

Appendix B - Competition Schedule

2023 SA Allcomers Meet 2 3, 4, 5 and 11 Feb 2023 Home of Athletics

Day 1, Friday 3 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1800		Long Jump	Men A Div	Final
				1800		Long Jump	Men Para	Final
				1800		Long Jump	Women Para	Final
				1800		Javelin (600g)	Women A Div	Final
				1800		Javelin (500g)	Women C Div	Final
5	5000m Racewalk	Men Open	Timed Final	1800				
2	5000m Racewalk	Women Open	Timed Final	1800				
				1900		Long Jump	Men Open	Final
6	10000m	Men Open	Timed Final	1900		Shot Put (4kg)	Women Open	Final
				2000		Shot Put (5kg)	Men A Div	Final
				2000		Shot Put (7.26kg)	Men Open	Final
Day 2, Saturday 4 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				830		Long Jump	Women B Div	Final
2	100m Hurdles (0.762m)	Women U18 Heptathlon	Timed Final	830		Shot Put (4kg)	Men C Div	Final
				830		High Jump	Men Novice	Final
9	3000m Racewalk	Women A Div	Timed Final	855				
12	3000m Racewalk	Men B Div	Timed Final	925				
14	1500m Racewalk	Women B Div	Timed Final	950				
				1000		Long Jump	Women Open	Final
6	1500m Racewalk	Women C Div	Timed Final	1000		Long Jump	Women A Div	Final
5	1500m Racewalk	Men C Div	Timed Final	1010				
				1020		High Jump	Women Intermediate	Final
38	100m	Women C Div	Timed Final	1020		High Jump	Women U18 Heptathlon	Final
				1030		Shot Put (5kg)	Men B Div	Final
57	100m	Women B Div	Timed Final	1035				
25	100m	Women A Div	Timed Final	1100				
61	100m	Men C Div	Timed Final	1115				
				1130		Long Jump	Men C Div	Final
Day 2, Saturday 4 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1300		Javelin (700g)	Men B Div	Final
				1330		High Jump	Women Novice	Final
87	100m	Men B Div	Timed Final	1330				
				1400		Long Jump	Women C Div	Final
				1400		Shot Put (4kg)	Women A Div	Final
				1400		Shot Put (3kg)	Women C Div	Final
33	100m	Men A Div	Timed Final	1410				
1	100m	Women Para	Timed Final	1425				
1	100m	Men Para	Timed Final	1425				
12	100m	Women Open	Timed Final	1430				
53	100m	Men Open	Timed Final	1440				
				1500		Javelin (600g)	Men C Div	Final
6	400m	Women C Div	Timed Final	1505				
22	400m	Women B Div	Timed Final	1510				
45	400m	Women A Div	Timed Final	1520				
5	400m	Women Open	Timed Final	1540				
32	400m	Men C Div	Timed Final	1545		Shot Put (3kg)	Women U18 Heptathlon	Final
72	400m	Men B Div	Timed Final	1600		Long Jump	Men B Div	Final
				1600		High Jump	Men Intermediate	Final
				1600		High Jump	Men Advance	Final
27	400m	Men A Div	Timed Final	1630				
21	400m	Men Open	Timed Final	1645				
				1655				
				1700		Javelin (800g)	Men Open	Final
				1700		Javelin (700g)	Men A Div	Final
3	4x100m	Women Open	Trial1	1700		Shot Put (3kg)	Women B Div	Final
3	4x100m	Men Open	Trial1	1710				
26	1500m	Men C Div	Timed Final	1720				
36	1500m	Men B Div	Timed Final	1735				
10	1500m	Men A Div	Timed Final	1750				
26	1500m	Women C Div	Timed Final	1755				
36	1500m	Women B Div	Timed Final	1810				
10	1500m	Women A Div	Timed Final	1825				
2	1500m	Women Open	Timed Final	1825				
22	1500m	Men Open	Timed Final	1835				
				1845		Javelin (600g)	Women Open	Final
				1845		Javelin (500g)	Women B Div	Final
3	4x100m	Women Open	Trial2	1850				
3	4x100m	Men Open	Trial2	1855				
7	5000m	Men A Div	Timed Final	1905				
25	5000m	Men Open	Timed Final	1925				
5	5000m	Women Open	Timed Final	2000				
2	200m	Women U18 Heptathlon	Timed Final	2020				
2	4x400m	Men Open	Trial1	2030				

Day 3, Sunday 5 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				830		Triple Jump	Women C Div	Final
				830		Discus (1kg)	Women C Div	Final
				830		Discus (1kg)	Women A Div	Final
10	3000m Steeplechase (0.914m)	Men Open/ A Div	Timed Final	830		Discus (1kg)	Women Open	Final
14	2000m Steeplechase (0.838m)	Men B Div	Timed Final	855				
				900		Pole Vault	Women Novice	Final
				900		Pole Vault	Men Novice	Final
4	2000m Steeplechase (0.762m)	Women A Div	Timed Final	910				
1	3000m Steeplechase (0.762m)	Women Open	Timed Final	920				
13	200m Hurdles (0.762m)	Men C Div	Timed Final	945				
7	200m Hurdles (0.762m)	Women C Div	Timed Final	955				
8	80m Hurdles (0.762m)	Women C Div	Timed Final	1010				
				1015		Triple Jump	Women B Div	Final
12	100m Hurdles (0.762m)	Women B Div	Timed Final	1020				
13	100m Hurdles (0.838m)	Men C Div	Timed Final	1035				
2	100m Hurdles (0.838m)	Women A Div	Timed Final	1040				
2	100m Hurdles (0.838m)	Women Open	Timed Final	1040				
13	110m Hurdles (0.914m)	Men B Div	Timed Final	1055				
12	110m Hurdles (0.991m)	Men A Div	Timed Final	1110		Discus (1kg)	Women B Div	Final
4	110m Hurdles (1.067m)	Men Open	Timed Final	1120				

Day 3, Sunday 5 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1300		Long Jump	Women U18 Heptathlon	Final
				1400		Pole Vault	Women Intermediate	Final
				1400		Pole Vault	Men Intermediate	Final
				1415		Javelin (500g)	Women U18 Heptathlon	Final
2	800m	Women U18 Heptathlon	Timed Final	1530				
				1700		Pole Vault	Women Advance	Final
				1700		Pole Vault	Men Advance	Final

Day 4, Saturday 11 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1330		Triple Jump	Men B Div	Final
				1330		Hammer Throw (7.26kg)	Men Open	Final
13	400m Hurdles (0.914m)	Men A Div	Timed Final	1400				
19	400m Hurdles (0.838m)	Men B Div	Timed Final	1415				
6	400m Hurdles (0.762m)	Women Open	Timed Final	1430				
3	400m Hurdles (0.762m)	Women A Div	Timed Final	1435				
5	400m Hurdles (0.762m)	Women B Div	Timed Final	1440				
				1445		Discus (1.5kg)	Men B Div	Final
4	200m	Women Open	Timed Final	1500				
19	200m	Women A Div	Timed Final	1505				
55	200m	Women B Div	Timed Final	1515		Triple Jump	Women Open	Final
				1515		Triple Jump	Women A Div	Final
27	200m	Women C Div	Timed Final	1535				
25	200m	Men Open	Timed Final	1550				
23	200m	Men A Div	Timed Final	1605				
72	200m	Men B Div	Timed Final	1615				
				1630		Discus (1kg)	Men C Div	Final
32	200m	Men C Div	Timed Final	1645		Triple Jump	Men C Div	Final
	100m	Women Open	Trial1	1700				
	100m	Women U20	Trial1	1702				
	100m	Men Open	Trial1	1704				
	100m	Men Open U20	Trial1	1706				
7	800m	Women A Div	Timed Final	1710				
43	800m	Women B Div	Timed Final	1715				
26	800m	Women C Div	Timed Final	1735				
25	800m	Men A Div	Timed Final	1745				
19	800m	Men B Div	Timed Final	1800				
				1810		Discus (1.5kg)	Men A Div	Final
				1810		Discus (2kg)	Men Open	Final
				1810		Triple Jump	Men A Div	Final
28	800m	Men C Div	Timed Final	1810		Triple Jump	Men Open	Final
	100m	Women Open	Trial2	1825				
	100m	Women U20	Trial2	1827				
	100m	Men Open	Trial2	1829				
	100m	Men Open U20	Trial2	1831				
8	3000m	Men B Div	Timed Final	1840				
8	3000m	Men C Div	Timed Final	1855				
12	3000m	Women A Div	Timed Final	1910				
23	3000m	Women B Div	Timed Final	1925				
7	3000m	Women C Div	Timed Final	1955				
3	4x100m	Women Open & U20	Trial3	2010				
3	4x100m	Men Open & U20	Trial3	2015				
2	4x400m	Men Open	Trial2	2020				
3	800m	Women Open	Timed Final	2025				
25	800m	Men Open	Timed Final	2030				
3	4x100m	Women Open & U20	Trial4	2100				
3	4x100m	Men Open & U20	Trial4	2105				
2	4x400m	Men Open	Trial3	2110				