

## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

Home of Athletics  
Meet Program

## Event 101 Men Long Jump Open

Wednesday 4/1/2023 - 6:00 PM

IVP Record: 7.25m 2013

LAI YONG HUI, NTU

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	117	Toh, Wei Yu	NTU	ND
2	393	Chang, Su	SUTD	ND
3	43	Muhammad, Mikhail	NYP	ND
4	242	Sebastian, Kiran	RP	ND
5	96	Lee Chin Teck, Darren	NTU	ND
6	313	Naing, Kyaw Linn	SMU	ND
7	171	Tan, Nicholas	NUS	ND
8	428	Muhamad Nurshahilmi, Bin Noradee	TP	ND
9	229	Chang, Bryan	RP	ND
10	349	Jun Jie, Loh	SP	ND
11	385	S/O Gothandaraman, Bhuvanesh	SUSS	ND
12	433	Sau Sze Huan, Xavier	TP	ND
13	38	Lim, Mitchell	NYP	ND
14	352	Leong, Chun Kit	SP	ND
15	201	Chan, Julian	NP	ND
16	379	Jayden Cha Chong Hng, Jordan	SUSS	ND
17	163	Lin, Yu En	NUS	ND
<b>Alternates</b>				
1	51	Wong, Bryan	NYP	ND
2	102	Low Jun-Yan, Patrick	NTU	ND
3	228	Bin Zainal, Ezra Nur Iman	RP	ND
4	234	Lim, Ewen	RP	ND
5	434	Seow Zhi Xian, Russell	TP	ND
6	365	Yuan Ming, Yang	SP	ND
7	119	Wong, Liek Zhe	NTU	ND

## Event 102 Women Shot Put Open

Wednesday 4/1/2023 - 6:00 PM

IVP Record: 13.73m 2010

WAN LAY CHI, NYP

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	318	Burlasa, Cherry	SP	ND
2	24	Sunga, Angelica Jesselle Ba	NYP	ND
3	123	Chiu, Jingwen	NUS	ND
4	278	Yee, Melissa	SIT	ND
5	55	Albon Soh Li Jin, Mirally	NTU	ND
6	403	Chong Yi Shang, Bernie	TP	ND
7	277	Tan, Xin Ning	SIT	ND
8	416	Tan Jing Tong, Bernice	TP	ND
9	391	Huang, Bernice	SUTD	ND
10	134	Ra, Yeojin	NUS	ND
11	330	Lim, Joey	SP	ND
<b>Alternates</b>				
1	319	Caoile, Pauline	SP	ND

## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

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## Event 103 Women 200 Meter Dash Open

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Wednesday 4/1/2023 - 6:00 PM

IVP Record: 24.68 2015 VERONICA SHANTI PEREIRA, RP

Lane	Comp#	Name	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>				
2	251	Sim Xi Qin, Flavia	SIM	NT
3	12	Abdul Latiff, Erza Irdina Bte	NYP	NT
4	327	Khairunnisa, Putri	SP	NT
5	191	Loo, Amanda	NP	NT
6	122	Ang, Phoebe	NUS	NT
7	218	Janssen, Louisa Helena	RP	NT
<b>Heat 2 of 3 Prelims</b>				
2	137	Tan, Elizabeth-Ann	NUS	NT
3	329	Lim, Janelle	SP	NT
4	373	Oh Shuyu, Zann	SUSS	NT
5	250	Lim Si Yi, Elise	SIM	NT
6	71	Tan, Le Xuan	NTU	NT
7	418	Velicia, Tricia Widjaja	TP	NT
<b>Heat 3 of 3 Prelims</b>				
2	370	Koh, Li Shuen	SUSS	NT
3	295	Dutta, Amrita	SMU	NT
4	189	Leong, Benedette	NP	NT
5	56	Ang, Alana	NTU	NT
6	22	Ong, Ravlyn ZiYing	NYP	NT
7	3	Sivakumar, Thaarani	ITE	NT
<b>Alternates</b>				
1	121	Ang, Jia Yi	NUS	NT
2	61	Chua Shuang Kiat, Bernadette	NTU	NT
3	322	Chee, Ming Hui	SP	NT
4	13	Asif, Neshana	NYP	NT
5	326	Jing, Ong	SP	NT

## Event 104 Men 200 Meter Dash Open

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Wednesday 4/1/2023 - 6:10 PM

IVP Record: 21.40 2004 POH SENG SONG, SMU

Lane	Comp#	Name	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>				
1	388	Tan Zheng Long, Aloysius	SUSS	NT
2	311	Meyapan, Solaiy	SMU	NT
3	398	Khan, Raymond	SUTD	NT
4	429	Muhammad Amir, B Abdul Jalil	TP	NT
5	236	Mohamed, Syahin	RP	NT
6	5	Cocjin Amor, Artri Jim	ITE	NT
7	263	Lee Weijie, Samuel	SIM	NT

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Meet Program**Heat 2 of 4 Prelims...(Event 104 Men 200 Meter Dash Open)**

1	110	Praharsh, Ryan	NTU	NT
2	151	Chng, Elgene	NUS	NT
3	49	Thun, Xyrus	NYP	NT
4	247	Yeo, Gene	RP	NT
5	381	Lim Jude Nerona, Matthew	SUSS	NT
6	307	Dela Cruz, Micole	SMU	NT
7	358	Prudencio, Jiro	SP	NT

**Heat 3 of 4 Prelims**

2	268	Shi, DeKai	SIM	NT
3	354	Liau, Fong Jun	SP	NT
4	199	Ashok, Tharun	NP	NT
5	281	Bin Zainal, Muhammad Fazrey	SIT	NT
6	93	Koe, Ian	NTU	NT
7	7	Hakeem, Ahmad	ITE	NT

**Heat 4 of 4 Prelims**

2	399	Kizhakke Chittadath, Abhijith	SUTD	NT
3	174	Wahid, Syazani	NUS	NT
4	290	Shareef, Mohammed	SIT	NT
5	435	Tan Shen Jie, Brian	TP	NT
6	36	Koh, Matthew xu en	NYP	NT
7	210	Ng, Ryan Raphael	NP	NT

**Alternates**

1	243	Soh, Zheng hong	RP	NT
2	173	Teow, Alphonsus	NUS	NT
3	340	Amir, Syed	SP	NT
4	314	Tan, Jit Young	SMU	NT
5	430	Poh Wei Hao, Sean	TP	NT
6	40	Lim, Yong qi	NYP	NT
7	87	Dhiya'ulhaq, Adam	NTU	NT
8	91	Ho Ann Heng, Xander	NTU	NT

**Event 105 Women 800 Meter Run Open**

Wednesday 4/1/2023 - 6:35 PM

IVP Record: 2:19.50 1992

CHEONG TSUI FONG, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
1	69	Sam, Vanessa	NTU	NT
2	190	Lim, Eiffer	NP	NT
3	407	Koh Yi Jia, Sonia	TP	NT
4	147	Yap, Joyceleen	NUS	NT
5	221	Kok, Jin En	RP	NT
6	297	Lim, Constance	SMU	NT
7	338	Tan, Nerissa	SP	NT
8	274	Hia Jing Lin, Alicia	SIT	NT
9	413	Pha Yan Yi, Cassie	TP	NT

**IVP Track & Field Championships 2023 - 4/1/2023 to 8/1/2023****Home of Athletics  
Meet Program****Section 2 of 2 Timed Finals...(Event 105 Women 800 Meter Run Open)**

1	20	lim, Kimberly	NYP	NT
2	298	Lim, Kaye-lynn	SMU	NT
3	23	Poon, Mun	NYP	NT
4	273	Gan Kai-Lin, Steffi	SIT	NT
5	192	Ng, Rachel	NP	NT
6	325	Goh, Hinata	SP	NT
7	214	Cheah, Chloette	RP	NT
8	80	Yuan Jing, Elsie	NTU	NT
9	145	Wong, Levyn	NUS	NT

**Alternates**

1	131	Ng, Min Yi	NUS	NT
2	75	Teo, Jia Wen	NTU	NT
3	225	Quek, Leanne	RP	NT
4	130	Loke, Mei Qi	NUS	NT
5	323	Chiang, Ho Yi	SP	NT
6	21	Ng, Zi Rui	NYP	NT
7	186	Huang, Claire	NP	NT
8	337	Tan, Li Qin	SP	NT

**Event 106 Women 10000 Meter Run Open**

Wednesday 4/1/2023 - 6:50 PM

IVP Record: 39:43.78 2020 LEE, VANESSA, NUS

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	300	Loh, Cheyenne	SMU	NT
2	19	Lee, Annette	NYP	NT
3	142	Toh, Ting Xuan	NUS	NT
4	275	Lee, Yuen Yu	SIT	NT
5	375	Tan Yun Ru, Bernice	SUSS	NT
6	127	Lau, Clarice	NUS	NT
7	367	Chong, Rachel	SUSS	NT

## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

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## Event 107 Men 10000 Meter Run Open

Wednesday 4/1/2023 - 7:50 PM

IVP Record: 32:42.09 2015

EMMANUEL TAPIE, NUS

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	182	Yeow, Joshua	NUS	NT
2	350	Koh, Kevan	SP	NT
3	88	Goh Wei Hao, Eugene	NTU	NT
4	239	Noor Mohideen, Nawaz	RP	NT
5	427	Lim Jun Wei, Dylan	TP	NT
6	237	Muhammad, Faheem	RP	NT
7	112	Quek, Wei Kiat	NTU	NT
8	364	Teo, Malcolm	SP	NT
9	34	Ko, Keane	NYP	NT
10	289	S/O Ganesan, Kathiravan	SIT	NT
11	387	Tan Wen Long, Jason	SUSS	NT
12	169	Sng, Raymond	NUS	NT
13	6	Dominic Saviour, Gilbert	ITE	NT
14	267	Saw Cheng You, Amos	SIM	NT
15	383	Mani, Manoj	SUSS	NT
16	291	Tan, Wisely	SIT	NT
17	45	Poh, Jareth	NYP	NT
18	261	Lam Jun Wung, Winfred	SIM	NT

## Alternates

1	184	Zheng, Winson	NUS	NT
2	235	Mohamed, Shazmeer	RP	NT
3	180	Yeo, Brandon	NUS	NT
4	285	Chua Wen Bin, Kenny	SIT	NT
5	292	Tan Hao Xuan, Shawn	SIT	NT
6	41	Lim, Yuan Hao	NYP	NT
7	359	Seah, Gareth	SP	NT
8	48	Thanaraj, Selvalavanesh	NYP	NT
9	86	Chung, Isaac	NTU	NT
10	84	Borner, Etienne	NTU	NT

## Event 201 Women High Jump Open

Saturday 7/1/2023 - 8:30 AM

IVP Record: 1.66m 2006

MICHELLE SNG, SMU

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	406	Kirsten Anne, Tay	TP	NH
2	126	Koh, Jezebel	NUS	NH
3	339	Yu Jing, Sih	SP	NH
4	185	Cheong, Vanessa	NP	NH
5	62	Ho, Gwyneth	NTU	NH
6	417	Tiara Amelia, Binte Helmi	TP	NH
7	392	Wong, Oi Shin	SUTD	NH
8	26	Tye, Aiko	NYP	NH
9	140	Tham, Mei Shuen	NUS	NH
10	332	Ong, He Qing	SP	NH
11	72	Tan, Tse Teng	NTU	NH

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## Alternates... (Event 201 Women High Jump Open)

1	336	Tan, Jurnus	SP	NH
2	409	Lim Eu Sun, Vean	TP	NH
3	324	Go, Naomi	SP	NH

## Event 202 Women Javelin Throw Open

Saturday 7/1/2023 - 8:30 AM

IVP Record: 40.23m 2009 TEO HUI JUEN, NUS

Pos	Comp#	Name	Team	Seed Mark
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## Flight 1 of 1 Finals

1	391	Huang, Bernice	SUTD	ND
2	125	Goh, Yi Xian	NUS	ND
3	330	Lim, Joey	SP	ND
4	1	Jasmine Bastatas, Wong	ITE	ND
5	403	Chong Yi Shang, Bernie	TP	ND
6	123	Chiu, Jingwen	NUS	ND
7	333	Qiao Jie, Koh	SP	ND
8	416	Tan Jing Tong, Bernice	TP	ND
9	272	Foo, Qi Xin	SIT	ND

## Alternates

1	134	Ra, Yeojin	NUS	ND
2	319	Caoile, Pauline	SP	ND

## Event 203 Men Shot Put Open

Saturday 7/1/2023 - 8:30 AM

IVP Record: 14.14m 19/1/2019 Brian See, National Uni

IVP Record: 14.14m 19/1/2019 Brian See, NUS

Pos	Comp#	Name	Team	Seed Mark
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## Flight 1 of 1 Finals

1	401	Rosli, Syarifuddin Azhar	SUTD	ND
2	357	Poah, Joel	SP	ND
3	39	Lim, Xavier	NYP	ND
4	230	Chen, Sheng Teng	RP	ND
5	438	Toh Rui Bin, Matthew	TP	ND
6	306	Chia, Jordan	SMU	ND
7	97	Li, Zeng Yu	NTU	ND
8	280	Bin Abdul Wahab, Rusydan	SIT	ND
9	436	Teh Long, Anson	TP	ND
10	227	Bin Sheik Alau'ddin, Sheik Fayz	RP	ND
11	116	Tan, Ting Jun	NTU	ND
12	178	Yee, Eric	NUS	ND
13	53	Wong, Zheng Yan	NYP	ND
14	177	Xiao, Hongyang	NUS	ND
15	356	Neo, Zhan Quan	SP	ND

## Alternates

1	120	Zahid, Hilman	NTU	ND
2	166	Murali, Sham	NUS	ND
3	345	Chia, Andy	SP	ND
4	419	Chua, Yu Jing	TP	ND

## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

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## Event 204 Women 3000 Meter Race Walk Open

Saturday 7/1/2023 - 8:30 AM

IVP Record: 17:29.65 2017 TIN SHU MIN, SMU

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	17	Ishwarya, Nancy	NYP	NT
2	374	Seet, Rachel	SUSS	NT
3	146	Wu, Xin Yao	NUS	NT
4	74	Teo, Brigitte	NTU	NT
5	376	Yeo, Shi Min	SUSS	NT
6	75	Teo, Jia Wen	NTU	NT
7	136	Tan, Ally	NUS	NT

## Event 205 Men 3000 Meter Race Walk Open

Saturday 7/1/2023 - 9:15 AM

IVP Record: 15:50.11 12/1/2019 Jing Cheng Ng, Nanyang Tech

IVP Record: 15:50.11 12/1/2019 Jing Cheng Ng, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	50	Wee, Caleb	NYP	NT
2	154	Chua, Stephen	NUS	NT
3	382	Lim Yu Xian, Exodus	SUSS	NT
4	400	Piccio, Tom Manuel	SUTD	NT
5	181	Yeo, Zuo Sheng	NUS	NT
6	32	Chua, Paxton	NYP	NT
7	380	Lim En Yu, Jerron	SUSS	NT
8	395	Goh, Stephen	SUTD	NT
<b>Alternates</b>				
1	149	Chia, Darrell	NUS	NT
2	30	Chew, Yong Jun	NYP	NT
3	37	Kumar, saran	NYP	NT
4	176	Wee, Teng Ee	NUS	NT

## Event 206 Women 100 Meter Dash Open

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Saturday 7/1/2023 - 9:50 AM

IVP Record: 12.01 2018 VERONICA SHANTI PEREIRA, SMU

Lane	Comp#	Name	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1	220	Koh, Jing Nie Jasmine	RP	NT
2	57	Chiew Ka Ching, Cheryl	NTU	NT
3	128	Liew, Bernice	NUS	NT
4	22	Ong, Ravlyn ZiYing	NYP	NT
5	253	Tan Xuan Yi, Nicole	SIM	NT
6	372	Ng, Si Ying	SUSS	NT
7	251	Sim Xi Qin, Flavia	SIM	NT

## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

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Meet Program**Heat 2 of 3 Prelims...(Event 206 Women 100 Meter Dash Open)**

1	296	Goh, Clara	SMU	NT
2	12	Abdul Latiff, Erza Irdina Bte	NYP	NT
3	187	Huang, Yuna	NP	NT
4	121	Ang, Jia Yi	NUS	NT
5	224	Nai, Li Hua	RP	NT
6	408	Lim Ean Bee, Gwendolyn Therese	TP	NT
7	329	Lim, Janelle	SP	NT

**Heat 3 of 3 Prelims**

1	58	Chin, Jacqueline	NTU	NT
2	295	Dutta, Amrita	SMU	NT
3	189	Leong, Benedette	NP	NT
4	411	Low, Rowvy	TP	NT
5	271	Enriquez, Roxanne Rose Zuleta	SIT	NT
6	3	Sivakumar, Thaarani	ITE	NT
7	320	Carino, Katherine	SP	NT

**Alternates**

1	219	Karthigayan, Navinashini	RP	NT
2	215	Gabriel, Christelle Jean Rold	RP	NT
3	327	Khairunnisa, Putri	SP	NT
4	326	Jing, Ong	SP	NT
5	61	Chua Shuang Kiat, Bernadette	NTU	NT
6	13	Asif, Neshana	NYP	NT
7	139	Teo, Kyi En	NUS	NT

**Event 207 Men 100 Meter Dash Open****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Saturday 7/1/2023 - 10:10 AM****IVP Record: 10.50 2005 R MTHUKURAGAN, NYP**

Lane	Comp#	Name	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1	266	Ni Bowen, Steven	SIM	NT
2	440	Yan, Teo	TP	NT
3	311	Meyapan, Solaiy	SMU	NT
4	93	Koe, Ian	NTU	NT
5	174	Wahid, Syazani	NUS	NT
6	49	Thun, Xyrus	NYP	NT
7	210	Ng, Ryan Raphael	NP	NT
<b>Heat 2 of 3 Prelims</b>				
1	393	Chang, Su	SUTD	NT
2	260	Choo, Jay	SIM	NT
3	342	Ate Patrocinio, Elijah Sean	SP	NT
4	377	Aclag, Gerrard	SUSS	NT
5	307	Dela Cruz, Micole	SMU	NT
6	5	Cocjin Amor, Artri Jim	ITE	NT
7	36	Koh, Matthew xu en	NYP	NT
8	226	Bin Norhisham, Jamie El-Redha Ang	RP	NT



## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

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Meet Program**Heat 3 of 3 Prelims...(Event 207 Men 100 Meter Dash Open)**

1	91	Ho Ann Heng, Xander	NTU	NT
2	424	Holland, Schuyler	TP	NT
3	354	Liau, Fong Jun	SP	NT
4	247	Yeo, Gene	RP	NT
5	394	Chia, Chun Mun	SUTD	NT
6	200	B Mohd Ikhlash, Muhammad Irfan	NP	NT
7	167	Ng, Bryan	NUS	NT
8	381	Lim Jude Nerona, Matthew	SUSS	NT

**Alternates**

1	228	Bin Zainal, Ezra Nur Iman	RP	NT
2	314	Tan, Jit Young	SMU	NT
3	236	Mohamed, Syahin	RP	NT
4	398	Khan, Raymond	SUTD	NT
5	358	Prudencio, Jiro	SP	NT
6	439	Wong, Guo Hui	TP	NT
7	110	Praharsh, Ryan	NTU	NT
8	40	Lim, Yong qi	NYP	NT
9	173	Teow, Alphonsus	NUS	NT
10	87	Dhiya'ulhaq, Adam	NTU	NT

**Event 208 Women 400 Meter Dash Open**

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Saturday 7/1/2023 - 10:30 AM

IVP Record: 58.60 2012 T PIRIYAH, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>				
2	320	Carino, Katherine	SP	NT
3	193	See, Danielle	NP	NT
4	410	Low, Jie Ying	TP	NT
5	274	Hia Jing Lin, Alicia	SIT	NT
6	373	Oh Shuyu, Zann	SUSS	NT
7	80	Yuan Jing, Elsie	NTU	NT
<b>Heat 2 of 3 Prelims</b>				
2	122	Ang, Phoebe	NUS	NT
3	302	Ong, Crystal	SMU	NT
4	15	Ho, Hillary Li Qin	NYP	NT
5	188	Koo, Qian Er	NP	NT
6	402	Chia Yong Yun, Ada	TP	NT
<b>Heat 3 of 3 Prelims</b>				
2	298	Lim, Kaye-lynn	SMU	NT
3	13	Asif, Neshana	NYP	NT
4	132	Ong, Emily	NUS	NT
5	370	Koh, Li Shuen	SUSS	NT
6	67	Mansul, Misyal Sonnia	NTU	NT
7	217	Ho, Zhi Xuan	RP	NT
<b>Alternates</b>				
1	145	Wong, Levyn	NUS	NT
2	412	Ong Yi Ning, Deseree	TP	NT
3	25	Tan yue min, Josephine	NYP	NT
4	62	Ho, Gwyneth	NTU	NT

## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

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## Event 209 Men 400 Meter Dash Open

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Saturday 7/1/2023 - 10:50 AM

IVP Record: 48.11 2006 KENNETH KHOO, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>				
1	8	Kai DE, Phang	ITE	NT
2	399	Kizhakke Chittadath, Abhijith	SUTD	NT
3	432	S Anish, Kumar	TP	NT
4	198	Ang, Daven	NP	NT
5	358	Prudencio, Jiro	SP	NT
6	110	Praharsh, Ryan	NTU	NT
7	304	Ang, James	SMU	NT
<b>Heat 2 of 4 Prelims</b>				
2	243	Soh, Zheng hong	RP	NT
3	40	Lim, Yong qi	NYP	NT
4	388	Tan Zheng Long, Aloysius	SUSS	NT
5	10	Muhsin Shah, Muhamamd	ITE	NT
6	204	Heng, David	NP	NT
7	268	Shi, DeKai	SIM	NT
<b>Heat 3 of 4 Prelims</b>				
2	232	Kumar, Raam	RP	NT
3	397	Kaushal, Jyotit	SUTD	NT
4	421	Chua Xuzhe, Lyndon	TP	NT
5	104	Muhd, Hassan	NTU	NT
6	161	Lim, Oliver	NUS	NT
7	282	Chan Jun An, Donavan	SIT	NT
<b>Heat 4 of 4 Prelims</b>				
2	155	Clayton, Caleb	NUS	NT
3	54	Yip, zachary	NYP	NT
4	384	Ng, Chung Liu	SUSS	NT
5	281	Bin Zainal, Muhammad Fazrey	SIT	NT
6	340	Amir, Syed	SP	NT
7	263	Lee Weijie, Samuel	SIM	NT
<b>Alternates</b>				
1	240	Ong, Yang Kai	RP	NT
2	362	Tan, Danzel	SP	NT
3	233	Lai, Yu Jie, Jedd Janus	RP	NT
4	441	Zi Xiang, Tay	TP	NT
5	353	Li Heng, Chua	SP	NT
6	89	Hashim, Iman	NTU	NT
7	114	Selvadason, Viknesh	NTU	NT
8	29	Boo, Jia Le	NYP	NT
9	174	Wahid, Syazani	NUS	NT
10	183	Zhao, Wangbo	NUS	NT

## IVP Track &amp; Field Championships 2023 - 4/1/2023 to 8/1/2023

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## Event 210 Men 110 Meter Hurdles Open

Saturday 7/1/2023 - 11:10 AM

IVP Record: 14.39 12/1/2019 Chen Xiang Ang, National Uni

IVP Record: 14.39 2016 ANG CHEN XIANG, NUS

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
2	105	Muhd, Zulkhair	NTU	NT
3	31	Chong, Shing	NYP	NT
4	152	Chong, Wei Guan	NUS	NT
5	115	Sow, Kaiser	NTU	NT
6	28	Amir, Harith	NYP	NT
7	148	Chang, Jaden	NUS	NT
<b>Alternates</b>				
1	98	Lim, Aaron	NTU	NT

## Event 211 Women 100 Meter Hurdles Open

Saturday 7/1/2023 - 11:20 AM

IVP Record: 14.33 2015 JANNAH WONG, NUS

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
3	137	Tan, Elizabeth-Ann	NUS	NT
4	329	Lim, Janelle	SP	NT
5	16	How, Nicole Shi Qing	NYP	NT
6	129	Lim, Nicole	NUS	NT

## Event 212 Men High Jump Open

Saturday 7/1/2023 - 2:00 PM

IVP Record: 2.04m 2009 RONNIE CAL, SIM

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	85	Chua, Cheng Leong	NTU	NH
2	243	Soh, Zheng hong	RP	NH
3	349	Jun Jie, Loh	SP	NH
4	33	Khor, Asher	NYP	NH
5	107	Ong, Wee Teck	NTU	NH
6	242	Sebastian, Kiran	RP	NH
7	355	Lim, Tyrel	SP	NH
8	47	Tan, Caleb	NYP	NH
9	172	Tan, Wei Chuen	NUS	NH
10	433	Sau Sze Huan, Xavier	TP	NH
<b>Alternates</b>				
1	99	Lim, Kieron	NTU	NH
2	103	Muhammad, Nasiruddin Bin Jumar	NTU	NH
3	35	Koh, Ian	NYP	NH
4	352	Leong, Chun Kit	SP	NH
5	344	Boo, Terry	SP	NH

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## Event 213 Women Long Jump Open

Saturday 7/1/2023 - 2:00 PM

IVP Record: 5.71m 2009

WONG KIT FEI, NUS

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	124	Chung, Ning Xin	NUS	ND
2	18	Koh, Melanie	NYP	ND
3	78	Yau Jia Hui, Tiffany	NTU	ND
4	404	Ho Ting Yin, Valencia	TP	ND
5	368	Chung, Laurene	SUSS	ND
6	339	Yu Jing, Sih	SP	ND
7	27	Wong, Jamie	NYP	ND
8	336	Tan, Jurnus	SP	ND
9	135	Sun, Gerlyn	NUS	ND
10	194	Tan, Chloe	NP	ND
11	72	Tan, Tse Teng	NTU	ND
12	223	Misson Khoo, Tyeisha Rene	RP	ND
13	369	Enn, Wendy	SUSS	ND
14	255	Yeh, Shaina	SIM	ND
15	185	Cheong, Vanessa	NP	ND
16	248	Anika Cinco Bernad, Jillian	SIM	ND
17	218	Janssen, Louisa Helena	RP	ND
18	303	Tan, Rachel	SMU	ND
19	408	Lim Ean Bee, Gwendolyn Therese	TP	ND
<b>Alternates</b>				
1	321	Chan, Ee Fang	SP	ND
2	333	Qiao Jie, Koh	SP	ND
3	76	Toh, Qiao Juan	NTU	ND

## Event 214 Men Javelin Throw Open

Saturday 7/1/2023 - 2:00 PM

IVP Record: 59.79m 2009

AKID CHONG, NYP

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	288	Liu, Yucheng	SIT	ND
2	310	Low, Joel	SMU	ND
3	426	Lee Yun Zhuo, Asher	TP	ND
4	153	Chu, Zachary	NUS	ND
5	386	Tam, Yeong Yi	SUSS	ND
6	230	Chen, Sheng Teng	RP	ND
7	361	Subba, Sugam	SP	ND
8	175	Wang, Tingjia	NUS	ND
9	53	Wong, Zheng Yan	NYP	ND
10	436	Teh Long, Anson	TP	ND
11	280	Bin Abdul Wahab, Rusydan	SIT	ND
12	345	Chia, Andy	SP	ND
13	395	Goh, Stephen	SUTD	ND
<b>Alternates</b>				
1	293	V S, Ramana	SIT	ND
2	438	Toh Rui Bin, Matthew	TP	ND
3	356	Neo, Zhan Quan	SP	ND
4	177	Xiao, Hongyang	NUS	ND

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## Event 217 Women 1500 Meter Run Open

Saturday 7/1/2023 - 3:20 PM

IVP Record: 4:44.30 1992

CHEONG TSUI FONG, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
1	23	Poon, Mun	NYP	NT
2	2	Sinead, Lim	ITE	NT
3	338	Tan, Nerissa	SP	NT
4	190	Lim, Eiffer	NP	NT
5	273	Gan Kai-Lin, Steffi	SIT	NT
6	75	Teo, Jia Wen	NTU	NT
7	413	Pha Yan Yi, Cassie	TP	NT
8	144	Wong, Cloey	NUS	NT
9	214	Cheah, Chloette	RP	NT
10	299	Lim, Wendy	SMU	NT
<b>Section 2 of 2 Timed Finals</b>				
1	192	Ng, Rachel	NP	NT
2	69	Sam, Vanessa	NTU	NT
3	294	Chua, Geraldine	SMU	NT
4	323	Chiang, Ho Yi	SP	NT
5	221	Kok, Jin En	RP	NT
6	20	lim, Kimberly	NYP	NT
7	147	Yap, Joyceleen	NUS	NT
8	407	Koh Yi Jia, Sonia	TP	NT
9	371	Lum, Jing Ya	SUSS	NT
<b>Alternates</b>				
1	145	Wong, Levyn	NUS	NT
2	64	Lee, Janice	NTU	NT
3	222	Lye, Andrea	RP	NT
4	131	Ng, Min Yi	NUS	NT
5	331	Min Yu, Ho	SP	NT
6	19	Lee, Annette	NYP	NT
7	186	Huang, Claire	NP	NT
8	334	Shermaine, Lin JingTing	SP	NT

## Event 218 Men 1500 Meter Run Open

Saturday 7/1/2023 - 3:35 PM

IVP Record: 3:56.20 1995

A SARAVANAN PILLAI, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
1	265	Ng, Jing Heng	SIM	NT
2	9	Mohammad Firdous, Mohammad Aqil :	ITE	NT
3	308	Lian, Eugene	SMU	NT
4	437	Teo Yi Shyan, Zeph	TP	NT
5	184	Zheng, Winson	NUS	NT
6	283	Chia, Zhi Hong	SIT	NT
7	195	Abalos, Wulfe Lestat	NP	NT
8	118	Tok, Yin Pin	NTU	NT
9	6	Dominic Saviour, Gilbert	ITE	NT
10	347	Ho, Jun Ying	SP	NT
11	231	Gan, Joshua	RP	NT
12	37	Kumar, saran	NYP	NT

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## Section 2 of 2 Timed Finals...(Event 218 Men 1500 Meter Run Open)

1	346	Durairaj, Hariharan	SP	NT
2	284	Chia Wei En, Shawn	SIT	NT
3	168	Pang, Yong Ray	NUS	NT
4	422	De Silva, Dylan Michael	TP	NT
5	238	Muhammad, Faizal	RP	NT
6	44	Ong, nigel	NYP	NT
7	270	Tan Chong Ming, Darren	SIM	NT
8	90	Ho, Kenneth	NTU	NT
9	315	Tan, Titus	SMU	NT
10	213	Teo, Matthias	NP	NT

## Alternates

1	157	Ho, Zhen Hong	NUS	NT
2	46	Saravanaa, Thulasi	NYP	NT
3	92	Kamaleshwaran, Thiruppathi	NTU	NT
4	292	Tan Hao Xuan, Shawn	SIT	NT
5	241	Sanker, Siva	RP	NT
6	360	Su, Zhi Kai	SP	NT
7	11	Ramesh, Aveinesh	ITE	NT
8	206	Kuang, Joseph	NP	NT
9	343	Badawi, Ahmad	SP	NT

## Event 221 Men 5000 Meter Run Open

Saturday 7/1/2023 - 5:00 PM

IVP Record: 15:06.90 2012

N GANESAN, NP

Lane	Comp#	Name	Team	Seed Time
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## Section 1 of 1 Timed Finals

1	291	Tan, Wisely	SIT	NT
2	264	Mah Xing Yao, Enriq	SIM	NT
3	348	Hoo, Fang Zhou	SP	NT
4	212	Tan, Yan Kai	NP	NT
5	420	Chua Jing Lun, Jerron	TP	NT
6	169	Sng, Raymond	NUS	NT
7	100	Lim Jun Yan, Sherman	NTU	NT
8	45	Poh, Jareth	NYP	NT
9	11	Ramesh, Aveinesh	ITE	NT
10	34	Ko, Keane	NYP	NT
11	397	Kaushal, Jyotit	SUTD	NT
12	235	Mohamed, Shazmeer	RP	NT
13	427	Lim Jun Wei, Dylan	TP	NT
14	389	Teo Yu Quan, Dominic	SUSS	NT
15	170	Tan, Chong Qi	NUS	NT
16	350	Koh, Kevan	SP	NT
17	267	Saw Cheng You, Amos	SIM	NT
18	4	Bin Al-Rashid, Al-Nabil Anaqi	ITE	NT
19	113	Rachmadi, Nicholas	NTU	NT
20	239	Noor Mohideen, Nawaz	RP	NT
21	289	S/O Ganesan, Kathiravan	SIT	NT

## Alternates

1	50	Wee, Caleb	NYP	NT
2	41	Lim, Yuan Hao	NYP	NT
3	180	Yeo, Brandon	NUS	NT

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## Alternates... (Event 221 Men 5000 Meter Run Open)

4	292	Tan Hao Xuan, Shawn	SIT	NT
5	285	Chua Wen Bin, Kenny	SIT	NT
6	237	Muhammad, Faheem	RP	NT
7	364	Teo, Malcolm	SP	NT
8	425	Koh, Sim Yong	TP	NT
9	9	Mohammad Firdous, Mohammad Aqil	ITE	NT
10	88	Goh Wei Hao, Eugene	NTU	NT
11	182	Yeow, Joshua	NUS	NT
12	82	Agarwal, Pranshu	NTU	NT

## Event 222 Men 4x100 Meter Relay Open

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Saturday 7/1/2023 - 5:45 PM

IVP Record: 41.65 2010 NUS, NUS

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
2		SINGAPORE UNIVERSITY OF TECH	A	NT
	1) #393	Chang, Su		
	2) #396	Hin, Shaun		
3		SINGAPORE POLYTECHNIC	A	NT
	1) #358	Prudencio, Jiro		
	2) #342	Ate Patrocinio, Elijah Sean		
	3) #354	Liau, Fong Jun		
	4) #362	Tan, Danzel		
	5) #353	Li Heng, Chua		
	6) #340	Amir, Syed		
4		SINGAPORE INSTITUTE OF MANA	A	NT
	1) #260	Choo, Jay		
	2) #266	Ni Bowen, Steven		
	3) #263	Lee Weijie, Samuel		
	4) #268	Shi, DeKai		
	5) #258	Chen, Hong Siang		
	6) #257	Bin Kassim, Muhammad Haz		
5		NATIONAL UNIVERSITY OF SINGA	A	NT
	1) #173	Teow, Alphonsus		
	2) #174	Wahid, Syazani		
	3) #152	Chong, Wei Guan		
	4) #167	Ng, Bryan		
	5) #151	Chng, Elgene		
	6) #156	Cong, Haoting		
6		REPUBLIC POLYTECHNIC	A	NT
	1) #226	Bin Norhisham, Jamie El-Re2)		
	2) #247	Yeo, Gene		
	3) #236	Mohamed, Syahin		
	4) #228	Bin Zainal, Ezra Nur Iman		
	5) #245	Tan, Jia-Xian Keith		
	6) #233	Lai, Yu Jie, Jedd Janus		
7		TEMASEK POLYTECHNIC	A	NT
	1) #428	Muhamad Nurshahilmi, Bin 2)		
	2) #439	Wong, Guo Hui		
	3) #429	Muhammad Amir, B Abdul J4)		
	4) #435	Tan Shen Jie, Brian		
	5) #424	Holland, Schuyler		
<b>Heat 2 of 2 Prelims</b>				
2		NGEE ANN POLYTECHNIC	A	NT
	1) #197	Anesrif, Yahn Alexander		
	2) #200	B Mohd Iklash, Muhammad3)		
	3) #199	Ashok, Tharun		
	4) #210	Ng, Ryan Raphael		
3		NANYANG TECHNOLOGICAL UNI	A	NT
	1) #93	Koe, Ian		
	2) #91	Ho Ann Heng, Xander		
	3) #110	Praharsh, Ryan		
	4) #87	Dhiya'ulhaq, Adam		
	5) #105	Muhd, Zulkhair		
	6) #109	Philip Manega, Rodney		
4		SINGAPORE INSTITUTE OF TECHN	A	NT
	1) #287	Goo, Winston		
	2) #288	Liu, Yucheng		
	3) #290	Shareef, Mohammed		
	4) #281	Bin Zainal, Muhammad Fazr		
5		NANYANG POLYTECHNIC	A	NT
	1) #40	Lim, Yong qi		
	2) #36	Koh, Matthew xu en		
	3) #49	Thun, Xyrus		
	4) #28	Amir, Harith		
	5) #42	Mohamad, Rifqi Hilman Bin 6)		
	6) #31	Chong, Shing		
6		SINGAPORE MANAGEMENT UNI	A	NT
	1) #311	Meyapan, Solaiy		
	2) #307	Dela Cruz, Micolle		
	3) #312	Mok, Gavien		
	4) #316	Tit, Yee Kiat		
	5) #317	Zamyatin, Daniil		
	6) #314	Tan, Jit Young		
7		SINGAPORE UNIVERSITY OF SOCI	A	NT
	1) #377	Aclag, Gerrard		
	2) #379	Jayden Cha Chong Hng, Jord3)		
	3) #381	Lim Jude Nerona, Matthew		
	4) #388	Tan Zheng Long, Aloysius		
	5) #385	S/O Gothandaraman, Bhuvan6)		
	6) #380	Lim En Yu, Jerron		

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## Event 223 Women 4x100 Meter Relay Open

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Saturday 7/1/2023 - 6:05 PM

IVP Record: 48.11 2013 RP, RP

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
2		TEMASEK POLYTECHNIC	A	NT
	1) #411 Low, Rowvy	2) #404 Ho Ting Yin, Valencia	3) #408 Lim Ean Bee, Gwendolyn Th	4) #414 Subramaniam, Reshma
	5) #410 Low, Jie Ying	6) #402 Chia Yong Yun, Ada		
3		SINGAPORE INSTITUTE OF MANA	A	NT
	1) #251 Sim Xi Qin, Flavia	2) #253 Tan Xuan Yi, Nicole	3) #256 Zulkarnain, Arina	4) #248 Anika Cinco Bernad, Jillian
	5) #250 Lim Si Yi, Elise	6) #255 Yeh, Shaina		
4		SINGAPORE POLYTECHNIC	A	NT
	1) #326 Jing, Ong	2) #320 Carino, Katherine	3) #335 Tan, Jacelyn	4) #329 Lim, Janelle
	5) #327 Khairunnisa, Putri	6) #322 Chee, Ming Hui		
5		REPUBLIC POLYTECHNIC	A	NT
	1) #223 Misson Khoo, Tyeisha Rene	2) #218 Janssen, Louisa Helena	3) #216 Hamizah, Nurulain	4) #217 Ho, Zhi Xuan
	5) #220 Koh, Jing Nie Jasmine	6) #224 Nai, Li Hua		
6		NATIONAL UNIVERSITY OF SINGA	A	NT
	1) #137 Tan, Elizabeth-Ann	2) #128 Liew, Bernice	3) #132 Ong, Emily	4) #129 Lim, Nicole
	5) #139 Teo, Kyi En	6) #121 Ang, Jia Yi		
<b>Heat 2 of 2 Prelims</b>				
3		NANYANG TECHNOLOGICAL UNI	A	NT
	1) #70 Tan, Clencyce	2) #79 Yoong, Felicia	3) #77 Wong, Beth	4) #63 Law, Phoebe Angeline
	5) #78 Yau Jia Hui, Tiffany	6) #72 Tan, Tse Teng		
4		SINGAPORE UNIVERSITY OF SOCI	A	NT
	1) #373 Oh Shuyun, Zann	2) #370 Koh, Li Shuen	3) #367 Chong, Rachel	4) #368 Chung, Laurene
	5) #369 Enn, Wendy	6) #372 Ng, Si Ying		
5		NANYANG POLYTECHNIC	A	NT
	1) #22 Ong, Ravlyn ZiYing	2) #12 Abdul Latiff, Erza Irdina Bte	3) #13 Asif, Neshana	4) #18 Koh, Melanie
	5) #15 Ho, Hillary Li Qin	6) #14 Goh, Yu Xuan		
6		NGEE ANN POLYTECHNIC	A	NT
	1) #189 Leong, Benedette	2) #188 Koo, Qian Er	3) #187 Huang, Yuna	4) #191 Loo, Amanda

## Event 301 Women Discus Throw Open

Sunday 8/1/2023 - 8:30 AM

IVP Record: 46.35m 2010 WAN LAY CHI, NYP

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	403	Chong Yi Shang, Bernie	TP	ND
2	318	Burlasa, Cherry	SP	ND
3	134	Ra, Yeojin	NUS	ND
4	272	Foo, Qi Xin	SIT	ND
5	24	Sunga, Angelica Jesselle Ba	NYP	ND
6	416	Tan Jing Tong, Bernice	TP	ND
7	330	Lim, Joey	SP	ND
8	278	Yee, Melissa	SIT	ND
9	55	Albon Soh Li Jin, Mirally	NTU	ND
10	133	Phua, Claudia	NUS	ND
<b>Alternates</b>				
1	277	Tan, Xin Ning	SIT	ND
2	319	Caoile, Pauline	SP	ND



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## Event 302 Men Triple Jump Open

Sunday 8/1/2023 - 8:30 AM

IVP Record: 15.15m 2009

LAI YONG HUI, NUS

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	352	Leong, Chun Kit	SP	ND
2	434	Seow Zhi Xian, Russell	TP	ND
3	119	Wong, Liek Zhe	NTU	ND
4	234	Lim, Ewen	RP	ND
5	171	Tan, Nicholas	NUS	ND
6	51	Wong, Bryan	NYP	ND
7	433	Sau Sze Huan, Xavier	TP	ND
8	117	Toh, Wei Yu	NTU	ND
9	242	Sebastian, Kiran	RP	ND
10	38	Lim, Mitchell	NYP	ND
11	163	Lin, Yu En	NUS	ND
12	349	Jun Jie, Loh	SP	ND
<b>Alternates</b>				
1	229	Chang, Bryan	RP	ND
2	43	Muhammad, Mikhail	NYP	ND
3	228	Bin Zainal, Ezra Nur Iman	RP	ND
4	431	Poon, Aaron	TP	ND
5	365	Yuan Ming, Yang	SP	ND
6	96	Lee Chin Teck, Darren	NTU	ND

## Event 303 Men Pole Vault Open

Sunday 8/1/2023 - 8:30 AM

IVP Record: 4.71m 2018

CHAN SHENG YAO, NUS

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	202	Chua, Oliver	NP	NH
2	159	Koh, Wei Shien	NUS	NH
3	309	Lim, Walden	SMU	NH
4	81	Abdul, Rauf	NTU	NH
5	165	Low, Jun Yu	NUS	NH

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## Event 304 Men 3000 Meter Steeplechase Open

Sunday 8/1/2023 - 8:30 AM

IVP Record: 9:37.65 2018 NABIN PARAJULI, SIM

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	37	Kumar, saran	NYP	NT
2	241	Sanker, Siva	RP	NT
3	270	Tan Chong Ming, Darren	SIM	NT
4	50	Wee, Caleb	NYP	NT
5	286	Fu Shanlong, Shawn	SIT	NT
6	95	Lee, Zhi Yu	NTU	NT
7	366	Zhi Yan, Lim	SP	NT
8	180	Yeo, Brandon	NUS	NT
9	351	Leonard, Ang	SP	NT
10	383	Mani, Manoj	SUSS	NT
11	92	Kamaleshwaran, Thiruppathi	NTU	NT
12	203	Gautam, Kulandaiveludayar Se	NP	NT
13	262	Lee Kay Heng, Kelvin	SIM	NT
14	211	Poh, Edry	NP	NT
15	170	Tan, Chong Qi	NUS	NT
16	235	Mohamed, Shazmeer	RP	NT
17	285	Chua Wen Bin, Kenny	SIT	NT
<b>Alternates</b>				
1	179	Yee Tun, Swam	NUS	NT
2	162	Lim, Terry	NUS	NT
3	244	Tan, Blandon	RP	NT
4	52	Wong, Jovan	NYP	NT
5	341	Arote, Arush	SP	NT
6	348	Hoo, Fang Zhou	SP	NT
7	101	Lim Jun Yuan, Marcus	NTU	NT

## Event 305 Women 3000 Meter Steeplechase Open

Sunday 8/1/2023 - 9:10 AM

IVP Record: 12:02.55 2022 LEE, VANESSA, NUS

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	141	Thong, Charisse	NUS	NT
2	64	Lee, Janice	NTU	NT
3	127	Lau, Clarice	NUS	NT
4	60	Chng, Cheryl	NTU	NT
<b>Alternates</b>				
1	67	Mansul, Misyal Sonnia	NTU	NT

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## Event 306 Men 800 Meter Run Open

Sunday 8/1/2023 - 9:40 AM

IVP Record: 1:55.20 1995

A SARAVANAN PILLAI, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
1	346	Durairaj, Hariharan	SP	NT
2	205	Koh, Wen Qiang	NP	NT
3	284	Chia Wei En, Shawn	SIT	NT
4	118	Tok, Yin Pin	NTU	NT
5	8	Kai DE, Phang	ITE	NT
6	232	Kumar, Raam	RP	NT
7	265	Ng, Jing Heng	SIM	NT
8	158	Hoh, Darius	NUS	NT
9	308	Lian, Eugene	SMU	NT
10	44	Ong, nigel	NYP	NT
11	437	Teo Yi Shyan, Zeph	TP	NT
<b>Section 2 of 2 Timed Finals</b>				
1	259	Chen, Melvik	SIM	NT
2	54	Yip, zachary	NYP	NT
3	384	Ng, Chung Liu	SUSS	NT
4	283	Chia, Zhi Hong	SIT	NT
5	238	Muhammad, Faizal	RP	NT
6	315	Tan, Titus	SMU	NT
7	422	De Silva, Dylan Michael	TP	NT
8	10	Muhsin Shah, Muhamamd	ITE	NT
9	341	Arote, Arush	SP	NT
10	90	Ho, Kenneth	NTU	NT
11	209	Muncherji, Reyaan	NP	NT
12	161	Lim, Oliver	NUS	NT
<b>Alternates</b>				
1	149	Chia, Darrell	NUS	NT
2	50	Wee, Caleb	NYP	NT
3	83	Ahmed, Kauthar	NTU	NT
4	168	Pang, Yong Ray	NUS	NT
5	305	Au Yong, Seng Hong	SMU	NT
6	291	Tan, Wisely	SIT	NT
7	46	Saravanaa, Thulasi	NYP	NT
8	347	Ho, Jun Ying	SP	NT
9	360	Su, Zhi Kai	SP	NT
10	246	Tay, Edward	RP	NT
11	206	Kuang, Joseph	NP	NT
12	111	Pua, Austin	NTU	NT
13	421	Chua Xuzhe, Lyndon	TP	NT

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## Event 307 Men Discus Throw Open

Sunday 8/1/2023 - 2:00 PM

IVP Record: 44.62m 2014 LANDDIS SU, NTU

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	345	Chia, Andy	SP	ND
2	395	Goh, Stephen	SUTD	ND
3	230	Chen, Sheng Teng	RP	ND
4	120	Zahid, Hilman	NTU	ND
5	178	Yee, Eric	NUS	ND
6	39	Lim, Xavier	NYP	ND
7	310	Low, Joel	SMU	ND
8	356	Neo, Zhan Quan	SP	ND
9	116	Tan, Ting Jun	NTU	ND
10	423	Ho Jian Wei, Raven	TP	ND
11	227	Bin Sheik Alau'ddin, Sheik Fayz	RP	ND
12	164	Low, Jonathan	NUS	ND
13	438	Toh Rui Bin, Matthew	TP	ND
<b>Alternates</b>				
1	361	Subba, Sugam	SP	ND
2	160	Lee, Chun Wan	NUS	ND
3	357	Poah, Joel	SP	ND

## Event 308 Women Triple Jump Open

Sunday 8/1/2023 - 2:00 PM

IVP Record: 11.75m 2013 NURUL JANNAH, NTU

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	72	Tan, Tse Teng	NTU	ND
2	18	Koh, Melanie	NYP	ND
3	194	Tan, Chloe	NP	ND
4	65	Lin, Erin	NTU	ND
5	143	Wee, Phoebe	NUS	ND
6	336	Tan, Jurnus	SP	ND
7	126	Koh, Jezebel	NUS	ND
8	339	Yu Jing, Sih	SP	ND
<b>Alternates</b>				
1	124	Chung, Ning Xin	NUS	ND
2	321	Chan, Ee Fang	SP	ND
3	328	Lam, Kristen	SP	ND

## Event 309 Women Pole Vault Open

Sunday 8/1/2023 - 2:00 PM

Pos	Comp#	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	140	Tham, Mei Shuen	NUS	NH
2	138	Tan, Marie	NUS	NH

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## Event 312 Men 400 Meter Hurdles Open

Sunday 8/1/2023 - 3:25 PM

IVP Record: 55.40 1989 LIM KOK HOON, NP

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
2	363	Tan, Ethan	SP	NT
3	183	Zhao, Wangbo	NUS	NT
4	285	Chua Wen Bin, Kenny	SIT	NT
5	28	Amir, Harith	NYP	NT
6	106	Ng, Samuel	NTU	NT
7	207	Lee, Yao Rong	NP	NT
8	390	Wong, Jing Jie	SUSS	NT
<b>Section 2 of 2 Timed Finals</b>				
2	150	Chiang, Luke	NUS	NT
3	89	Hashim, Iman	NTU	NT
4	31	Chong, Shing	NYP	NT
5	396	Hin, Shaun	SUTD	NT
6	196	Anandan, Shan	NP	NT
7	362	Tan, Danzel	SP	NT
<b>Alternates</b>				
1	115	Sow, Kaiser	NTU	NT
2	148	Chang, Jaden	NUS	NT
3	98	Lim, Aaron	NTU	NT

## Event 313 Women 400 Meter Hurdles Open

Sunday 8/1/2023 - 3:40 PM

IVP Record: 1:04.65 2012 T PIRIVAH, NTU

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	223	Misson Khoo, Tyeisha Rene	RP	NT
2	16	How, Nicole Shi Qing	NYP	NT
3	217	Ho, Zhi Xuan	RP	NT
4	145	Wong, Levyn	NUS	NT
5	320	Carino, Katherine	SP	NT
6	70	Tan, Clenyce	NTU	NT
7	121	Ang, Jia Yi	NUS	NT

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## Event 316 Women 5000 Meter Run Open

Sunday 8/1/2023 - 5:00 PM

IVP Record: 18:25.93 2022 LEE, VANESSA, NUS

Lane	Comp#	Name	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	375	Tan Yun Ru, Bernice	SUSS	NT
2	20	lim, Kimberly	NYP	NT
3	276	Leng, Tiffany	SIT	NT
4	301	Masand, Saniya Manoj	SMU	NT
5	405	Kandasamy, Logeshwari	TP	NT
6	222	Lye, Andrea	RP	NT
7	73	Tan, Yee Shian	NTU	NT
8	275	Lee, Yuen Yu	SIT	NT
9	415	Tan, Gisele	TP	NT
10	371	Lum, Jing Ya	SUSS	NT
11	19	Lee, Annette	NYP	NT
12	144	Wong, Cloey	NUS	NT
13	300	Loh, Cheyenne	SMU	NT
14	331	Min Yu, Ho	SP	NT
15	2	Sinead, Lim	ITE	NT
16	142	Toh, Ting Xuan	NUS	NT
17	338	Tan, Nerissa	SP	NT
18	59	Chin, Khar Ann	NTU	NT
19	254	Wong Hui Ting, Rachel	SIM	NT
<b>Alternates</b>				
1	323	Chiang, Ho Yi	SP	NT
2	68	Ng, Sherlene	NTU	NT
3	325	Goh, Hinata	SP	NT

## Event 317 Women 4x400 Meter Relay Open

Sunday 8/1/2023 - 5:30 PM

IVP Record: 4:01.28 2013 RP, RP

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
3		NATIONAL UNIVERSITY OF SINGA	A	NT
	1) #128 Liew, Bernice	2) #132 Ong, Emily	3) #122 Ang, Phoebe	4) #137 Tan, Elizabeth-Ann
	5) #121 Ang, Jia Yi	6) #145 Wong, Levyn		
4		NANYANG TECHNOLOGICAL UNI	A	NT
	1) #70 Tan, Clencyce	2) #63 Law, Phoebe Angeline	3) #80 Yuan Jing, Elsie	4) #69 Sam, Vanessa
	5) #66 Lum, Nicole	6) #62 Ho, Gwyneth		
5		SINGAPORE INSTITUTE OF MANA	A	NT
	1) #251 Sim Xi Qin, Flavia	2) #250 Lim Si Yi, Elise	3) #248 Anika Cinco Bernad, Jillian	4) #255 Yeh, Shaina
	5) #252 Surendran, Divya	6) #249 Fong Le Yi, Heidi		
6		NGEE ANN POLYTECHNIC	A	NT
	1) #189 Leong, Benedette	2) #191 Loo, Amanda	3) #188 Koo, Qian Er	4) #193 See, Danielle
7		TEMASEK POLYTECHNIC	A	NT
	1) #402 Chia Yong Yun, Ada	2) #404 Ho Ting Yin, Valencia	3) #414 Subramaniam, Reshma	4) #408 Lim Ean Bee, Gwendolyn Th
	5) #410 Low, Jie Ying	6) #418 Velicia, Tricia Widjaja		

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## Section 2 of 2 Timed Finals...(Event 317 Women 4x400 Meter Relay Open)

2	NANYANG POLYTECHNIC	A	NT
	1) #22 Ong, Ravlyn ZiYing 2) #12 Abdul Latiff, Erza Irdina Bte 3) #13 Asif, Neshana 4) #25 Tan yue min, Josephine		
	5) #15 Ho, Hillary Li Qin 6) #14 Goh, Yu Xuan		
3	REPUBLIC POLYTECHNIC	A	NT
	1) #223 Misson Khoo, Tyeisha Rene 2) #218 Janssen, Louisa Helena 3) #217 Ho, Zhi Xuan 4) #214 Cheah, Chloette		
	5) #221 Kok, Jin En		
4	SINGAPORE MANAGEMENT UNI	A	NT
	1) #296 Goh, Clara 2) #298 Lim, Kaye-lynn 3) #302 Ong, Crystal 4) #303 Tan, Rachel		
	5) #294 Chua, Geraldine 6) #301 Masand, Saniya Manoj		
5	SINGAPORE POLYTECHNIC	A	NT
	1) #322 Chee, Ming Hui 2) #329 Lim, Janelle 3) #335 Tan, Jacelyn 4) #320 Carino, Katherine		
	5) #326 Jing, Ong 6) #327 Khairunnisa, Putri		
6	SINGAPORE INSTITUTE OF TECHN	A	NT
	1) #274 Hia Jing Lin, Alicia 2) #273 Gan Kai-Lin, Steffi 3) #279 Yeo Shi Hui, Jazreel 4) #271 Enriquez, Roxanne Rose Zule		
	5) #275 Lee, Yuen Yu		
7	SINGAPORE UNIVERSITY OF SOCI	A	NT
	1) #367 Chong, Rachel 2) #371 Lum, Jing Ya 3) #374 Seet, Rachel 4) #373 Oh Shuyu, Zann		
	5) #375 Tan Yun Ru, Bernice 6) #370 Koh, Li Shuen		

## Event 318 Men 4x400 Meter Relay Open

Sunday 8/1/2023 - 5:55 PM

IVP Record: 3:23.18 2008 NUS, NUS

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
2		REPUBLIC POLYTECHNIC	A	NT
		1) #232 Kumar, Raam 2) #243 Soh, Zheng hong 3) #238 Muhammad, Faizal 4) #235 Mohamed, Shazmeer		
		5) #233 Lai, Yu Jie, Jedd Janus 6) #240 Ong, Yang Kai		
3		SINGAPORE INSTITUTE OF MANA	A	NT
		1) #263 Lee Weijie, Samuel 2) #268 Shi, DeKai 3) #257 Bin Kassim, Muhammad Haz4) #265 Ng, Jing Heng		
		5) #270 Tan Chong Ming, Darren 6) #267 Saw Cheng You, Amos		
4		NANYANG POLYTECHNIC	A	NT
		1) #36 Koh, Matthew xu en 2) #49 Thun, Xyrus 3) #40 Lim, Yong qi 4) #28 Amir, Harith		
		5) #54 Yip, zachary 6) #44 Ong, nigel		
5		NGEE ANN POLYTECHNIC	A	NT
		1) #198 Ang, Daven 2) #196 Anandan, Shan 3) #204 Heng, David 4) #208 Lim, Zi Dong		
6		SINGAPORE UNIVERSITY OF SOCI	A	NT
		1) #388 Tan Zheng Long, Aloysius 2) #380 Lim En Yu, Jerron 3) #383 Mani, Manoj 4) #384 Ng, Chung Liu		
		5) #389 Teo Yu Quan, Dominic 6) #387 Tan Wen Long, Jason		
7		NATIONAL UNIVERSITY OF SINGA	A	NT
		1) #161 Lim, Oliver 2) #174 Wahid, Syazani 3) #155 Clayton, Caleb 4) #150 Chiang, Luke		
		5) #173 Teow, Alphonsus 6) #183 Zhao, Wangbo		

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2	SINGAPORE INSTITUTE OF TECHN	A	NT
	1) #281 Bin Zainal, Muhammad Fazr2) #291 Tan, Wisely	3) #283 Chia, Zhi Hong	4) #284 Chia Wei En, Shawn
	5) #285 Chua Wen Bin, Kenny		
3	TEMASEK POLYTECHNIC	A	NT
	1) #435 Tan Shen Jie, Brian 2) #432 S Anish, Kumar	3) #429 Muhammad Amir, B Abdul J4) #421 Chua Xuzhe, Lyndon	
	5) #437 Teo Yi Shyan, Zeph 6) #422 De Silva, Dylan Michael		
4	SINGAPORE UNIVERSITY OF TECI	A	NT
	1) #396 Hin, Shaun 2) #397 Kaushal, Jyotit	3) #399 Kizhakke Chittadath, Abhijit	
5	SINGAPORE POLYTECHNIC	A	NT
	1) #346 Durairaj, Harieharan 2) #358 Prudencio, Jiro	3) #354 Liau, Fong Jun	4) #340 Amir, Syed
	5) #362 Tan, Danzel 6) #353 Li Heng, Chua		
6	NANYANG TECHNOLOGICAL UNI	A	NT
	1) #110 Praharsh, Ryan 2) #93 Koe, Ian	3) #104 Muhd, Hassan	4) #89 Hashim, Iman
	5) #114 Selvadason, Viknesh 6) #87 Dhiya'ulhaq, Adam		
7	SINGAPORE MANAGEMENT UNI	A	NT
	1) #311 Meyapan, Solaiy 2) #304 Ang, James	3) #315 Tan, Titus	4) #305 Au Yong, Seng Hong
	5) #308 Lian, Eugene 6) #317 Zamyatin, Daniil		