Appendix B - Competition Schedule

2023 SA Allcomers Meet 1 13, 14 and 15 Jan 2023 Home of Athletics

		Day 1	Friday 13 Ja	an 2023				
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1800		Shot Put (4kg)	Men Para	Final
3	5000m Racewalk	Men Open	Timed Final	1800		Shot Put (7.26kg)	Men Open	Final
5	10000m	Men Open	Timed Final	1900		Long Jump	Men Open	Final
1	10000m	Women Open	Timed Final	1900				

		Day 2,	Saturday 14 Jar	2023	(MA)			
No.		Category	Status	Time	No.	Event	Category	Status
				830		Long Jump	Women B Div	Final
1	3000m Racewalk	Women A Div	Timed Final	830		Shot Put (4kg)	Men C Div	Final
1	3000m Racewalk	Men B Div	Timed Final	830				
				830		High Jump	Men Novice	Final
1	1500m Racewalk	Men C Div	Timed Final	850				
				900		High Jump	Women Novice	Final
1	100m	Men Open Decathlon	Timed Final	900				
14	100m	Women C Div	Timed Final	905				
21	100m	Women B Div	Timed Final	910				
5	100m	Women A Div	Timed Final	920				
16	100m	Men C Div	Timed Final	930				
25	100m	Men B Div	Timed Final	940				
14	100m	Men A Div	Timed Final	950				
				1000		Long Jump	Men A Div	Final
				1000		Long Jump	Men Open Decathlon	Final
				1000		Long Jump	Men Para	Final
9	100m	Women Open	Timed Final	1000		Shot Put (5kg)	Men B Div	Final
26	100m	Men Open	Timed Final	1005				
1	100m	Women Para	Timed Final	1020				
1	100m	Men Para	Timed Final	1020				
15	400m	Women C Div	Timed Final	1035				
19	400m	Women B Div	Timed Final	1040				
3 5	400m	Women Open/A Div	Timed Final	1050				
5	400m	Men C Div	Timed Final	1055				
				1100		Long Jump	Women Para	Final
				1100		Long Jump	Women Open	Final
				1100		Long Jump	Women A Div	Final
				1100		Long Jump	Women C Div	Final
19	400m	Men B Div	Timed Final	1100		High Jump	Men Intermediate	Final
10	400m	Men A Div	Timed Final	1110				
13	400m	Men Open	Timed Final	1115				
•				1130		Shot Put (7.26kg)	Men Open Decathlon	Final

Appendix B - Competition Schedule

2023 SA Allcomers Meet 1 13, 14 and 15 Jan 2023 Home of Athletics

		Day 2, Sat	urday 14 Jar	2023 ((PM)			
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1400		Javelin (700g)	Men B Div	Final
				1400		Shot Put (5kg)	Men A Div	Final
				1400		Shot Put (6kg)	Men U20	Final
				1400		High Jump	Men Open Decathlon	Final
				1400		Long Jump	Men B Div	Final
				1530		Shot Put (3kg)	Women C Div	Final
				1530		Shot Put (4kg)	Women Open/A Div	Final
				1530		Javelin (500g)	Women B Div/ C Div	Final
				1530		Javelin (600g)	Women Open/A Div	Final
				1530		Long Jump	Men C Div	Final
4	1500m	Men B Div	Timed Final	1600				
2	1500m	Men A Div	Timed Final	1600				
6	1500m	Women C Div	Timed Final	1610				
16	1500m	Women B Div	Timed Final	1620				
1	1500m	Women A Div	Timed Final	1630				
7	1500m	Men Open	Timed Final	1640				
				1700		Javelin (600g)	Men C Div	Final
				1700		Shot Put (3kg)	Women B Div	Final
5	5000m	Women Open	Timed Final	1700]			
11	5000m	Men Open	Timed Final	1730				
1	400m	Men Open Decathlon	Timed Final	1800				
				1830		Javelin (800g)	Men Open	Final
				1830		Javelin (700g)	Men A Div	Final

Appendix B - Competition Schedule

2023 SA Allcomers Meet 1 13, 14 and 15 Jan 2023 Home of Athletics

		Day 3	, Sunday 15 Jan	2023 (/	AM)			
No.	Event	Category	Status	Time	No.	Event	Category	Status
140.	Lvoiit	Gategory	Otatas	830	140.	Triple Jump	Women B Div	Final
1	110m Hurdles (1.067m)	Men Decathlon	Timed Final	830		Discus (1kg)	Women Open/A Div/B Div/C Div	Final
4	110m Hurdles (1.067m)	Men Open	Timed Final	830		5.0000 (11.g)	Tromon operations bring bring bring	1 mai
5	110m Hurdles (0.991m)	Men A Div	Timed Final	840	1			
3	110m Hurdles (0.914m)	Men B Div	Timed Final	850	1			
J	Trom ridiales (0.914m)	Well B BIV	Timed Timal	900		Pole Vault	Women Novice	Final
2	100m Hurdles (0.838m)	Men C Div	Timed Final	900		Pole Vault	Men Novice	Final
2	100m Hurdles (0.838m)	Women Open	Timed Final	910		1 olo vadit	mon review	i iiidi
4	100m Hurdles (0.762m)	Women B Div	Timed Final	925				
5	80m Hurdles (0.762)	Women C Div	Timed Final	930	1			
2	3000m Steeplechase (0.914m)	Men Open/ A Div	Timed Final	945	1			
1	2000m Steeplechase (0.838m)	Men B Div	Timed Final	1000	1			
2	2000m Steeplechase (0.762m)	Women A Div	Timed Final	1015	1			
2	800m	Women Open	Timed Final	1020	1			
12	800m	Men Open	Timed Final	1025				
12	OOOIII	Well Open	Timed Timal	1023		Triple Jump	Women A Div	Final
				1030		Triple Jump	Women C Div	Final
				1030		Discus (2kg)	Men Open Decathlon	
12	800m	Women B Div	Timed Final	1030		. 0,	Men B Div	Final Final
10	800m	Women C Div	Timed Final	1030		Discus (1.5kg)	IVIEIT B DIV	FIIIdi
7					4			
	800m	Men A Div	Timed Final	1045	-			
13	800m	Men B Div	Timed Final	1050				
				1130		Pole Vault	Men Open Decathlon	Final
No.	Event	•	, Sunday 15 Jan	2023 (I				
No.	Event	Day 3 Category	, Sunday 15 Jan Status		PM) No.	Pole Vault Event Pole Vault	Men Open Decathlon Category Men Intermediate	Status Final
No.	Event	•		2023 (I Time 1430		Event	Category	Status
No.	Event	•		2023 (I		Event Pole Vault Pole Vault	Category Men Intermediate	Status Final
No.	Event	•		2023 (I Time 1430 1430		Event Pole Vault Pole Vault Discus (1kg)	Category Men Intermediate Women Intermediate	Status Final
No.	Event 200m	•		2023 (I Time 1430 1430 1430		Event Pole Vault Pole Vault	Category Men Intermediate Women Intermediate Men C Div	Status Final Final Final
		Category	Status	2023 (I Time 1430 1430 1430 1430		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4	200m	Category Women Open	Status Timed Final	2023 (I Time 1430 1430 1430 1430		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2	200m 200m	Category Women Open Women A Div	Status Timed Final Timed Final	2023 (I Time 1430 1430 1430 1430 1430		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13	200m 200m 200m	Category Women Open Women A Div Women B Div	Status Timed Final Timed Final Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1430 1445		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13 4	200m 200m 200m 200m	Category Women Open Women A Div Women B Div Women C Div	Timed Final Timed Final Timed Final Timed Final Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1455		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13 4 16	200m 200m 200m 200m 200m	Category Women Open Women A Div Women B Div Women C Div Men Open	Timed Final Timed Final Timed Final Timed Final Timed Final Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1455 1500		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13 4 16 14	200m 200m 200m 200m 200m 200m	Women Open Women A Div Women B Div Women C Div Men Open Men A Div	Timed Final Timed Final Timed Final Timed Final Timed Final Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1455 1500 1510		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13 4 16 14 18	200m 200m 200m 200m 200m 200m 200m	Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1430 1445 1455 1500 1510		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13 4 16 14 18 5	200m 200m 200m 200m 200m 200m 200m 200m	Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div Men B Div Men C Div	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1455 1500 1510 1520 1530		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13 4 16 14 18 5	200m 200m 200m 200m 200m 200m 200m 200m	Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div Men C Div Men C Div Men C Div	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1445 1500 1510 1520 1530 1545		Event Pole Vault Pole Vault Discus (1kg) Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div	Status Final Final Final
4 2 13 4 16 14 18 5 3	200m 200m 200m 200m 200m 200m 200m 200m	Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1445 1500 1510 1520 1530 1545 1555		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div	Status Final Final Final Final
4 2 13 4 16 14 18 5 3 1	200m 200m 200m 200m 200m 200m 200m 200m 400m 400m Hurdles (0.914m) 400m Hurdles (0.838m) 400m Hurdles (0.762m)	Category Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div Men C Div Men C Div Men Open/A Div Men B Div Women Open	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1445 1500 1510 1520 1530 1545 1555 1600		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump Discus (2kg)	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div	Status Final Final Final Final
4 2 13 4 16 14 18 5 3 1	200m 200m 200m 200m 200m 200m 200m 200m 400m 400m Hurdles (0.914m) 400m Hurdles (0.838m) 400m Hurdles (0.762m)	Category Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div Men C Div Men C Div Men Open/A Div Men B Div Women Open	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1445 1550 1510 1520 1530 1545 1555 1600 1600		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump Discus (2kg) Discus (1.5kg)	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div Men Open/A Div	Status Final Final Final Final Final Final
4 2 13 4 16 14 18 5 3 1 3 2	200m 200m 200m 200m 200m 200m 200m 200m	Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div Men B Div Men C Div Men Dopen/A Div Men B Div Women A Div	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1550 1510 1550 1555 1600 1600 1600 160		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump Discus (2kg) Discus (1.5kg) Discus (1.5kg)	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div Men Open/A Div	Status Final
4 2 13 4 16 14 18 5 3 1 3 2	200m 200m 200m 200m 200m 200m 200m 200m 200m 400m Hurdles (0.914m) 400m Hurdles (0.838m) 400m Hurdles (0.762m) 400m Hurdles (0.762m)	Category Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div Men C Div Men Open/A Div Men B Div Men B Div Men A Div Men A Div Men B Div Men A Div Men B Div Men B Div Women Open Women A Div	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1510 1510 1520 1530 1600 1600 1600 1610 1610 1610 1610 16		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump Discus (2kg) Discus (1.5kg) Discus (1.5kg)	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div Men Open/A Div	Status Final
4 2 13 4 16 14 18 5 3 1 3 2	200m 200m 200m 200m 200m 200m 200m 200m	Women Open Women A Div Women B Div Women C Div Men Open Men A Div Men B Div Men C Div Men Open/A Div Men B Div Women Open Women A Div	Timed Final	2023 (I Time 1430 1430 1430 1430 1430 1500 1510 1500 1550 1600 1600 1610 161		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump Discus (2kg) Discus (1.5kg) Discus (1.5kg) Javelin (800g)	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div Men Open Men A Div Men U20 Men Open Decathlon	Status Final
4 2 13 4 16 14 18 5 3 1 1 3 2	200m 200m 200m 200m 200m 200m 200m 200m 400m Hurdles (0.838m) 400m Hurdles (0.762m) 400m Hurdles (0.762m) 400m Hurdles (0.762m)	Women Open Women A Div Women B Div Women B Div Women C Div Men Open Men A Div Men B Div Men B Div Men B Div Men Den/A Div Men B Div Women A Div Men Den/A Div Women Open Women A Div	Timed Final	2023 (f Time 1430 1430 1430 1430 1430 1445 1550 1510 1520 1550 1600 1600 1600 1610 1615		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump Discus (2kg) Discus (1.5kg) Discus (1.5kg) Javelin (800g)	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div Men Open Men A Div Men U20 Men Open Decathlon	Status Final
4 2 13 4 16 14 18 5 3 1 3 2	200m 200m 200m 200m 200m 200m 200m 200m 400m Hurdles (0.838m) 400m Hurdles (0.762m) 400m Hurdles (0.762m) 200m Hurdles (0.762m) 300m 3000m	Women Open Women A Div Women B Div Women B Div Women C Div Men Open Men A Div Men B Div Men B Div Men B Div Men B Div Men C Div Men Open/A Div Men B Div Women Open Women A Div Women C Div	Timed Final	2023 (t Time 1430 1430 1430 1430 1445 1455 1500 1520 1530 1545 1555 1600 1600 1610 1615 1630 1700		Event Pole Vault Pole Vault Discus (1kg) Triple Jump Triple Jump Discus (2kg) Discus (1.5kg) Discus (1.5kg) Javelin (800g)	Category Men Intermediate Women Intermediate Men C Div Men B Div Men Open/A Div Men Open Men A Div Men U20 Men Open Decathlon	Status Final