



**82nd Singapore Open Track & Field
Championships
Team Managers Meeting**

16 & 17 April 2022

COMPETITION VENUE

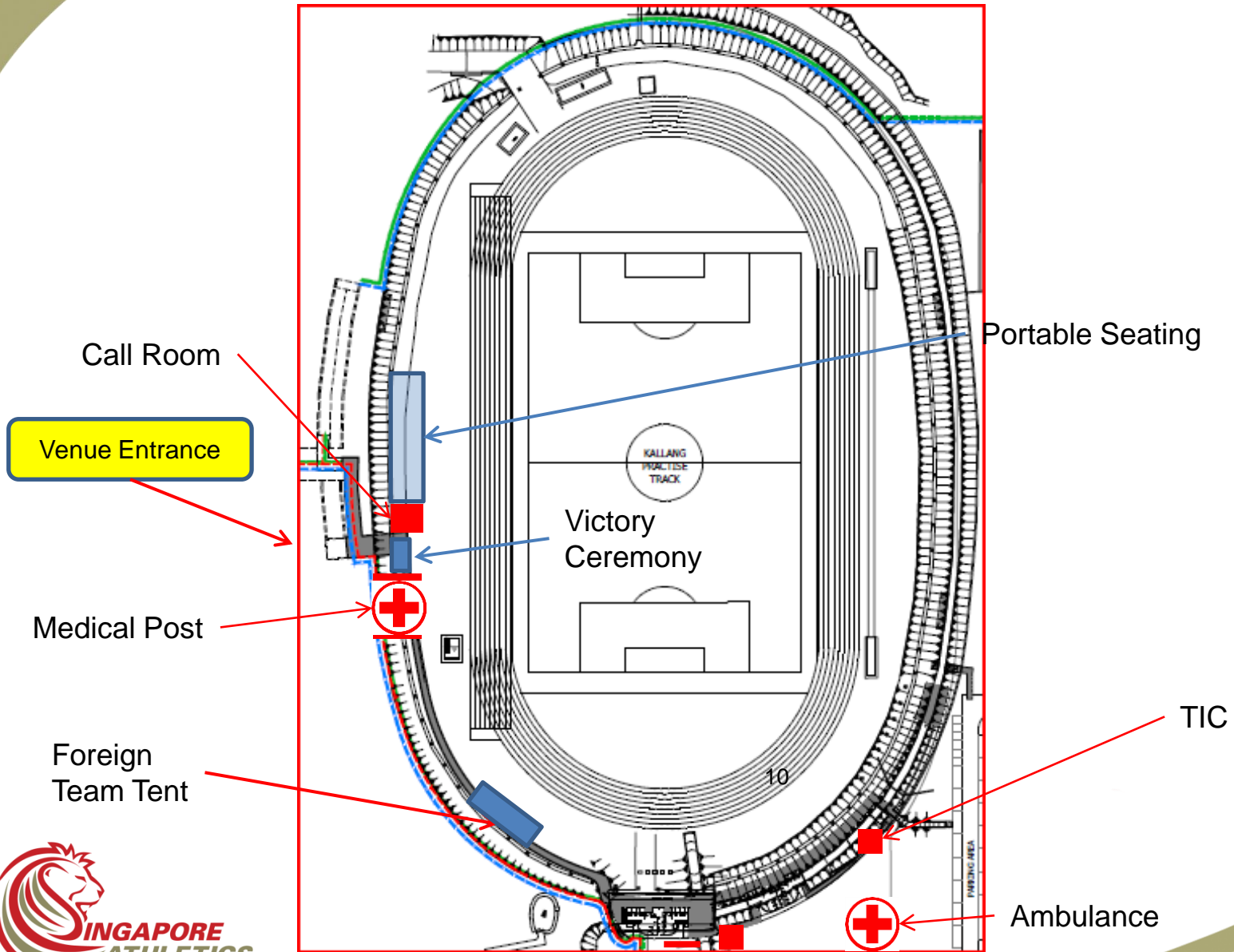


- Home of Athletics
- 750 capacity
- 8 Lanes
- 3 Long & Triple Jump Pits
- WA Class 1 Track
- 52 Stadium Road, Singapore 397724
- Hosted SEA Games (Athletics) and ASEAN Para Games (Athletics)
- Asia Masters Athletics Championships 2016

KEY OFFICIALS

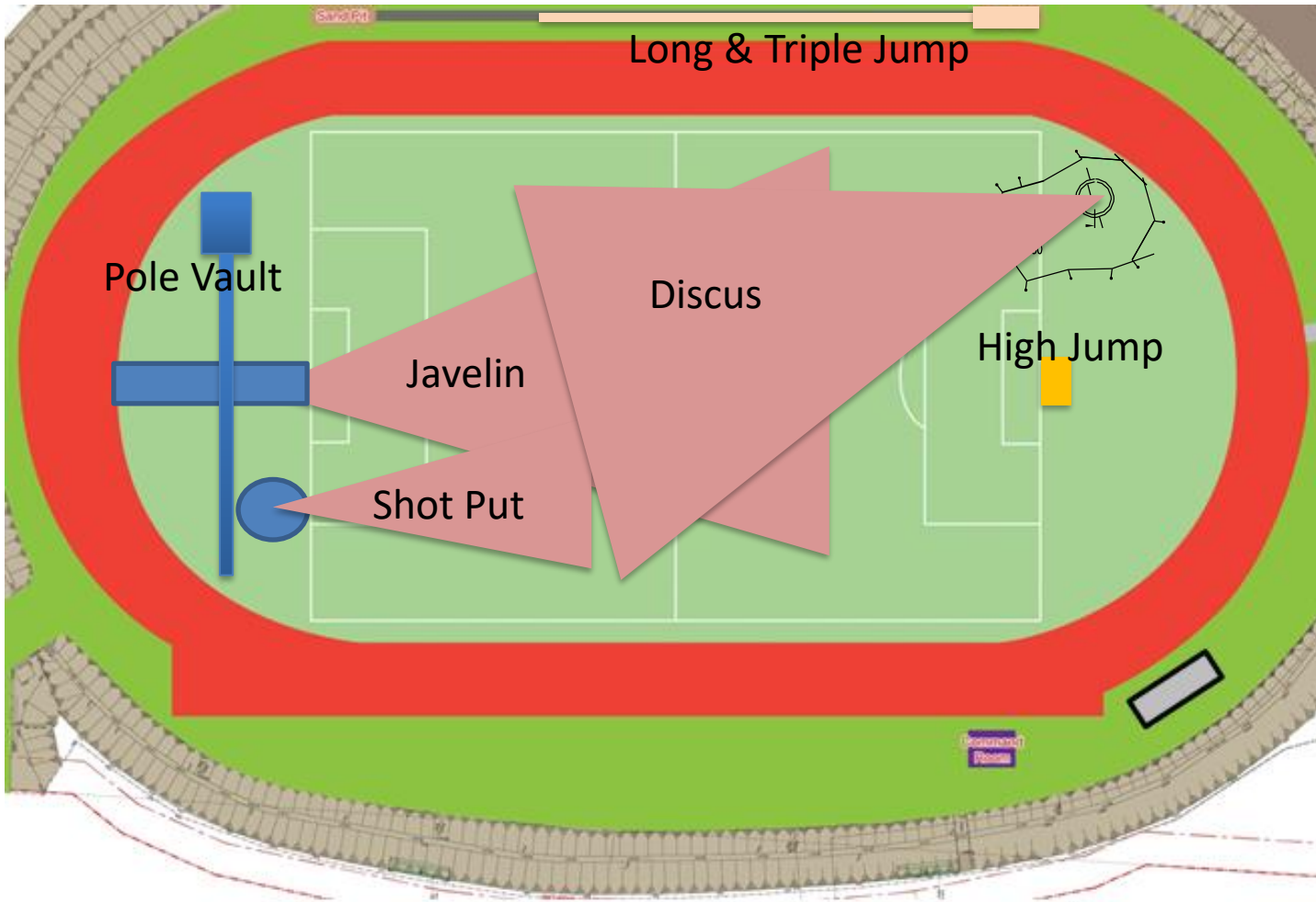
- Meet Manager – Mr Melvin Lau
- Technical Manager – Mr Gopakumar
- Track Referee – Mr Graema Oei
- Field Referee – Mr Muthu Veran
- Starter – Ms Jayalaxmi
- Combined Event Referee – Ms Choo Sau Mei

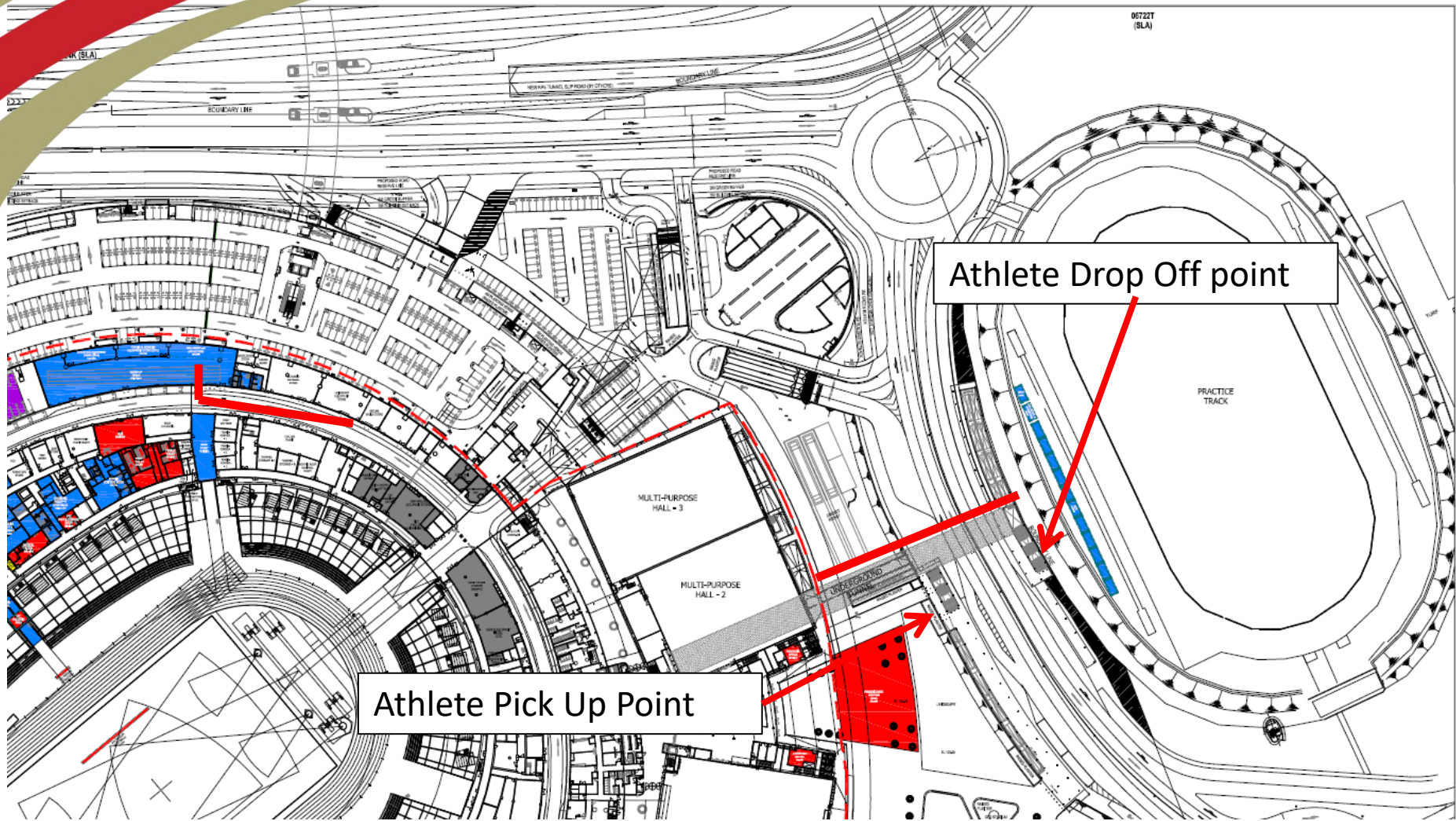
Home of Athletics Venue Layout



COMPETITION VENUE

Field of Play





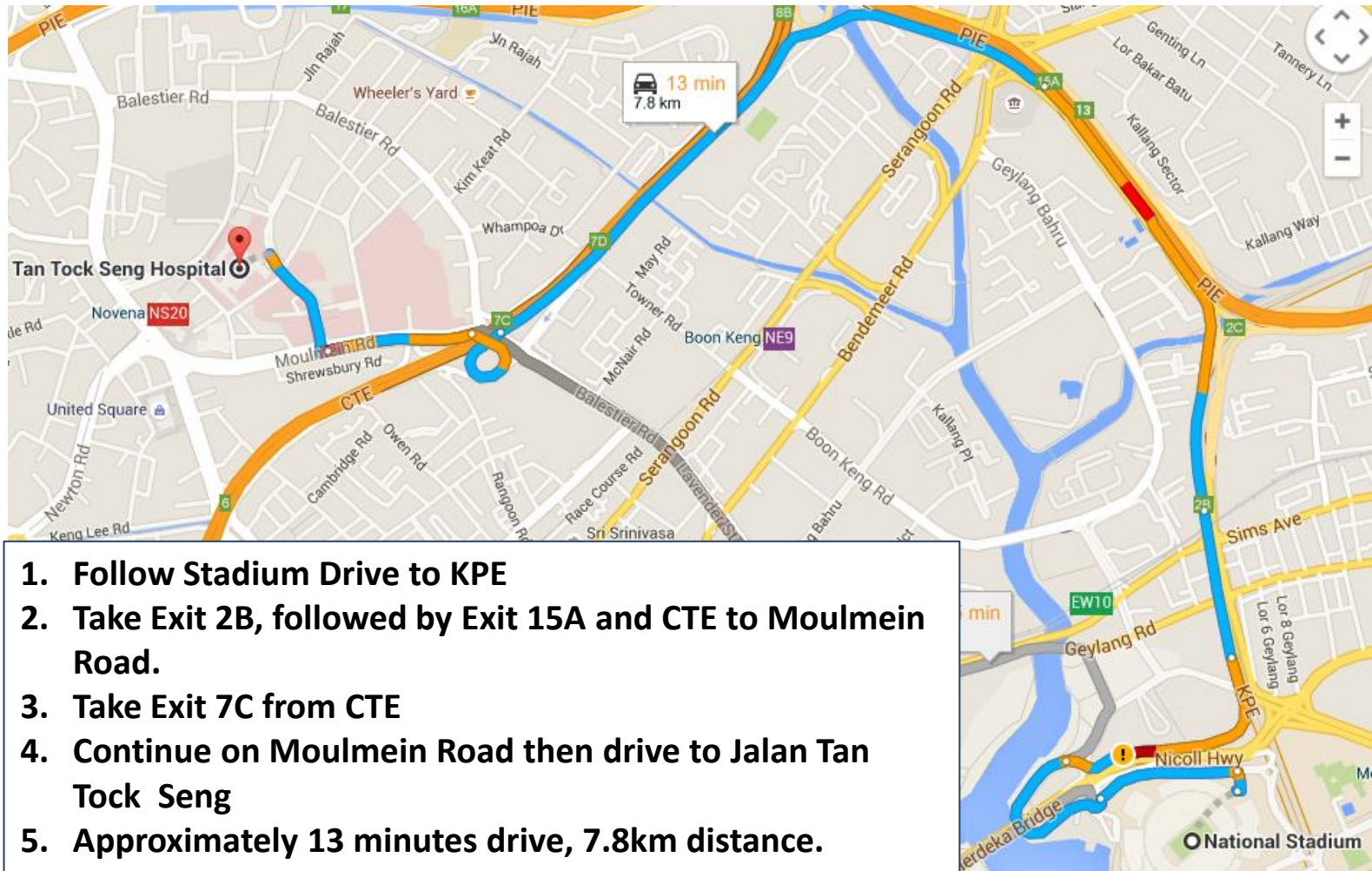
Athlete's Transport Dropoff & Pickup

Medical Coverage

82nd Singapore Open Track & Field Championships 2022

- 1 x Ambulance (Fully equipped with comprehensive set of medical equipments)
 - 2 x Paramedics/Driver (Fully trained and Certified)
- 1 Team to be station at Home of Athletics

Evacuation Route to Tan Tock Seng Hospital



1. Follow Stadium Drive to KPE
2. Take Exit 2B, followed by Exit 15A and CTE to Moulmein Road.
3. Take Exit 7C from CTE
4. Continue on Moulmein Road then drive to Jalan Tan Tock Seng
5. Approximately 13 minutes drive, 7.8km distance.

Start List Confirmation

1. For withdrawal please fill in event confirmation from provided
 - i. Fill in event
 - ii. Bib
 - iii. Tick Remove box
 - iv. Add description if needed
 - v. Sign off

Competition Schedule

Adjustment

1. Heptathlon
 - i. 100m Hurdles move to 8.30am
 - ii. High Jump move to 9.15am
2. Women High Jump Open move to 10.30am
3. Women Javelin Open move to 10.35am
4. Men 110m Hurdles open move to 10.30am
5. Women 100m Hurdles open move to 10.50am

Rules & Regulations

1. The competition is held in accordance with the Rules of the International Association of Athletics Federations (IAAF).
2. No competitor will be accepted at the starting or competition area without first reporting to the Call Room Judges. All competitors, both field and track events, shall report to the Call Room before the commencement of their events as follows:

	REPORT TO CALL ROOM	PROCEED TO STARTING AREA
TRACK EVENTS	35mins before the start of the event	10mins before the start of the event
FIELD EVENTS	45mins before the start of the event	30mins before the start of the event
POLE VAULT	90mins before the start of the event	60 mins before the start of the event

HEIGHT PROGRESSION FOR HIGH JUMP & POLE VAULT

HIGH JUMP (Men)

Competition heights :1.90 – 1.95 – 2.00 + 0.02...

HIGH JUMP (Women)

Competition heights :1.50 – 1.55 – 1.60 + 0.02...

POLE VAULT (Men)

Competition heights :3.90 – 4.10 – 4.30 – 4.50 – 4.60 – 4.70 – 4.80 – 4.90
+ 0.05....

POLE VAULT (Women)

Competition heights :2.60 – 2.80 – 3.00 – 3.20 – 3.40 – 3.60 – 3.70
– 3.80 – 3.90 + 0.05.....

HEPTATHLON

100m Hurdles (Women) : 0.838m

HIGH JUMP (Women)

Competition heights : 1.25 – 1.28 – 1.31 – 1.34 – 1.37 – 1.40 – 1.43 – 1.46 –
1.49 – 1.51 – 1.54 – 1.57 – 1.60 + 0.03...

SHOT PUT (Women) : 4KG

JAVELIN (Women) : 600g

ROUND PROGRESSION FOR TRACK EVENTS

Entries	Heats	Final
8 – 16	2 heats	Best 8 Times
17 – 24	3 heats	Best 8 Times
25 – 32	4 heats	Best 8 Times
33 – 40	5 heats	Best 8 Times

*This only applies to 100m, 200m, 400m race only

Protest and Appeal for Official Results

Team Manager will submit protest and appeal form, USD 100.00 to TIC within 30 mins from Official results published

Protest/ Appeal will be review by TD & Jury of Appeal



Result Management to Print out New Official Results and send to TIC, Web results will be upload.



If protest or appeal is accepted, USD 100.00 will be return.

If protest or appeal is not accepted, USD 100.00 will be forfeited



Question & Answer