POCARI SWEAT RUN 2022
Day 1 - Saturday 20 Aug 2022
Home of Athletics

Day 1 AM

Event 101 Section	Category	Status	Report to Call Room	Event Start Time
Session 1 (8am - 9am)				
1	Public	Timed Final	745	800
2		Timed Final	800	815
3		Timed Final	815	830
4		Timed Final	830	845

Event 102 Section	Category	Status	Report to Call Room	Event Start Time
Session 2 (9.15am - 10.15am)				
1	Public	Timed Final	900	915
2		Timed Final	915	930
3		Timed Final	930	945
4		Timed Final	945	1000

Event 103 Section	Category	Status	Report to Call Room	Event Start Time
Session 3 (10.30am - 11.30am)				
1	Public	Timed Final	1015	1030
2		Timed Final	1030	1045
3		Timed Final	1045	1100
4		Timed Final	1100	1115

Event 104 Section	Category	Status	Report to Call Room	Event Start Time
Session 4 (11.45am - 12.45pm)				
1	Public	Timed Final	1130	1145

LUNCH BREAK

Day 1 PM

Event 105 Section	Category	Status	Report to Call Room	Event Start Time
Session 5 (1.30pm - 2.30pm)				
1	Public	Timed Final	1315	1330

Event 106 Section	Category	Status	Report to Call Room	Event Start Time
Session 6 (2.45pm - 3.45pm)				
1	Public	Timed Final	1430	1445
2		Timed Final	1445	1500
3		Timed Final	1500	1515
4		Timed Final	1515	1530

Event 107 Section	Category	Status	Report to Call Room	Event Start Time
Session 7 (4pm - 5pm)				
1	Public	Timed Final	1545	1600
2		Timed Final	1600	1615
3		Timed Final	1615	1630
4		Timed Final	1630	1645

Event 108 Section	Category	Status	Report to Call Room	Event Start Time
Session 8 (5.15pm - 6.15pm)				
1	Public	Timed Final	1700	1715
2		Timed Final	1715	1730
3		Timed Final	1730	1745

Event 109 Section	Category	Status	Report to Call Room	Event Start Time
Session 9 (6.30pm - 7.30pm)				
1	Public	Timed Final	1815	1830
2		Timed Final	1830	1845
3		Timed Final	1845	1900

Event 110 Section	Category	Status	Report to Call Room	Event Start Time
Session 10 (7.45pm - 8.15pm)				
1	Public	Timed Final	1930	1945
2		Timed Final	1945	2000

Event 111 Section	Category	Status	Report to Call Room	Event Start Time
Session 11 (8.15pm - 8.45pm) - Elite Category				
1	Elite Female	Final	2000	2015

Event 112 Section				
1	Elite Male	Final	2015	2030

POCARI SWEAT RUN 2022
Day 2 - Sunday 21 Aug 2022
Home of Athletics

Day 2 AM

Event 201 Section	Category	Status	Report to Call Room	Event Start Time
Session 1 (8am - 9am)				
1	Public	Timed Final	745	800
2		Timed Final	800	815
3		Timed Final	815	830
4		Timed Final	830	845

Event 202 Section	Category	Status	Report to Call Room	Event Start Time
Session 2 (9.15am - 10.15am)				
1	Public	Timed Final	900	915

Event 203 Section	Category	Status	Report to Call Room	Event Start Time
Session 3 (10.30am - 11.30am)				
1	Public	Timed Final	1015	1030
2		Timed Final	1030	1045
3		Timed Final	1045	1100
4		Timed Final	1100	1115

Event 204 Section	Category	Status	Report to Call Room	Event Start Time
Session 4 (11.45am - 12.45pm)				
1	Public	Timed Final	1130	1145

LUNCH BREAK

Day 2 PM

Event 205 Section	Category	Status	Report to Call Room	Event Start Time
Session 7 (4pm - 5pm)				
1	Public	Timed Final	1545	1600
2		Timed Final	1600	1615

Event 206 Section	Category	Status	Report to Call Room	Event Start Time
Session 8 (5.15pm - 6.15pm)				
1	Public	Timed Final	1700	1715

Event 207 Section	Category	Status	Report to Call Room	Event Start Time
Session 9 (6.30pm - 7.30pm)				
1	Public	Timed Final	1815	1830
2		Timed Final	1830	1845
3		Timed Final	1845	1900

Event 208 Section	Category	Status	Report to Call Room	Event Start Time
Session 10 (7.45pm - 8.45pm)				
1	Public	Timed Final	1930	1945
2		Timed Final	1945	2000