



83rd Singapore Open Track & Field Championships 2023
26, 27 & 28 Apr 2023, Singapore SportsHub

WEDNESDAY 26 APR 2023 (MORNING SESSION)					
Start Time	Time to Next Event	Participant	Event	Round	Category
8:30:00 AM	00:05:00	8	200m	Final	C Girls
8:35:00 AM	00:05:00	8	200m	Final	C Boys
8:40:00 AM	00:05:00	8	200m	Final	B Boys
8:45:00 AM	00:05:00	8	200m	Final	B Girls
8:50:00 AM	00:05:00	8	200m	Final	A Girls
8:55:00 AM	00:05:00	8	200m	Final	A Boys
9:00:00 AM	00:05:00	12	Pole Vault	Final	Girls Open (NSG)
9:05:00 AM	00:10:00	11	200m	Heats	Women Open
9:15:00 AM	00:15:00	18	200m	Heats	Men Open
9:30:00 AM	00:03:00	200m C Girls - Victory Ceremony			
9:33:00 AM	00:10:00	200m C Boys - Victory Ceremony			
9:43:00 AM	00:01:00	13	3000m Steeplechase	Final	A Boys
9:44:00 AM	00:03:00	200m B Girls - Victory Ceremony			
9:47:00 AM	00:03:00	200m B Boys - Victory Ceremony			
9:50:00 AM	00:15:00	200m A Girls - Victory Ceremony			
10:05:00 AM	00:02:00	16	2000m Steeplechase	Final	B Boys
10:07:00 AM	00:18:00	200m A Boys - Victory Ceremony			
10:25:00 AM	00:15:00	10	2000m Steeplechase	Final	A Girls
10:40:00 AM	00:03:00	3000m Steeplechase A Boys - Victory Ceremony			
10:43:00 AM	00:03:00	2000m Steeplechase B Boys - Victory Ceremony			
10:46:00 AM	00:03:00	2000m Steeplechase A Girls - Victory Ceremony			
10:49:00 AM	00:03:00	Pole Vault Girls Open (NSG) - Victory Ceremony			

WEDNESDAY 26 APR 2023 (AFTERNOON SESSION)					
Time	Time to Next Event	Event No.	Event	Round	Category
2:00:00 PM	00:17:00	9	110m Hurdles (1.067m)	Final	Men Open
2:17:00 PM	00:13:00	7	100m Hurdles (0.838m)	Final	Women Open
2:30:00 PM	00:00:00	9	Pole Vault	Final	A Boys
2:30:00 PM	00:00:00	3	Javelin Throw (HOA)	Final	Men Open
2:30:00 PM	00:05:00	8	100m	Final	Para Girls
2:35:00 PM	00:05:00	6	100m	Final	Para C Boys
2:40:00 PM	00:05:00	5	100m	Final	Para B Boys
2:45:00 PM	00:05:00	4	100m	Final	Para A Boys
2:50:00 PM	00:25:00	25	4x400m	Heats	C Girls
3:15:00 PM	00:03:00	110m Hurdles Men - Victory Ceremony			
3:18:00 PM	00:03:00	100m Hurdles Women - Victory Ceremony			
3:21:00 PM	00:03:00	100m Para Girls - Victory Ceremony			
3:24:00 PM	00:03:00	100m Para C Boys - Victory Ceremony			
3:27:00 PM	00:03:00	100m Para B Boys - Victory Ceremony			
3:30:00 PM	00:05:00	100m Para A Boys - Victory Ceremony			
3:35:00 PM	00:25:00	30	4x400m	Heats	C Boys
4:00:00 PM	00:00:00	7	Shot Put (HOA)	Final	Men Open
4:00:00 PM	00:03:00	1	Shot Put (HOA)	Final	Men Para
4:03:00 PM	00:00:00	7	Long Jump	Final	Men Open
4:03:00 PM	00:02:00	1	Long Jump	Final	Men Para
4:05:00 PM	00:30:00	28	4x400m	Heats	B Girls
4:35:00 PM	00:38:00	35	4x400m	Heats	B Boys
5:13:00 PM	00:18:00	11	4x400m	Heats	A Girls
5:31:00 PM	00:01:00	14	4x400m	Heats	A Boys
5:32:00 PM	00:00:00	7	Long Jump	Final	Women Open
5:32:00 PM	00:03:00	Javelin Throw Men - Victory Ceremony			
5:35:00 PM	00:03:00	Pole Vault A Boys - Victory Ceremony			
5:38:00 PM	00:02:00	Long Jump Men - Victory Ceremony			
5:40:00 PM	00:03:00	Long Jump Men Para - Victory Ceremony			
5:43:00 PM	00:02:00	Shot Put Men - Victory Ceremony			
5:45:00 PM	00:04:00	Shot Put Men Para - Victory Ceremony			
5:49:00 PM	00:05:00	9	200m	Final	Men Open
5:54:00 PM	00:07:00	9	200m	Final	Women Open

6:01:00 PM	00:05:00	4	5000m	Final	Women Open
6:06:00 PM	00:03:00	200m Men - Victory Ceremony			
6:09:00 PM	00:15:00	200m Women - Victory Ceremony			
6:24:00 PM	00:14:00	14	5000m	Final	Men Open
6:38:00 PM	00:03:00	Long Jump Women - Victory Ceremony			
6:41:00 PM	00:04:00	5000m Women - Victory Ceremony			
6:45:00 PM	00:05:00	9	800m	Final	Women Open
6:50:00 PM	00:10:00	16	800m	Heats	Men Open
7:00:00 PM	00:03:00	5000m Men - Victory Ceremony			
7:03:00 PM	00:03:00	800m Women - Victory Ceremony			
7:06:00 PM	00:03:00	800m Men - Victory Ceremony			

THURSDAY 27 APR 2023 (MORNING SESSION)					
Start Time	Time to Next Event	Participant	Event	Round	Category
8:30:00 AM	00:00:00	23	Triple Jump	Final	B Girls
8:30:00 AM	00:00:00	4	10000m Race Walk	Final	Women Open
8:30:00 AM	01:15:00	5	10000m Race Walk	Final	Men Open
9:45:00 AM	00:15:00	10	5000m Race Walk	Final	A Boys
10:00:00 AM	00:03:00	10000m Race Walk Women - Victory Ceremony			
10:03:00 AM	00:03:00	10000m Race Walk Men - Victory Ceremony			
10:06:00 AM	00:13:00	Discus Throw Women - Victory Ceremony			
10:19:00 AM	00:05:00	13	3000m Race Walk	Final	A Girls
10:24:00 AM	00:03:00	Triple Jump B Girls - Victory Ceremony			
10:27:00 AM	00:13:00	5000m Race Walk A Boys - Victory Ceremony			
10:40:00 AM	00:05:00	6	Discus Throw (HOA)	Final	Men Open
10:45:00 AM	00:10:00	14	400m	Heats	Women Open
10:55:00 AM	00:15:00	25	400m	Heats	Men Open
11:10:00 AM	00:13:00	3000m Race Walk A Girls - Victory Ceremony			
11:23:00 AM	00:05:00	8	200m Hurdles	Final	C Girls
11:28:00 AM	00:05:00	8	200m Hurdles	Final	C Boys
11:33:00 AM	00:03:00	200m Hurdles C Girls - Victory Ceremony			
11:36:00 AM	00:03:00	200m Hurdles C Boys - Victory Ceremony			
11:39:00 AM	00:03:00	Discus Throw Men - Victory Ceremony			

THURSDAY 27 APR 2023 (AFTERNOON SESSION)					
Start Time	Time to Next Event	Participant	Event	Round	Category
2:00:00 PM	00:00:00	7	High Jump	Final	Women Open
2:30:00 PM	00:00:00	9	Pole Vault	Final	C Boys
2:30:00 PM	00:15:00	2	4 x 100m	Final	Mixed Open
2:45:00 PM	00:05:00	9	400m	Final	Women Open
2:50:00 PM	00:10:00	9	400m	Final	Men Open
3:00:00 PM	00:08:00	9	1500m	Final	Women Open
3:08:00 PM	00:08:00	8	1500m	Final	Men Open
3:16:00 PM	00:03:00	4x100m Mixed - Victory Ceremony			
3:19:00 PM	00:02:00	400m Women - Victory Ceremony			
3:21:00 PM	00:02:00	400m Men - Victory Ceremony			
3:23:00 PM	00:05:00	High Jump Women - Victory Ceremony			
3:28:00 PM	00:09:00	16	1500m	Final	C Girls
3:37:00 PM	00:01:00	16	1500m	Final	C Boys
3:38:00 PM	00:03:00	1500m Men - Victory Ceremony			
3:41:00 PM	00:05:00	1500m Women - Victory Ceremony			
3:46:00 PM	00:08:00	16	1500m	Final	B Girls
3:54:00 PM	00:06:00	13	1500m Race Walk	Final	C Girls
4:00:00 PM	00:10:00	4	High Jump	Final	Men Open
4:10:00 PM	00:01:00	14	1500m Race Walk	Final	B Girls
4:11:00 PM	00:03:00	1500m C Girls - Victory Ceremony			
4:14:00 PM	00:03:00	1500m B Girls - Victory Ceremony			
4:17:00 PM	00:09:00	1500m C Boys - Victory Ceremony			
4:26:00 PM	00:08:00	16	1500m Race Walk	Final	C Boys
4:34:00 PM	00:03:00	1500m Race Walk C Girls - Victory Ceremony			
4:37:00 PM	00:05:00	1500m Race Walk B Girls - Victory Ceremony			
4:42:00 PM	00:03:00	16	3000m Race Walk	Final	B Boys
4:45:00 PM	00:10:00	4	Triple Jump	Final	Women Open
4:55:00 PM	00:14:00	1500m Race Walk C Boys - Victory Ceremony			

5:09:00 PM	00:05:00	5	10,000m	Final	Women Open
5:14:00 PM	00:01:00	3000m Race Walk B Boys - Victory Ceremony			
5:15:00 PM	00:37:00	Pole Vault C Boys - Victory Ceremony			
5:52:00 PM	00:03:00	Triple Jump Women - Victory Ceremony			
5:55:00 PM	00:05:00	High Jump Men - Victory Ceremony			
6:00:00 PM	00:10:00	7	Triple Jump	Final	Men Open
6:10:00 PM	00:39:00	10000m Women - Victory Ceremony			
6:49:00 PM	00:03:00	Triple Jump Men - Victory Ceremony			

FRIDAY 28 APR 2023 (MORNING SESSION)					
Time	Time to Next Event	Event No.	Event	Round	Category
8:30:00 AM	00:30:00	8	10,000m	Final	Men Open
9:00:00 AM	00:10:00	5	Pole Vault	Final	Women Open
9:10:00 AM	00:25:00	34	100m	Heats	Men Open
9:35:00 AM	00:15:00	12	800m	Final	Men Open
9:50:00 AM	00:10:00	5	400m Hurdles	Final	Men Open
10:00:00 AM	00:15:00	3	400m Hurdles	Final	Women Open
10:15:00 AM	00:03:00	10000m Men - Victory Ceremony			
10:18:00 AM	00:03:00	400m Hurdles Women - Victory Ceremony			
10:21:00 AM	00:10:00	400m Hurdles Men - Victory Ceremony			
10:31:00 AM	00:05:00		100m (35+)	Timed Final	Women Masters (35+)
10:36:00 AM	00:20:00		100m (35+)	Timed Final	Men Masters (35+)
10:56:00 AM	00:10:00	23	100m	Heats	Women Open
11:06:00 AM	00:15:00	18	100m	Semi Finals	Men Open
11:21:00 AM	00:03:00	Pole Vault Women - Victory Ceremony			
11:24:00 AM	00:10:00	100m Women Masters (35+) - Victory Ceremony			
11:34:00 AM	00:20:00	100m Men Masters (35+) - Victory Ceremony			

FRIDAY 28 APR 2023 (AFTERNOON SESSION)					
Time	Time to Next Event	Event No.	Event	Round	Category
1:50:00 PM	00:05:00	9	100m	Final	Women Open
1:55:00 PM	00:05:00	9	100m	Final	Men Open
2:00:00 PM	00:05:00	8	100m	Final	C Girls
2:05:00 PM	00:05:00	8	100m	Final	B Girls
2:10:00 PM	00:05:00	8	100m	Final	A Girls
2:15:00 PM	00:01:00	9	Pole Vault	Final	Men Open
2:16:00 PM	00:03:00	100m Women - Victory Ceremony			
2:19:00 PM	00:03:00	100m Men - Victory Ceremony			
2:22:00 PM	00:03:00	100m C Girls - Victory Ceremony			
2:25:00 PM	00:03:00	100m B Girls - Victory Ceremony			
2:28:00 PM	00:05:00	100m A Girls - Victory Ceremony			
2:33:00 PM	00:02:00	18	High Jump	Final	B Boys
2:35:00 PM	00:05:00	8	100m	Final	C Boys
2:40:00 PM	00:05:00	8	100m	Final	B Boys
2:45:00 PM	00:03:00	8	100m	Final	A Boys
2:48:00 PM	00:03:00	100m C Boys - Victory Ceremony			
2:51:00 PM	00:03:00	100m B Boys - Victory Ceremony			
2:54:00 PM	00:05:00	100m A Boys - Victory Ceremony			
2:59:00 PM	00:07:00	16	1500m	Final	B Boys
3:06:00 PM	00:08:00	16	1500m	Final	A Girls
3:14:00 PM	00:07:00	16	1500m	Final	A Boys
3:21:00 PM	00:06:00	3	4 x 100m	Timed Final	Women Open
3:27:00 PM	00:06:00	6	4 x 100m	Timed Final	Men Open
3:33:00 PM	00:06:00	9	4 x 100m	Final	C Girls
3:39:00 PM	00:06:00	9	4 x 100m	Final	B Girls
3:45:00 PM	00:06:00	9	4 x 100m	Final	A Girls
3:51:00 PM	00:06:00	9	4 x 100m	Final	C Boys
3:57:00 PM	00:06:00	9	4 x 100m	Final	B Boys
4:03:00 PM	00:04:00	9	4 x 100m	Final	A Boys
4:07:00 PM	00:03:00	Pole Vault Men - Victory Ceremony			
4:10:00 PM	00:03:00	1500m B Boys - Victory Ceremony			
4:13:00 PM	00:03:00	1500m A Girls - Victory Ceremony			
4:16:00 PM	00:05:00	1500m A Boys - Victory Ceremony			
4:21:00 PM	00:07:00	6	4 x 400m	Final	Men Open

4:28:00 PM	00:08:00	9	4 x 400m	Final	C Girls
4:36:00 PM	00:08:00	9	4 x 400m	Final	B Girls
4:44:00 PM	00:08:00	9	4 x 400m	Final	A Girls
4:52:00 PM	00:07:00	9	4 x 400m	Final	C Boys
4:59:00 PM	00:07:00	9	4 x 400m	Final	B Boys
5:06:00 PM	00:07:00	9	4 x 400m	Final	A Boys
5:13:00 PM	00:03:00	4x100m Women - Victory Ceremony			
5:16:00 PM	00:03:00	4x100m Men - Victory Ceremony			
5:19:00 PM	00:03:00	4x400m Men - Victory Ceremony			
5:22:00 PM	00:03:00	High Jump B Boys - Victory Ceremony			
5:25:00 PM	00:04:00	4x100 Schools C Girls - Victory Ceremony			
5:29:00 PM	00:04:00	4x100 Schools C Boys - Victory Ceremony			
5:33:00 PM	00:04:00	4x100 Schools B Girls - Victory Ceremony			
5:37:00 PM	00:04:00	4x100 Schools B Boys - Victory Ceremony			
5:41:00 PM	00:04:00	4x100 Schools A Girls - Victory Ceremony			
5:45:00 PM	00:04:00	4x100 Schools A Boys - Victory Ceremony			
5:49:00 PM	00:04:00	4x400 Schools C Girls - Victory Ceremony			
5:53:00 PM	00:04:00	4x400 Schools C Boys - Victory Ceremony			
5:57:00 PM	00:04:00	4x400 Schools B Girls - Victory Ceremony			
6:01:00 PM	00:04:00	4x400 Schools B Boys - Victory Ceremony			
6:05:00 PM	00:04:00	4x400 Schools A Girls - Victory Ceremony			
6:09:00 PM	00:04:00	4x400 Schools A Boys - Victory Ceremony			
6:13:00 PM	00:04:00	C Division Girls Championships - Victory Ceremony			
6:17:00 PM	00:04:00	C Division Boys Championships - Victory Ceremony			
6:21:00 PM	00:04:00	B Division Girls Championships - Victory Ceremony			
6:25:00 PM	00:04:00	B Division Boys Championships - Victory Ceremony			
6:29:00 PM	00:04:00	A Division Girls Championships - Victory Ceremony			
6:33:00 PM	00:04:00	A Division Boys Championships - Victory Ceremony			
6:37:00 PM	00:03:00	Singapore National Anthem			