------------------|-----|-------------|--------|--------|-------|
| 1 | VANESA LONTENG, Valentine | 17 | Indonesia | 11.79q | (+0.3) | 2(1) |
| 2 | PEREIRA, VERONICA SHANTI | 26 | Singapore | 12.12q | (+0.3) | 2(2) |
| 3 | LUZON-MEDINA, ELOISA | 26 | PHILIPPINES | 12.33q | (+0.2) | 1(1) |
| 4 | LIEW, BERNICE YEE LING | 19 | Singapore | 12.46q | (+0.2) | 1(2) |
| 5 | CHANDRAN, KUGAPRIYA | 24 | Singapore | 12.53q | (+0.3) | 2(3) |
| 6 | TAN, ELIZABETH ANN SHEE RU | 19 | Singapore | 12.58q | (+0.3) | 2(4) |
| 7 | ENRIQUEZ, ROXANNE ROSE ZULUETA | 26 | Singapore | 12.72q | (+0.3) | 2(5) |
| 8 | GOH, CLARA | 22 | Singapore | 12.89q | (+0.3) | 2(6) |
| 9 | ONG, KERSTIN | 25 | Singapore | 12.95 | (+0.2) | 1(3) |
| 10 | LIM, GWENDOLYN THERESE | 20 | Singapore | 13.36 | (+0.2) | 1(4) |
| 11 | TAN, SUI XIN | 27 | Erovra Club | 13.72 | (+0.2) | 1(5) |

#9 Men's 100 Meters (Open)

National Record 10.37
Sg Open CR 10.30

10:15 AM (Day 2):

Prelims

| Pl | Name | Age | Team | Time | Note | H(Pl) |
|----|---------------------------|-----|-----------------------|--------------|--------|-------|
| 1 | CHUA, JOSHUA | 22 | Singapore | 10.74q | (-0.2) | 3(1) |
| 2 | NYEPA, JONATHAN | 26 | MALAYSIA | 10.80q | (-0.2) | 3(2) |
| 3 | HANAFI, MUHAMMAD HAIQAL | 23 | MALAYSIA | 10.83q | (-0.2) | 3(3) |
| 4 | MD SAAT, MUHAMMAD ARSYAD | 20 | MALAYSIA | 10.85q | (-0.2) | 3(4) |
| 5 | LOUIS, MARC BRIAN | 20 | Singapore | 10.88q | (-0.2) | 3(5) |
| 6 | ISMAIL, MUHAMMAD ZULFIQAR | 23 | MALAYSIA | 10.94q | (-0.2) | 3(6) |
| 7 | KOE, IAN | 23 | Singapore | 11.04q | (-0.2) | 3(7) |
| 8 | TEH, Mitchell | 25 | National University S | 11.09q | (-0.3) | 2(1) |
| 9 | RAPHAEL, Ryan | 19 | Wings Athletics Club | 11.11 | (-0.3) | 2(2) |
| 10 | UBAS, JANRY | 28 | PHILIPPINES | 11.17 | (-0.3) | 2(3) |
| 11 | YEO, Gene | 20 | Reactiv | 11.21 | (-0.2) | 1(1) |
| 12 | XANDER, HO ANN HENG | 22 | Singapore | 11.25 11.246 | (-0.2) | 3(8) |
| 13 | TEOW, Alphonsus | 23 | National University S | 11.25 11.249 | (-0.2) | 1(2) |
| 14 | CHNG, Elgene | 24 | National University S | 11.32 | (-0.2) | 1(3) |

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#9 Men's 100 Meters (Open) (cont'd)

10:15 AM (Day 2):

Prelims

| Pl | Name | Age | Team | Time | Note | H(Pl) |
|----|--------------------|-----|-----------------------|-------|--------|-------|
| 15 | NICK, Neo | 27 | Regional Training C | 11.33 | (-0.2) | 1(4) |
| 16 | ZULKHAIR, Muhd | 25 | Nanyang Technologi | 11.38 | (-0.2) | 1(5) |
| 17 | BULL, Jonathan | 25 | Wings Athletics Club | 11.42 | (-0.2) | 1(6) |
| 18 | NG, Bryan | 22 | National University S | 11.46 | (-0.2) | 1(7) |
| 19 | GAN, Ian | 20 | Wings Athletics Club | 11.49 | (-0.3) | 2(4) |
| 20 | DARYL, Tan Hong An | 21 | Team Cicada Tracke | 11.58 | (-0.3) | 2(5) |
| | RYAN, Praharsh | 24 | Nanyang Technologi | DNS | | 1 |
| | SING, HUI | 25 | Singapore | DNS | | 2 |
| | TAN, Marcell | 23 | Regional Training C | DNS | | 2 |

#13 Men's 400 Meters (Open)

National Record 47.02
Sg Open CR 46.25

11:00 AM (Day 2):

Prelims

| Pl | Name | Age | Team | Time | Note | H(Pl) |
|----|--------------------------|-----|---------------------|--------|------|-------|
| 1 | DEL PRADO, MICHAEL CARLO | 27 | PHILIPPINES | 48.65q | | 2(1) |
| 2 | RAMIREZ, FREDERICK | 24 | PHILIPPINES | 48.66q | | 2(2) |
| 3 | QUEK, CALVIN | 26 | Singapore | 48.84q | | 2(3) |
| 4 | LABITA, ALRYHAN | 21 | PHILIPPINES | 49.54q | | 1(1) |
| 5 | MEDINA, FRANCIS | 26 | PHILIPPINES | 49.82q | | 1(2) |
| 6 | NG, CHIN HUI | 28 | Singapore | 50.09q | | 2(4) |
| 7 | MUTHUKUMARAN, Raam Kumar | 18 | Singapore Sports Sc | 51.17q | | 1(3) |
| 8 | BHARADWAJ, Akash Vijay | 18 | Swift | 52.30q | | 1(4) |
| 9 | SUBASH, Kisen | 24 | Swift | 52.83 | | 1(5) |
| | TAN, ZONG YANG | 28 | Singapore | DNS | | 2 |

#64-6 Women's Outdoor Heptathlon Javelin

National Record 51.66m
Sg Open CR 55.39m

11:05 AM (Day 2):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Pts |
|----|---------------------------|-----|---------------|--------|-------|-------|-------|-------|-------|-------|-----|
| 1 | DEQUINAN, SARAH | 26 | PHILIPPINES | 43.36m | 43.36 | 40.97 | 36.81 | | | | 732 |
| 2 | KAMARUDDIN, NORLIYANA | 31 | MALAYSIA | 30.96m | 26.43 | 30.96 | FOUL | | | | 495 |
| 3 | LIGMAYO, JOSEFA | 26 | PHILIPPINES | 29.47m | FOUL | 29.47 | FOUL | | | | 467 |
| 4 | TAN SHU-EN, Hannah Esther | 23 | Wings Athleti | 22.30m | 22.30 | 20.72 | 21.54 | | | | 332 |
| 5 | KHOO, Tyeisha Rene Misson | 19 | Singapore Sp | 19.99m | 18.21 | 18.14 | 19.99 | | | | 289 |

Women's Outdoor Heptathlon After 6 Events

| Pl | Athlete | Age | Team | Points |
|----|-----------------|-----|-------------|--------|
| 1 | DEQUINAN, SARA | | PHILIPPINES | 4301 |
| 2 | KAMARUDDIN, NO | | MALAYSIA | 4168 |
| 3 | LIGMAYO, JOSEFA | | PHILIPPINES | 3884 |

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Women's Outdoor Heptathlon After 6 Events (cont'd)

| Pl | Athlete | Age | Team | Points |
|----|-------------------|-----|----------------------|--------|
| 4 | TAN SHU-EN, Hann | | Wings Athletics Club | 3165 |
| 5 | KHOO, Tyeisha Ren | | Singapore Sports Sc | 3147 |

#1 Men's Long Jump (Open)

National Record 7.62m
Sg Open CR 7.99m

1:30 PM (Day 2):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|------------------------|-----|---------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | ANURA, ANDRE | 23 | MALAYSIA | 7.60m (+1.2) | FOUL | FOUL | 7.60 (+1.2) | 6.95 (+0.5) | 7.44 (+2.2) | FOUL |
| 2 | UBAS, JANRY | 28 | PHILIPPINES | 7.52m (+0.0) | 7.38 (+1.0) | 7.52 (+0.0) | 7.42 (+1.1) | 7.46 (+1.1) | FOUL | 7.49 (+1.2) |
| 3 | TOH, Tedd | 20 | Wings Athleti | 6.93m (+1.6) | FOUL | 6.77 (+1.0) | 6.92 (+1.4) | 6.60 (+1.4) | 6.93 (+1.6) | 6.72 (+0.0) |
| 4 | ZHUO, Zhe Heng Tertius | 18 | Singapore Sp | 6.36m (+1.1) | FOUL | FOUL | 6.34 (+1.8) | 5.02 (+0.9) | 6.36 (+1.1) | FOUL |
| 5 | ONG, Isaac | 18 | Wings Athleti | 4.53m (+0.5) | PASS | FOUL | FOUL | FOUL | 4.53 (+0.5) | FOUL |

#31 Men's Pole Vault (Open)

National Record 5.01m
Sg Open CR 5.55m

2:00 PM (Day 2):

| Pl | Name | Age | Team | Mark | 3.90 | 4.10 | 4.30 | 4.50 | 4.60 |
|----|----------------|-----|---------------|-------|------|------|------|------|------|
| 1 | KOH, Wei Shien | 27 | National Univ | 4.50m | P | P | XO | O | XXX |
| 2 | WONG, Clevon | 22 | National Univ | 4.50m | P | P | XO | XO | XXX |
| 3 | LOW, Jun Yu | 21 | Club Zoom | 4.50m | P | P | O | XXO | XXX |
| 4 | ANG, Guo Jun | 31 | Club Zoom | 4.30m | P | XXO | O | XX | X |
| | CHEONG, Joseph | 15 | Club Zoom | NH | XXX | | | | |
| | WEE, Elliott | 20 | Club Zoom | NH | P | P | XXX | | |
| | KOH, Aaron | 27 | Club Zoom | NH | P | P | P | XXX | |
| | CHUA, Oliver | 18 | Wings Athleti | NH | | | | | |
| | TEW, Enoch | 17 | Wings Athleti | NH | | | | | |

#10 Women's 100 Meters (Open)

National Record 11.58
Sg Open CR 11.69

2:30 PM (Day 2):

Finals

Wind: (-0.8)

| Pl | Name | Age | Team | Time | Note |
|----|--------------------------------|-----|-------------|-------|------|
| 1 | VANESA LONTENG, Valentine | 17 | Indonesia | 11.77 | |
| 2 | PEREIRA, VERONICA SHANTI | 26 | Singapore | 11.93 | |
| 3 | LUZON-MEDINA, ELOISA | 26 | PHILIPPINES | 12.40 | |
| 4 | TAN, ELIZABETH ANN SHEE RU | 19 | Singapore | 12.46 | |
| 5 | CHANDRAN, KUGAPRIYA | 24 | Singapore | 12.49 | |
| 6 | LIEW, BERNICE YEE LING | 19 | Singapore | 12.56 | |
| 7 | ENRIQUEZ, ROXANNE ROSE ZULUETA | 26 | Singapore | 12.77 | |
| 8 | GOH, CLARA | 22 | Singapore | 12.85 | |

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#9 Men's 100 Meters (Open)

National Record 10.37
Sg Open CR 10.30

2:40 PM (Day 2):

Finals

Wind: (-1.5)

| Pl Name | Age Team | Time | Note |
|-----------------------------|--------------------------|-------|------|
| 1 NYEPA, JONATHAN | 26 MALAYSIA | 10.66 | |
| 2 LOUIS, MARC BRIAN | 20 Singapore | 10.67 | |
| 3 HANAFI, MUHAMMAD HAIQAL | 23 MALAYSIA | 10.75 | |
| 4 MD SAAT, MUHAMMAD ARSYAD | 20 MALAYSIA | 10.77 | |
| 5 ISMAIL, MUHAMMAD ZULFIQAR | 23 MALAYSIA | 10.79 | |
| 6 CHUA, JOSHUA | 22 Singapore | 10.83 | |
| 7 KOE, IAN | 23 Singapore | 10.93 | |
| 8 TEH, Mitchell | 25 National University S | 11.21 | |

#14 Women's 400 Meters (Open)

National Record 54.18
Sg Open CR 52.17

4:40 PM (Day 2):

| Pl Name | Age Team | Time | Note |
|-----------------------------|--------------------------|---------|------|
| 1 LUMAPAS, JESSEL | 22 PHILIPPINES | 57.75 | |
| 2 SCHRIJVERS, MAUREEN EMILY | 27 PHILIPPINES | 59.03 | |
| 3 JANSSEN, Louisa Helena | 19 Singapore Sports Sc | 1:03.67 | |
| 4 HO, Zhi Ling | 17 Wings Athletics Club | 1:04.13 | |
| HIA, Jing Lin, Alicia | 20 National University S | DNS | |

#13 Men's 400 Meters (Open)

National Record 47.02
Sg Open CR 46.25

4:50 PM (Day 2):

Finals

| Pl Name | Age Team | Time | Note |
|----------------------------|------------------------|-------|------|
| 1 QUEK, CALVIN | 26 Singapore | 48.25 | |
| 2 RAMIREZ, FREDERICK | 24 PHILIPPINES | 48.51 | |
| 3 LABITA, ALRYHAN | 21 PHILIPPINES | 49.99 | |
| 4 MUTHUKUMARAN, Raam Kumar | 18 Singapore Sports Sc | 51.47 | |
| 5 BHARADWAJ, Akash Vijay | 18 Swift | 52.70 | |
| 6 NG, CHIN HUI | 28 Singapore | 52.75 | |
| MEDINA, FRANCIS | 26 PHILIPPINES | DNF | |
| DEL PRADO, MICHAEL CARLO | 27 PHILIPPINES | DNF | |

#21 Men's Discus (Open)

National Record 59.87m
Sg Open CR 57.59m

4:55 PM (Day 2):

| Pl Name | Age Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|-------------------------|-------------|--------|-------|-------|-------|-------|-------|-------|
| 1 SHAMSHUDDIN, MUHAMMAD | 27 MALAYSIA | 59.15m | 59.15 | 57.54 | 56.82 | 56.70 | FOUL | 58.21 |

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#21 Men's Discus (Open) (cont'd)

4:55 PM (Day 2):

| Pl | Name | Age | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|---------------------|-----|---------------|--------|-------|-------|-------|-------|-------|-------|
| 2 | MANTUA, JOHN ALBERT | 30 | PHILIPPINES | 49.57m | 49.57 | 48.97 | 46.21 | 47.23 | 46.73 | 46.53 |
| 3 | YEE, Chun Wai, Eric | 23 | National Univ | 47.67m | 46.92 | 47.67 | 46.50 | 45.85 | FOUL | 46.40 |
| 4 | TOH, Wei De | 36 | Wings Athleti | 38.51m | 38.24 | 38.51 | 37.85 | 37.82 | FOUL | FOUL |
| 5 | TAN, Ting Jun | 25 | National Univ | 34.97m | 34.25 | FOUL | 31.73 | 34.40 | 34.01 | 34.97 |
| | UBAS, JANRY | 28 | PHILIPPINES | NM | | | | | | |

#38 Women's 800 Meters (Open)

National Record 2:07.40
Sg Open CR 2:04.57

5:10 PM (Day 2):

| Pl | Name | Age | Team | Time | Note |
|----|---------------------|-----|-----------------------|---------|------|
| 1 | GAN KAI-LIN, Steffi | 23 | Singapore Institute o | 2:35.43 | |
| 2 | CHAM, SI NING | 15 | Erovra Club | 2:36.34 | |
| 3 | ELIZA, Koh | 24 | National University S | 2:36.70 | |
| 4 | NG, YEW CHEO | 36 | Cougar Athletic Asso | 2:36.77 | |

#37 Men's 800 Meters (Open)

National Record 1:49.90
Sg Open CR 1:47.25

5:20 PM (Day 2):

| Pl | Name | Age | Team | Time | Note |
|----|----------------------------|-----|---------------------|---------|------|
| 1 | MURUGAN, AVINESHWER AUSTIN | 20 | MALAYSIA | 1:55.14 | |
| 2 | GIRON, EDWIN JR | 23 | PHILIPPINES | 1:55.27 | |
| 3 | FAYIZ, Mohamed Haja | 33 | Swift | 1:59.29 | |
| 4 | SUBASH, Kisen | 24 | Swift | 2:05.17 | |
| | HERR, Stefan | 35 | Singapore Shufflers | DNS | |

#64-7 Women's Outdoor Heptathlon 800 Meters

National Record 2:07.40
Sg Open CR 2:04.57

5:40 PM (Day 2):

| Pl | Name | Age | Team | Time | Note | Pts |
|----|---------------------------|-----|----------------------|---------|------|-----|
| 1 | KAMARUDDIN, NORLIYANA | 31 | MALAYSIA | 2:28.89 | | 707 |
| 2 | DEQUINAN, SARAH | 26 | PHILIPPINES | 2:28.91 | | 707 |
| 3 | LIGMAYO, JOSEFA | 26 | PHILIPPINES | 2:37.49 | | 602 |
| 4 | KHOO, Tyeisha Rene Misson | 19 | Singapore Sports Sc | 2:42.79 | | 541 |
| 5 | TAN SHU-EN, Hannah Esther | 23 | Wings Athletics Club | 2:51.32 | | 450 |

Women's Outdoor Heptathlon After 7 Events

| Pl | Athlete | Age | Team | Points |
|----|-------------------|-----|---------------------|--------|
| 1 | DEQUINAN, SARA | | PHILIPPINES | 5008 |
| 2 | KAMARUDDIN, NO | | MALAYSIA | 4875 |
| 3 | LIGMAYO, JOSEFA | | PHILIPPINES | 4486 |
| 4 | KHOO, Tyeisha Ren | | Singapore Sports Sc | 3688 |

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Women's Outdoor Heptathlon After 7 Events (cont'd)

| Pl | Athlete | Age | Team | Points |
|----|------------------|-----|----------------------|--------|
| 5 | TAN SHU-EN, Hann | | Wings Athletics Club | 3615 |

#64 Women's Outdoor Heptathlon (Open)

| Pl | Name | Age | Points | 100H | High Jump | Shot Put | 200 | Long Jump | Javelin | 800 |
|----|--|-----|--------|-----------------|-----------|----------|-----------------|-----------------|---------|---------|
| 1 | DEQUINAN, SARA PHILIPPINES | 26 | 5008 | 15.23 (+0.2) | 1.64m | 10.56m | 26.59 (+0.7) | 5.37m (+0.0) | 43.36m | 2:28.91 |
| | | | | 811 | 783 | 566 | 746 | 663 | 732 | 707 |
| 2 | KAMARUDDIN, NO MALAYSIA | 31 | 4875 | 15.27 (+0.2) | 1.70m | 11.69m | 27.18 (+0.7) | 5.41m (+0.0) | 30.96m | 2:28.89 |
| | | | | 806 | 855 | 641 | 697 | 674 | 495 | 707 |
| 3 | LIGMAYO, JOSEFA PHILIPPINES | 26 | 4486 | 15.37 (+0.2) | 1.64m | 10.08m | 27.73 (+0.7) | 5.34m (+1.4) | 29.47m | 2:37.49 |
| | | | | 793 | 783 | 535 | 652 | 654 | 467 | 602 |
| 4 | KHOO, Tyeisha Ren Singapore Sports Sc | 19 | 3688 | 15.75 (+0.2) | 1.40m | 7.43m | 27.34 (+0.7) | 4.98m (+0.0) | 19.99m | 2:42.79 |
| | | | | 745 | 512 | 363 | 684 | 554 | 289 | 541 |
| 5 | TAN SHU-EN, Hann Wings Athletics Club | 23 | 3615 | 15.79 (+0.2) | 1.37m | 9.14m | 28.76 (+0.7) | 5.03m (+0.1) | 22.30m | 2:51.32 |
| | | | | 740 | 481 | 473 | 572 | 567 | 332 | 450 |

#16 Women's 4 x 100m Relay (Open)

National Record 44.96
Sg Open CR 44.60

5:50 PM (Day 2):

| Pl | Team | Time | Note |
|----|-----------------------------|-------|-------------------------------|
| 1 | Singapore (A) | 46.06 | |
| | 1) PEREIRA, VERONICA SHANTI | | 2) TAN, ELIZABETH ANN SHEE RU |
| | 3) CHANDRAN, KUGAPRIYA | | 4) LIEW, BERNICE YEE LING |
| 2 | PHILIPPINES (A) | 47.08 | |
| | 1) LUZON-MEDINA, ELOISA | | 2) ESCOTON, MELISSA |
| | 3) LUMAPAS, JESSEL | | 4) SANTOS, KATHERINE KHAY |
| 3 | Singapore (B) | 48.97 | |
| | 1) ENRIQUEZ, ROXANNE ROSE | | 2) GOH, CLARA |
| | 3) ONG, KERSTIN | | 4) LIM, GWENDOLYN THERESE |

#15 Men's 4 x 100m Relay (Open)

National Record 39.24
Sg Open CR 39.28

5:40 PM (Day 2):

| Pl | Team | Time | Note |
|----|-------------------------------|-------|------------------------------|
| 1 | MALAYSIA (A) | 39.66 | |
| | 1) MOHD FAHMI, MUHAMMAD AZEEM | | 2) ISMAIL, MUHAMMAD ZULFIQAR |
| | 3) NYEPA, JONATHAN | | 4) HANAFI, MUHAMMAD HAIQAL |

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#15 Men's 4 x 100m Relay (Open) (cont'd)

5:40 PM (Day 2):

| Pl | Team | | Time | Note |
|----|-----------------------|------------------------|-------|--------|
| 2 | Indonesia (A) | | 40.08 | 40.080 |
| | 1) HADI, Sudirman | 2) KERTANEGARA, Bayu | | |
| | 3) RIMBAWAN, Eko | 4) SETIAWAN, Wahyu | | |
| 2 | Singapore (A) | | 40.08 | 40.080 |
| | 1) KOE, IAN | 2) LOUIS, MARC BRIAN | | |
| | 3) CHUA, JOSHUA | 4) XANDER, HO ANN HENG | | |
| | Singapore (B) | | | DNS |
| | 1) LEE, REUBEN RAINER | 2) SING, HUI | | |
| | 3) LEE, MARK REN | 4) TAN, ZONG YANG | | |

#66 Women's 4 x 400m Relay (Open)

National Record 3:33.26
Sg Open CR 3:33.74

6:35 PM (Day 2):

| Pl | Team | | Time | Note |
|----|--------------------|------------------------------|---------|------|
| 1 | PHILIPPINES (A) | | 4:03.26 | |
| | 1) BEJOY, BERNALYN | 2) LUZON-MEDINA, ELOISA | | |
| | 3) LUMAPAS, JESSEL | 4) SCHRIJVERS, MAUREEN EMILY | | |

#65 Men's 4 x 400m Relay (Open)

National Record 3:10.55
Sg Open CR 3:05.96

6:45 PM (Day 2):

| Pl | Team | | Time | Note |
|----|-----------------------------|---------------------------|---------|------|
| 1 | PHILIPPINES (A) | | 3:23.94 | |
| | 1) RAMIREZ, FREDERICK | 2) SEQUITA, JOYME | | |
| | 3) DEL PRADO, MICHAEL CARLO | 4) LABITA, ALRYHAN | | |
| 2 | Swift (A) | | 3:35.97 | |
| | 1) ANSHAD, Shafiq | 2) BHARADWAJ, Akash Vijay | | |
| | 3) FAYIZ, Mohamed Haja | 4) LIN, Jing Chao | | |
| | Singapore (A) | | | DNS |
| | 1) NG, CHIN HUI | 2) QUEK, CALVIN | | |
| | 3) TAN, ZONG YANG | 4) LEE, REUBEN RAINER | | |