



# 83<sup>RD</sup> SINGAPORE OPEN TRACK & FIELD CHAMPIONSHIPS 2023

26 – 28 APRIL 2023  
SINGAPORE SPORTS HUB

Organized By



In Support of Sport Promotion



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Track & Field Championships 2023  
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## **A Message from The President**

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Dear athletes, coaches, officials and members of the athletics fraternity,

It is with great pleasure and excitement that I welcome you to the 83<sup>rd</sup> Singapore Open Track and Field Championships 2023.

The Singapore Open has a long and rich history, growing from strength to strength throughout the years, and we are pleased to see this event return to the Singapore National Stadium, a premier facility that has hosted many world-class sporting events. This year, the event will once again be combined with the National Schools Track and Field Championships for a Season of Athletics spectacle and we hope such experiences with elite international and local competitors will inspire our school athletes to be future stars of our sport.

We are pleased to welcome over 100 athletes and officials from 9 neighbouring countries. My sincere gratitude for your continued support and we look forward to the friendly competition helping to raise the standard of athletics in our region.

As we look ahead to an exciting slate of major competitions in the coming months, the 2023 Singapore Open will also be the final tune-up for many of our athletes competing at the Cambodia SEA Games in May. This competition also falls into the qualifying window for this year's Asian Games in Hangzhou, China, and I hope that our South-East Asian athletes will be well represented there.

Lastly, I wish you all the very best for your competition and to our friends from overseas, may you have a wonderful stay in Singapore.

Lien Choong Luen,  
President, Singapore Athletics



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## **Singapore Athletics Board**

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President	:	Mr. Lien Choong Luen
Vice-President (Competitions Organising)	:	Mr. Jason Wong
Vice-President (Training & Selection)	:	Mr. Lin Jintao Arthur
Vice-President (Finance & Partnership)	:	Ms. Marinda Teo Hway Gee
Honorary Secretary	:	Mr. Ang Kim Hwa Kelvin
Honorary Treasurer	:	Ms. Neo Peck Hwee, Belinda
Honorary Assistant Secretary	:	Mr. Chen Siyuan
MC, Ordinary Member	:	Mr. Eugene Lim
MC, Ordinary Member	:	Mr. Jonathan Tan Liong
Athletes' Commission Representative	:	Ms. Eileen Chai
Appointed Board Members	:	Ms Kelly Fan
	:	Dr. Chew Min Hoe
	:	Mr. Romell Song

## **Competitions Organising Committee**

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Chairman	:	Mr. Jason Wong
Members	:	Mr. Melvin Lau
		Ms. Choo Sau Mei
		Mr. Ong Bok Leong
		Mr. Nicholas Tey
		Mr. Yap Choon Hoe
		Mr. Leon Lim
		Mr. Shalindran Sathiyanesan
		Ms. Wendy Tan
		Mr. Nelson Tan
		Ms. Carine Attan



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## **Technical Officials**

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Technical Delegate:	Wong Tien Choy	
Competition Director:	Jason Wong	
Meet Manager:	Melvin Lau Joo Koon	
Assistant Meet Manager:	Carine Attan	
Technical Manager (NST):	Wendy Tan Syed Nasiruddin	Choo Sau Mei
Technical Manager (HOA):	Sim Poh Jiang Andy	Guan Kiat
Chief Starter:	Jayalaxmi Mylvaganam	Seah Yong Seng Edison
Starters, Recallers & Starters' Assistants	Tan Boonyee S.S.Barathan	Mohamed Abdullah
Referee Call Room 1:	Ramamoorthy S/O Ramanaidu	
Chief Call Room 1:	Sathiyanesan	
Call Room 1 Judges:	Devi Sambandan May Lim	Norsidah @ Sheila
Referee Call Room 2:	Chan Kam Hung	
Chief Call Room 2:	Rajandran Krishnan	
Call Room 2 Judges:	Joyce, Yoke Chiew Fenny Veranika	Nallakaruppan Yang Dan
Referee Track:	Wong Sin Min Eric	
Chief Track:	Ng Peng Joe	
Lap Recorders Position Judges Umpires & Timekeepers	A T Lingam David Lawe Poh Sim Tan Mohamad Amrin Jo Lene Leow Chiueh Eyen Saravanan Shunmugavel	Andrew Ng Suhaila sulaiman Steven Ho Pranjul Agarwal Gigih Eko Setiawan Christopher Sum Ng Weng Cheong



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Referee Field:	Yap Choon Hoe Joe Erwin Wong	Lee Ewe Choon Ho Shiu Kei, James
Chief Field Judges:	Choon lee Liew Muthaiyan Thambidurai	Debbie Choo Peng Yuen (Vincent)
Field Judges:	Derrick Foo Martina D'Cruz Mohammed Yasar Chiueh Eyen Srivijay Vengadarajan	Ming Foong Mee Yoon Ching Ernest Tan Paulna Tan
Competition Secretary:	Nelson Tan	
Chief Photo Finish Judge:	Shahrudin	
Photo Finish & Result Management	Yan Rui Lim Felix Tan Clenyce Tan	Sumika Gurung
Technical Info Centre:	Sivapillai Rajoo	
Event Presentation / VC:	Matt Chan	



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## Technical Meeting, Welcome Dinner, Training Dates

Date	Time		
<b>Monday, 24<sup>th</sup> April</b>	1500hrs - 1700hrs	Training *	Home of Athletics (HOA)
<b>Tuesday, 25<sup>th</sup> April</b>	0800hrs - 1000hrs	Training *	HOA / National Stadium
	1000hrs – 1130hrs	Technical Meeting *	National Stadium (Media Conference Room)
	1500hrs - 1700hrs	Training *	HOA / National Stadium
	1900hrs – 2130hrs	Welcome Dinner	Official Hotel Grand Mercure Singapore Roxy 50 East Coast Road, Marine Parade Rd, Roxy Square, 428769
<b>Wednesday, 26<sup>th</sup> April</b>	0830hrs – 1800hrs	Competition Day 1	National Stadium (Run & Jump) Home of Athletics (Throw)
<b>Thursday, 27<sup>th</sup> April</b>	0830hrs – 1800hrs	Competition Day 2	National Stadium (Run & Jump) Home of Athletics (Throw)
<b>Friday, 28<sup>th</sup> April</b>	0830hrs – 1800hrs	Competition Day 3	National Stadium (Run & Jump) Home of Athletics (Throw)

\*Refer to transport schedule (page 31) for pick-up time



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## **Submission of Implements**

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Submission of implements to be one day earlier

<b>Submission Date</b>	<b>Submission Time</b>	<b>Venue</b>	<b>Remarks</b>
25 <sup>th</sup> April	8am – 11am 3pm – 6pm	Home of Athletics (Store)	For Events happening on 26 <sup>th</sup> April
26 <sup>th</sup> April	7am – 11am 1pm – 4pm	Home of Athletics (Store)	For Events happening on 27 <sup>th</sup> April
27 <sup>th</sup> April	7am – 11am 1pm – 4pm	National Stadium / Home of Athletics (Store)	For Events happening on 28 <sup>th</sup> April



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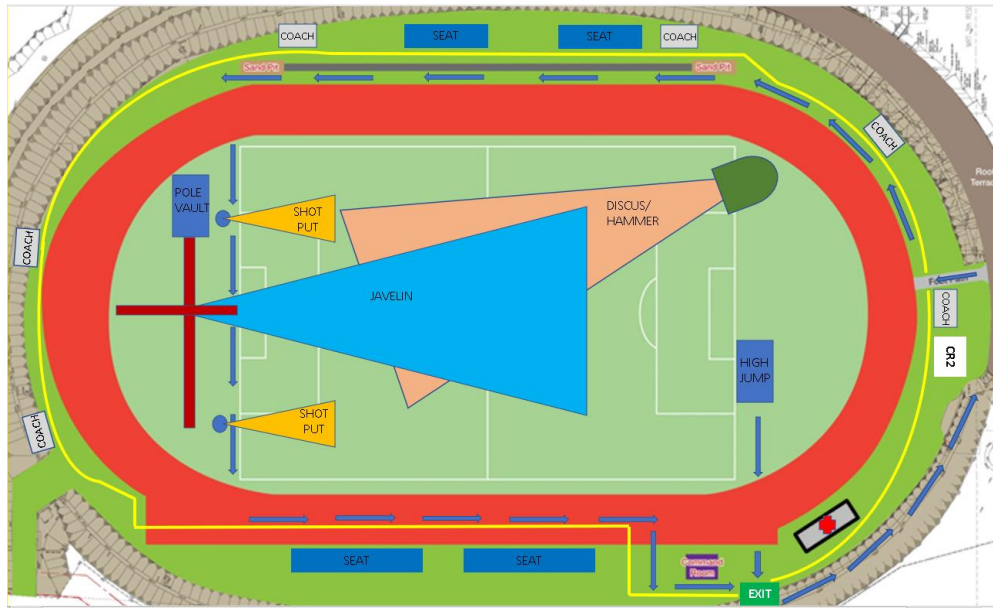
## Competition Rules & Regulations

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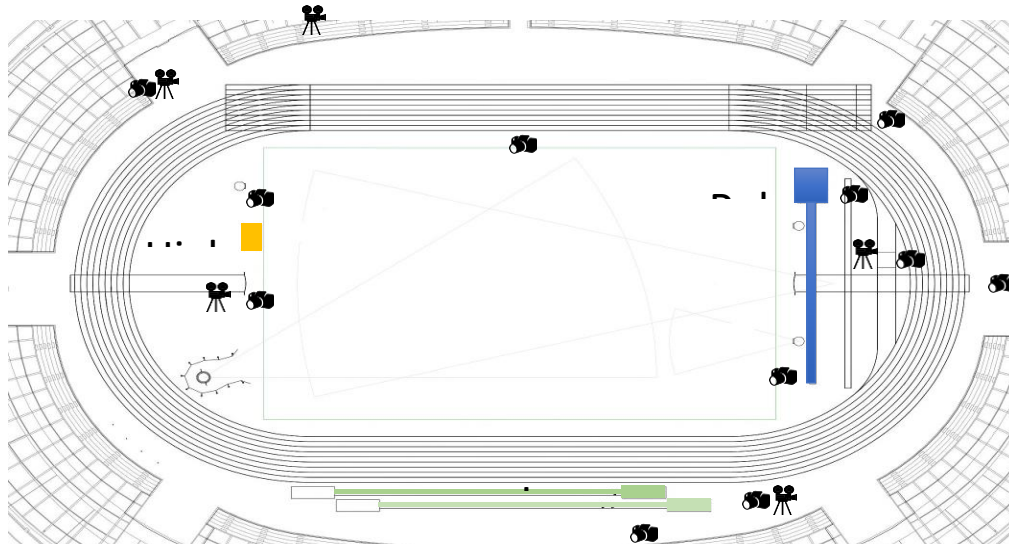
1. Event with less than three (3) entries received at the closing date will be cancelled
2. The athlete must indicate his/her season & personal best performance in the entry form
3. The athlete is allowed to represent only 1 team for the event/events he/she participates in
4. Start list timing is to be used as a guide only, athletes and team manager are responsible to check the reporting timing of their event and report to the call room accordingly
5. The start list can be download from <http://www.singaporeathletics.org.sg/>. Results can be view online at <http://tnf.sg/>
6. Please collect the number tags from the SAA Administration Counter at the competition venue at least 90 mins before the session
7. **PROTEST AND APPEAL**
  - Protest concerning the results or conduct of the event shall be made **30 MINS** within the official announcement/published of the result
  - Protest can be made orally to the referee by an athlete or team manager of the team
  - Appeal concerning the results or conduct of the event shall be made **30 MINS** within the official announcement/published of the result
  - An appeal shall be in writing, signed by the athlete and the team manager or in charge accompanied by a deposit of **\$150.00SGD** or equivalent, which will be forfeited if an appeal is not successful. If the appeal is upheld the deposit will be returned in full
8. **VENUE ACCESS**
  - Coaches are allowed to access the venue in **HOA**, but do not enter the D area, track lanes during competition, call room and warm up area at the home stretch
  - Parents and family members are not allowed to access the call room, enter the D area or track lanes during competition



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- Coaches, Parents and family members are not allowed to access the field of play in **Sportshub**, coaches with accreditation pass are allow to access seating area near the respective field event in Sportshub.







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	<b>REPORT TO CALL ROOM 1</b>
<b>TRACK EVENTS</b>	30 minutes before the start of the event
<b>HORIZONTAL JUMPS &amp; THROWS</b>	40 minutes before the start of the event
<b>POLE VAULT</b>	90 minutes before the start of the event
<b>HIGH JUMP</b>	60 minutes before the start of the event

#### 9. TRACK EVENTS

- Should the athlete feel uncomfortable after warm up, he/she should inform Call Room Judge immediately to withdraw from the event
- The athlete **will not** be allowed to compete if he/ she reports to the Starter directly without first reporting to the Call Room Judge
- Athletes who report late to the call room will not be allowed to participate in the event
- The athlete can choose to use a personal starting block if they do not want to use the starting block provided, they will need to submit it to the Technical Manager 1 hour before the event and collect it back after the event
- Failure to participate TR 4.4 will be strictly applied, affected athlete will not be able to participate in the rest of the competition event including relay:
  - i. An athlete qualified in any Qualification Round of an event for further participation in that event but then failed to participate further
  - ii. An athlete failed to compete honestly with bona fide effort
  - iii. A medical certificate, provided by and based on an examination of the athlete on the day by the doctor is required for the athlete to participate in their next event

#### 10. FIELD EVENTS

- Personal throw implement must submit to Technical Manager for inspection the day before the event start
- Personal throwing implements used shall be shared by other competitors, if they desire during competition.



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- Failure to participate TR 4.4 will be strictly applied, affected athlete will not be able to participate in the rest of the competition event including relay:
  - i. An athlete qualified in any Qualification Round of an event for further participation in that event but then failed to participate further
  - ii. An athlete failed to compete honestly with bona fide effort
  - iii. A medical certificate, provided by and based on an examination of the athlete on the day by the doctor is required for the athlete to participate in their next event

**15. ATTIRE**

- Participants must wear their team colors. Numbers must be worn on the front and back of the attire.
- For high jump and pole vault, it is permissible to wear on number either on the front or back. Every competitor shall be provided with two number bibs, during the competition shall be worn visibly on the chest and back, except jumping events where one number bib may be worn on the chest or back only.

**16. SHOES**

- The ruling applies to all events across all age groups, the practical difficulties in checking shoes at many events make it probable that detailed checks will only be carried out where Technical Officials or event organizers have doubts about the compliance of the footwear of an athlete, or where such reasonable doubts are brought to their attention.
- Primary responsibility for conformity lies with the athlete. Spot checks may be carried out.
- The list of currently approved shoes can be found at:  
[https://www.worldathletics.org/download/download?filename=d881cb47-abe6-4607-93c6-1e5419ba21c3.pdf&urlslug=World%20Athletics%20Approved%20Shoe%20List%20\(as%20at%2010%20February%202023\)](https://www.worldathletics.org/download/download?filename=d881cb47-abe6-4607-93c6-1e5419ba21c3.pdf&urlslug=World%20Athletics%20Approved%20Shoe%20List%20(as%20at%2010%20February%202023))
- The Referee and Technical Officials on duty at the event will be responsible for applying the rule. This may be through observation, spot checking, checking through a Call Room or by protest from other competitors.
- At events where a Call Room is being operated then all checks will be conducted in the Call Room. At other events the Referee and other Technical Officials will take the responsibility to conduct checks, largely determined by observation and protest lodged by other competitors.
- The first check will be to see if the model in question is included on the WA lists of compliant and non-compliant shoes. If that does not resolve the check then it will be necessary to examine the shoe and measure the thickness of the sole.
- The table below shows the thickness of sole currently allowed across the complete range of athletics events.



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- To ensure that the most up to date guidance and rulings are followed then check the WA website at: [https://www.worldathletics.org/download/download?filename=d881cb47-abe6-4607-93c6-1e5419ba21c3.pdf&urlslug=World%20Athletics%20Approved%20Shoe%20List%20\(as%20at%2010%20February%202023\)](https://www.worldathletics.org/download/download?filename=d881cb47-abe6-4607-93c6-1e5419ba21c3.pdf&urlslug=World%20Athletics%20Approved%20Shoe%20List%20(as%20at%2010%20February%202023))

Event	Max thickness of the sole	Further rule requirements
Field events (except triple jump)	20mm	Applies to all throwing events and vertical and horizontal jumping events, except triple jump. For all field events the sole at the centre of athlete's forefoot must not be higher than the sole at the centre of the athlete's heel
Triple jump	25mm	The sole at the centre of the athlete's forefoot must not be higher than the sole at the centre of the athlete's heel
Track events (including Hurdles events) up to but not including 800m	20mm	For relays the rule applies to the distance of the leg being run by each athlete
Track events from 800m and above (including steeplechase events)	25mm	For relays the rule applies to the distance of the leg run by each athlete. For race walking events the maximum thickness of the sole is the same as that for road events
Road events (Running and Race Walking events)	40mm	
Cross country	25mm	



## Competition Formats

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<b>High Jump (Men)</b>	
Practice Height	1.85m onwards
Competition heights	1.85m, 1.90m, 1.95m, 1.99m, 2.03m, 2.06m, 2.09m + 2cm thereafter
<b>High Jump (Women)</b>	
Practice Height	1.45m onwards
Competition heights	1.45m, 1.50m, 1.55m, 1.60m, 1.64m, 1.68m, 1.72m, 1.75m, 1.78m + 2cm thereafter
<b>Pole Vault (Men)</b>	
Practice Height	4.30m onwards
Competition heights	4.30m, 4.50m, 4.60m, 4.70m, 4.80m, 4.90m + 5cm thereafter
<b>Pole Vault (Women)</b>	
Practice Height	2.80 onwards
Competition heights	2.80m, 3.00m, 3.20m, 3.40m, 3.50m, 3.60m, 3.70m, 3.80m + 5cm thereafter
<b>Shot Put, Discus &amp; Javelin</b>	
Competition formats	3 + 3 Trials (athletes will have 3 trials. Top 8 results shall be allowed additional 3 trials)
<b>Long Jump &amp; Triple Jump</b>	
Board	Men: 13.00m Women: 11.00m
Competition formats	3 + 3 Trials (athletes will have 3 trials. Top 8 results shall be allowed additional 3 trials)



## Competition Implements

### Discus 1KG

	COMPANY	COUNTRY	DESCRIPTION	COLOUR	QTY
1	Nordic Sport	SWE	Discus 1kg, Viking Glassfiber	Red	2
2	ATE	USA	Discus 1kg, Slo Spin	Red	1
3	Nelco	USA	Discus 1kg, Super Spin	Blue	3
4	Nelco		Discus 1kg, Super Spin	Black	1
5	Polanik	POL	Discus 1kg, Competition Plastic	Blue	1
6	Vinex		Discus 1kg, Hyper Spin	Orange	1

### DISCUS 2KG

	COMPANY	COUNTRY	DESCRIPTION	COLOUR	QTY
1	Vinex	SWE	Discus 2kg,	Red	3
2	Vinex	USA	Discus 2kg, Hyper Spin	Orange	1
3	Nordic Sport	USA	Discus 2kg, discus gold	Yellow	2
4	Nordic Sport	POL	Discus 2kg, Viking Glassfiber	Red	2
5	Gill		Discus 2kg, Pacer	Black	1
6	Vinex		Discus 2kg,	Blue	1
7	Polanik		Discus 2kg, Competition Plastic	Blue	1

### SHOT PUT 4KG

	COMPANY	COUNTRY	DESCRIPTION	COLOUR	QTY
1		SWE	Shot 4kg, steel, dia: 95mm	Silver	4
2	Nordic Sport	USA	Shot 4kg, steel, dia: 103mm	Silver	1
3	Nordic Sport	POL	Shot 4kg- diameter 100mm	Silver	1
4		POL	Shot 4kg- diameter 109mm	Silver	2
5		POL	Shot 4kg- diameter 95mm	Gold	2
6	Nordic Sport	POL	Shot 4kg- diameter 95mm	Gold	1

### SHOT PUT 7.26KG

	COMPANY	COUNTRY	DESCRIPTION	COLOUR	QTY
1	Nordic Sport	SWE	Shot 7.26kg, Stainless Steel, diameter 125mm	Silver	1
2	Nordic Sport		Shot 7.26kg, diameter 125mm	Black	2
3	Polanik	USA	Shot 7.26kg, Steel, diameter 128mm	Yellow	1
4	Nelco	POL	Shot 7.26kg, Gold, Brass, diameter 110mm	Gold	4





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**JAVELIN 600G**

	COMPANY	COUNTRY	DESCRIPTION	COLOUR	QTY
1	Nordic Sport	SWE	Javelin 600g, Viking, flex 11.1	Silver	5
2	OTE	SWE	Javelin 600g, 70m	Purple	2
3	Nordic Sport		Javelin 600g, Diana Carbon, flex 5.3	White	2
4	Nordic Sport		Javelin 600g, Olympia, flex 5.9	White, Green	1
5	Polanik		Javelin 600g, Air Flyer, 60m		1
6	Polanik	POL	Javelin 600g, Air Flyer, 70m		1
7	Nordic Sport		Javelin 600g, Viking, flex 11.1 Metall Alloy		2

**JAVELIN 800G**

	COMPANY	COUNTRY	DESCRIPTION	COLOUR	QTY
1	Nordic Sport	SWE	Javelin 800g, Champion Carbon Flex 4.8,	White, Lilac Spiral	2
2	Nordic Sport	SWE	Javelin 800g, Orbit Carbon Flex 5.0	White, Blue Spiral	2
3	Nordic Sport		Javelin 800g, Viking, flex 10.4	Silver	4
4	Nordic Sport		Javelin 800g, Viking, Metally Alloy		1
5	Vinex		Javelin 800g, 70m		1
6	Polanik		Javelin 800g, Sky Challenger 80m		1
7	Polanik		Javelin 800g, Air Flyer 60m		1
8	Unknown	POL	Javelin 800g,		1



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## Competition Schedule (Day 1)

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WEDNESDAY 26 APR 2023 (MORNING SESSION)				
Start Time	Participant	Event	Round	Category
8:30:00 AM	8	200m	Final	C Girls
8:35:00 AM	8	200m	Final	C Boys
8:40:00 AM	8	200m	Final	B Boys
8:45:00 AM	8	200m	Final	B Girls
8:50:00 AM	8	200m	Final	A Girls
8:55:00 AM	8	200m	Final	A Boys
9:00:00 AM	12	Pole Vault	Final	Girls Open (NSG)
9:05:00 AM	12	200m	Heats	Women Open
9:15:00 AM	21	200m	Heats	Men Open
9:30:00 AM	200m C Girls - Victory Ceremony			
9:33:00 AM	200m C Boys - Victory Ceremony			
9:43:00 AM	13	3000m Steeplechase	Final	A Boys
9:44:00 AM	200m B Girls - Victory Ceremony			
9:47:00 AM	200m B Boys - Victory Ceremony			
9:50:00 AM	200m A Girls - Victory Ceremony			
10:05:00 AM	16	2000m Steeplechase	Final	B Boys
10:07:00 AM	200m A Boys - Victory Ceremony			
10:10:00 AM	10	2000m Steeplechase	Final	A Girls
10:25:00 AM	3000m Steeplechase A Boys - Victory Ceremony			
10:28:00 AM	2000m Steeplechase B Boys - Victory Ceremony			
10:31:00 AM	2000m Steeplechase A Girls - Victory Ceremony			
10:34:00 AM	Pole Vault Girls Open (NSG) - Victory Ceremony			



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<b>WEDNESDAY 26 APR 2023 (AFTERNOON SESSION)</b>				
<b>Time</b>	<b>Event No.</b>	<b>Event</b>	<b>Round</b>	<b>Category</b>
2:00:00 PM	9	110m Hurdles (1.067m)	Final	Men Open
2:15:00 PM	7	100m Hurdles (0.838m)	Final	Women Open
2:30:00 PM	9	Pole Vault	Final	A Boys
2:30:00 PM	3	Javelin Throw (HOA)	Final	Men Open
2:30:00 PM	8	100m	Final	Para Girls
2:35:00 PM	6	100m	Final	Para C Boys
2:40:00 PM	5	100m	Final	Para B Boys
2:45:00 PM	4	100m	Final	Para A Boys
2:50:00 PM	25	4x400m	Heats	C Girls
3:15:00 PM	110m Hurdles Men - Victory Ceremony			
3:18:00 PM	100m Hurdles Women - Victory Ceremony			
3:21:00 PM	100m Para Girls - Victory Ceremony			
3:24:00 PM	100m Para C Boys - Victory Ceremony			
3:27:00 PM	100m Para B Boys - Victory Ceremony			
3:30:00 PM	100m Para A Boys - Victory Ceremony			
3:33:00 PM	30	4x400m	Heats	C Boys
4:00:00 PM	7	Shot Put (HOA)	Final	Men Open
4:00:00 PM	1	Shot Put (HOA)	Final	Men Para
4:03:00 PM	7	Long Jump	Final	Men Open
4:03:00 PM	1	Long Jump	Final	Men Para
4:03:00 PM	28	4x400m	Heats	B Girls
4:33:00 PM	35	4x400m	Heats	B Boys
5:11:00 PM	11	4x400m	Heats	A Girls
5:29:00 PM	14	4x400m	Heats	A Boys
5:30:00 PM	7	Long Jump	Final	Women Open
5:30:00 PM	Javelin Throw Men - Victory Ceremony			
5:33:00 PM	Pole Vault A Boys - Victory Ceremony			



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<b>5:36:00 PM</b>	Long Jump Men - Victory Ceremony			
<b>5:39:00 PM</b>	Long Jump Men Para - Victory Ceremony			
<b>5:42:00 PM</b>	Shot Put Men - Victory Ceremony			
<b>5:45:00 PM</b>	Shot Put Men Para - Victory Ceremony			
<b>5:48:00 PM</b>	9	200m	Final	Men Open
<b>5:53:00 PM</b>	9	200m	Final	Women Open
<b>6:03:00 PM</b>	4	5000m	Final	Women Open
<b>6:08:00 PM</b>	200m Men - Victory Ceremony			
<b>6:11:00 PM</b>	200m Women - Victory Ceremony			
<b>6:14:00 PM</b>	5000m Women - Victory Ceremony			
<b>6:24:00 PM</b>	14	5000m	Final	Men Open
<b>6:38:00 PM</b>	Long Jump Women - Victory Ceremony			
<b>6:45:00 PM</b>	9	800m	Final	Women Open
<b>6:50:00 PM</b>	16	800m	Heats	Men Open
<b>7:00:00 PM</b>	5000m Men - Victory Ceremony			
<b>7:03:00 PM</b>	800m Women - Victory Ceremony			
<b>7:06:00 PM</b>	800m Men - Victory Ceremony			



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## Competition Schedule (Day 2)

THURSDAY 27 APR 2023 (MORNING SESSION)				
Start Time	Participant	Event	Round	Category
8:30:00 AM	23	Triple Jump	Final	B Girls
8:30:00 AM	4	10000m Race Walk	Final	Women Open
8:30:00 AM	5	10000m Race Walk	Final	Men Open
9:45:00 AM	10	5000m Race Walk	Final	A Boys
10:00:00 AM	10000m Race Walk Women - Victory Ceremony			
10:03:00 AM	10000m Race Walk Men - Victory Ceremony			
10:06:00 AM	Discus Throw Women - Victory Ceremony			
10:19:00 AM	13	3000m Race Walk	Final	A Girls
10:24:00 AM	Triple Jump B Girls - Victory Ceremony			
10:27:00 AM	5000m Race Walk A Boys - Victory Ceremony			
10:40:00 AM	6	Discus Throw (HOA)	Final	Men Open
10:45:00 AM	14	400m	Heats	Women Open
10:55:00 AM	25	400m	Heats	Men Open
11:10:00 AM	3000m Race Walk A Girls - Victory Ceremony			
11:23:00 AM	8	200m Hurdles	Final	C Girls
11:28:00 AM	8	200m Hurdles	Final	C Boys
11:33:00 AM	200m Hurdles C Girls - Victory Ceremony			
11:36:00 AM	200m Hurdles C Boys - Victory Ceremony			
11:39:00 AM	Discus Throw Men - Victory Ceremony			
THURSDAY 27 APR 2023 (AFTERNOON SESSION)				
Start Time	Participant	Event	Round	Category
2:00:00 PM	7	High Jump	Final	Women Open
2:30:00 PM	9	Pole Vault	Final	C Boys





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<b>2:30:00 PM</b>	2	4 x 100m	Final	Mixed Open
<b>2:45:00 PM</b>	9	400m	Final	Women Open
<b>2:50:00 PM</b>	9	400m	Final	Men Open
<b>3:00:00 PM</b>	9	1500m	Final	Women Open
<b>3:08:00 PM</b>	8	1500m	Final	Men Open
<b>3:16:00 PM</b>	4x100m Mixed - Victory Ceremony			
<b>3:19:00 PM</b>	400m Women - Victory Ceremony			
<b>3:22:00 PM</b>	400m Men - Victory Ceremony			
<b>3:25:00 PM</b>	High Jump Women - Victory Ceremony			
<b>3:28:00 PM</b>	16	1500m	Final	C Girls
<b>3:37:00 PM</b>	16	1500m	Final	C Boys
<b>3:40:00 PM</b>	1500m Men - Victory Ceremony			
<b>3:43:00 PM</b>	1500m Women - Victory Ceremony			
<b>3:46:00 PM</b>	16	1500m	Final	B Girls
<b>3:54:00 PM</b>	13	1500m Race Walk	Final	C Girls
<b>4:00:00 PM</b>	4	High Jump	Final	Men Open
<b>4:10:00 PM</b>	14	1500m Race Walk	Final	B Girls
<b>4:11:00 PM</b>	1500m C Girls - Victory Ceremony			
<b>4:14:00 PM</b>	1500m B Girls - Victory Ceremony			
<b>4:17:00 PM</b>	1500m C Boys - Victory Ceremony			
<b>4:26:00 PM</b>	16	1500m Race Walk	Final	C Boys
<b>4:34:00 PM</b>	1500m Race Walk C Girls - Victory Ceremony			
<b>4:37:00 PM</b>	1500m Race Walk B Girls - Victory Ceremony			
<b>4:42:00 PM</b>	16	3000m Race Walk	Final	B Boys
<b>4:45:00 PM</b>	4	Triple Jump	Final	Women Open
<b>4:55:00 PM</b>	1500m Race Walk C Boys - Victory Ceremony			
<b>5:09:00 PM</b>	5	10,000m	Final	Women Open
<b>5:14:00 PM</b>	3000m Race Walk B Boys - Victory Ceremony			
<b>5:54:00 PM</b>	Triple Jump Women - Victory Ceremony			



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<b>5:57:00 PM</b>	High Jump Men - Victory Ceremony			
<b>6:00:00 PM</b>	7	Triple Jump	Final	Men Open
<b>6:10:00 PM</b>	10000m Women - Victory Ceremony			
<b>6:49:00 PM</b>	Triple Jump Men - Victory Ceremony			



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## Competition Schedule (Day 3)

FRIDAY 28 APR 2023 (MORNING SESSION)				
Time	Event No.	Event	Round	Category
8:30:00 AM	8	10,000m	Final	Men Open
9:00:00 AM	5	Pole Vault	Final	Women Open
9:10:00 AM	34	100m	Heats	Men Open
9:35:00 AM	12	800m	Final	Men Open
9:50:00 AM	5	400m Hurdles	Final	Men Open
10:00:00 AM	3	400m Hurdles	Final	Women Open
10:15:00 AM	10000m Men - Victory Ceremony			
10:18:00 AM	400m Hurdles Women - Victory Ceremony			
10:21:00 AM	400m Hurdles Men - Victory Ceremony			
10:31:00 AM		100m (35+)	Timed Final	Women Masters (35+)
10:36:00 AM		100m (35+)	Timed Final	Men Masters (35+)
10:56:00 AM	23	100m	Heats	Women Open
11:06:00 AM	27	100m	Semi Finals	Men Open
11:21:00 AM	Pole Vault Women - Victory Ceremony			
11:24:00 AM	100m Women Masters (35+) - Victory Ceremony			
11:34:00 AM	100m Men Masters (35+) - Victory Ceremony			
FRIDAY 28 APR 2023 (AFTERNOON SESSION)				
Time	Event No.	Event	Round	Category
1:45:00 PM	9	100m	Final	Women Open
1:50:00 PM	9	100m	Final	Men Open
1:55:00 PM	8	100m	Final	C Girls
2:00:00 PM	8	100m	Final	B Girls
2:05:00 PM	8	100m	Final	A Girls



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<b>2:10:00 PM</b>	9	Pole Vault	Final	Men Open
<b>2:11:00 PM</b>	100m Women - Victory Ceremony			
<b>2:14:00 PM</b>	100m Men - Victory Ceremony			
<b>2:17:00 PM</b>	100m C Girls - Victory Ceremony			
<b>2:20:00 PM</b>	100m B Girls - Victory Ceremony			
<b>2:23:00 PM</b>	100m A Girls - Victory Ceremony			
<b>2:28:00 PM</b>	18	High Jump	Final	B Boys
<b>2:30:00 PM</b>	8	100m	Final	C Boys
<b>2:35:00 PM</b>	8	100m	Final	B Boys
<b>2:40:00 PM</b>	8	100m	Final	A Boys
<b>2:45:00 PM</b>	100m C Boys - Victory Ceremony			
<b>2:48:00 PM</b>	100m B Boys - Victory Ceremony			
<b>2:51:00 PM</b>	100m A Boys - Victory Ceremony			
<b>2:54:00 PM</b>	16	1500m	Final	B Boys
<b>3:01:00 PM</b>	16	1500m	Final	A Girls
<b>3:09:00 PM</b>	16	1500m	Final	A Boys
<b>3:16:00 PM</b>	3	4 x 100m	Timed Final	Women Open
<b>3:22:00 PM</b>	6	4 x 100m	Timed Final	Men Open
<b>3:28:00 PM</b>	9	4 x 100m	Final	C Girls
<b>3:34:00 PM</b>	9	4 x 100m	Final	B Girls
<b>3:40:00 PM</b>	9	4 x 100m	Final	A Girls
<b>3:46:00 PM</b>	9	4 x 100m	Final	C Boys
<b>3:52:00 PM</b>	9	4 x 100m	Final	B Boys
<b>3:58:00 PM</b>	9	4 x 100m	Final	A Boys
<b>4:04:00 PM</b>	Pole Vault Men - Victory Ceremony			
<b>4:07:00 PM</b>	1500m B Boys - Victory Ceremony			
<b>4:10:00 PM</b>	1500m A Girls - Victory Ceremony			
<b>4:13:00 PM</b>	1500m A Boys - Victory Ceremony			
<b>4:16:00 PM</b>	6	4 x 400m	Final	Men Open



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<b>4:23:00 PM</b>	9	4 x 400m	Final	C Girls
<b>4:31:00 PM</b>	9	4 x 400m	Final	B Girls
<b>4:39:00 PM</b>	9	4 x 400m	Final	A Girls
<b>4:47:00 PM</b>	9	4 x 400m	Final	C Boys
<b>4:54:00 PM</b>	9	4 x 400m	Final	B Boys
<b>5:01:00 PM</b>	9	4 x 400m	Final	A Boys
<b>5:08:00 PM</b>	4x100m Women - Victory Ceremony			
<b>5:11:00 PM</b>	4x100m Men - Victory Ceremony			
<b>5:14:00 PM</b>	4x400m Men - Victory Ceremony			
<b>5:17:00 PM</b>	High Jump B Boys - Victory Ceremony			
<b>5:20:00 PM</b>	4x100 Schools C Girls - Victory Ceremony			
<b>5:24:00 PM</b>	4x100 Schools C Boys - Victory Ceremony			
<b>5:28:00 PM</b>	4x100 Schools B Girls - Victory Ceremony			
<b>5:32:00 PM</b>	4x100 Schools B Boys - Victory Ceremony			
<b>5:36:00 PM</b>	4x100 Schools A Girls - Victory Ceremony			
<b>5:40:00 PM</b>	4x100 Schools A Boys - Victory Ceremony			
<b>5:44:00 PM</b>	4x400 Schools C Girls - Victory Ceremony			
<b>5:48:00 PM</b>	4x400 Schools C Boys - Victory Ceremony			
<b>5:52:00 PM</b>	4x400 Schools B Girls - Victory Ceremony			
<b>5:56:00 PM</b>	4x400 Schools B Boys - Victory Ceremony			
<b>6:00:00 PM</b>	4x400 Schools A Girls - Victory Ceremony			
<b>6:04:00 PM</b>	4x400 Schools A Boys - Victory Ceremony			
<b>6:08:00 PM</b>	C Division Girls Championships - Victory Ceremony			
<b>6:12:00 PM</b>	C Division Boys Championships - Victory Ceremony			
<b>6:16:00 PM</b>	B Division Girls Championships - Victory Ceremony			
<b>6:20:00 PM</b>	B Division Boys Championships - Victory Ceremony			
<b>6:24:00 PM</b>	A Division Girls Championships - Victory Ceremony			
<b>6:28:00 PM</b>	A Division Boys Championships - Victory Ceremony			
<b>6:32:00 PM</b>	Singapore National Anthem			





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Official TCM Partner



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## Singapore Open Championships Records

### MEN

Event	Record	Name	Nationality	D.O.B	Edition	Location	Established
100 metres	10.3	HT Suchart Jairsuvaparp	Thailand	June 13, 1951	44th S'pore Open	-	October 23, 1982
	10.3	HT Muhd Hosni	Singapore	February 15, 1972	54th S'pore Open	-	August 15, 1992
200 metres	20.86	Gibbons, O'Brien Graham	Canada	November 1, 1970	60th S'pore Open	-	September 5, 1998
400 metres	46.25	Yoshihiro Horigome	Japan	January 2, 1981	68th S'pore Open	Bukit Gombak Stadium	September 3, 2006
800 metres	1:47.25	Crispen Mutakayi	Zimbabwe	March 15, 1970	60th S'pore Open	-	September 5, 1998
1500 metres	3:45.0	HT Craig Masback	USA	March 31, 1955	40th S'pore Open	-	September 3, 1978
5000 metres	14:06.5	HT Julian Goater	Great Britain	January 12, 1953	40th S'pore Open	-	September 2, 1978
10000 metres	29:40.8	HT Julian Goater	Great Britain	January 12, 1953	40th S'pore Open	-	September 1, 1978
3000m S/C	8:53.28	Wu Wen Chien	Chinese Taipei	June 9, 1977	65th S'pore Open	Bishan Stadium	September 6, 2003
110m Hurdles (1.067m)	13.77	0.5m/s Mui, Ching Yeung	Hong Kong	1993	81st S'pore Open	Singapore Sports Hub	March 28, 2021
	13.77	0.5m/s Chan, Chung Wang	Hong Kong	1991	81st S'pore Open	Singapore Sports Hub	March 28, 2021
400m Hurdles (0.914m)	49.59	Nozawa, Keisuke	Mizuno	1991	81st S'pore Open	Singapore Sports Hub	March 28, 2021
High Jump	2.30	Geoff Parsons	Great Britain	August 14, 1964	52nd S'pore Open	-	April 8, 1990
	2.30	Nauraj Singh Randhawa	Malaysia	January 27, 1992	79th S'pore Open	Singapore Sports Hub	April 27, 2017
Long Jump	7.99	0.0 m/s Chan, Ming Tai	Hong Kong	1995	78th S'pore Open	Singapore Sports Hub	April 28, 2016
Triple Jump	16.94	- 0.2m/s Kim Duk-Hyeon	South Korea	December 8, 1985	68th S'pore Open	Bukit Gombak Stadium	September 3, 2006
Pole Vault	5.55	Ernest, John Obiena	Philippines	1995	78th S'pore Open	Singapore Sports Hub	April 29, 2016
Javelin (800 gm)	83.30	Cheng, Chao-Tsun	Chinese Taipei	1993	81st S'pore Open	Singapore Sports Hub	March 28, 2021
Shot Put (7.26 kg)	17.78	Liu Yu	China	February 15, 1978	62nd S'pore Open	-	September 9, 2000
Discus (2 kg)	<b>59.15</b>	<b>Md Irfan Shamsuddin</b>	<b>Malaysia</b>	<b>August 16, 1995</b>	<b>82nd S'pore Open</b>	<b>Home of Athletics</b>	<b>April 17, 2022</b>
Hammer (7.26 kg)	68.58	Ywunchul Lee	South Korea		80th S'pore Open	Singapore Sports Hub	April 12, 2018
10,000m walk (T)	42:52.9	He Xiaodong	China	January 14, 1978	-	-	September 4 - 6, 1998
20KM walk (R)	1:45.49	Chin, Man Kit	Hong Kong	1991	78th S'pore Open	Singapore Sports Hub	April 28, 2016
4 X 100m Mixed Relay	43.39	Timothee, Shanti, Zong Yang, Kugapriya	Singapore	-	81st S'pore Open	Singapore Sports Hub	March 28, 2021
4 X 100m Relay	39.28	Indonesia	Indonesia	-	78th S'pore Open	Singapore Sports Hub	April 29, 2016
4 X 400m Relay	3:05.96	Canada	Canada	-	60th S'pore Open	-	September 6, 1998



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**WOMEN**

Event	Record		Name	Nationality	D.O.B	Edition	Location	Established
100 metres	11.57	0.0	Fukushima, Chisato	Japan	1988	80th S'pore Open	Singapore Sports Hub	April 11, 2018
200 metres	23.40	- 0.2m/s	Philomena Mensah	Canada	May 11, 1975	60th S'pore Open	-	September 5, 1998
400 metres	52.17		Foy Williams	Canada	March 29, 1973	60th S'pore Open	-	September 6, 1998
800 metres	2:04.57		Julie Sakara	Zimbabwe	July 12, 1969	60th S'pore Open	-	September 5, 1998
1500 metres	4:14.9	HT	Anne Cross	Australia	April 16, 1964	52nd S'pore Open	-	August 4, 1990
5000 metres	16:41.6	HT	Semuleliso Moyo	Zimbabwe	January 1, 1974	60th S'pore Open	-	September 5, 1998
10000 metres	35:03.89		Pham Thu Hue	Vietnam	1996	78th S'pore Open	Singapore Sports Hub	April 5, 2016
3000m S/C	10:42.53		Nguyen, Thi Oanh	Vietnam	1995	80th S'pore Open	Singapore Sports Hub	April 11, 2018
100m Hurdles (0.838m)	13.24	-1.4 m/s	Roberts Trecia	Thailand	February 4, 1971	65th S'pore Open	Bishan Stadium	September 6, 2003
400m Hurdles (0.762m)	56.66		Nguyen, Thi Huyen	Vietnam	August 11, 1967	79th S'pore Open	Singapore Sports Hub	April 27, 2017
High Jump	1.92		Christine Frances Stanton	Australia	December 12, 1959	48th S'pore Open	-	June 22, 1986
Long Jump	6.59	0.0 m/s	Bui, Thi Thu Thao	Vietnam	1991	78th S'pore Open	Singapore Sports Hub	April 28, 2016
Triple Jump	13.90	1.8 m/s	Anastasiya Juravleva	Uzbekistan	October 9, 1981	69th S'pore Open	Bukit Gombak Stadium	September 8, 2007
<b>Pole Vault</b>	<b>4.20</b>		<b>Uy, Natalie Rose</b>	<b>Philippines</b>	<b>1994</b>	<b>82nd S'pore Open</b>	<b>Home of Athletics</b>	<b>April 17, 2022</b>
Pole Vault	4.15		Wu, Chia-Ju	Chinese Taipei	1999	80th S'pore Open	Singapore Sports Hub	April 12, 2018
	4.15		Samsu, Roslinda	Malaysia	June 9, 1982	71st S'pore Open	Bukit Gombak Stadium	November 29, 2009
Javelin (600 gm)	55.39		Dan Song	China	July 5, 1990	68th S'pore Open	-	September 2, 2006
Shot Put (4 kg)	18.74		Li Xiao Yun	China	July 10, 1971	53rd S'pore Open	-	February 8, 1991
Discus (1 kg)	57.82		Jana Lauren	Germany	June 28, 1970	58th S'pore Open	-	1996
Hammer (4 kg)	33.80		Thinmanao, Mat	Laos	1995	81st S'pore Open	Singapore Sports Hub	March 28, 2021
5000m walk (T)	21:55.20		Feng Haixia	China	February 23, 1975	-	-	September 2, 1995
20KM walk (R)	2:04:29		Lee Bo-Ram	Korea	1992	78th S'pore Open	East Coast Park	April 4, 2016
4 X 100m Mixed Relay	43.39		Timothee, Shanti, Zong Yang, Kugapriya	Singapore	-	81st S'pore Open	Singapore Sports Hub	March 28, 2021
4 X 100m Relay	44.31		Japan	Japan	-	80th S'pore Open	Singapore Sports Hub	April 12, 2018
4 X 400m Relay	3:33.74		Canada	Canada	-	60th S'pore Open	-	September 4 - 6, 1998
<b>Heptathlon</b>	<b>5008</b>		<b>Dequinan, Sara</b>	<b>Philippines</b>	<b>1996</b>	<b>82nd S'pore Open</b>	<b>Home of Athletics</b>	<b>April 16-17, 2022</b>



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## Transport Schedule

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### 24 April (Monday)

From Hotel (Departure Timing)	Arrival Time at Stadium	From Stadium (Departure Timing)
1645hrs	1700hrs	1830hrs

### 25 April (Tuesday)

From Hotel (Departure Timing)	Arrival Time at Stadium	From Stadium (Departure Timing)
0730hrs	0745hrs	1000hrs
0930hrs	0945hrs	1200hrs
1430hrs	1445hrs	1700hrs

### 26 April (Wednesday)

From Hotel (Departure Timing)	Arrival Time at Stadium	From Stadium (Departure Timing)
0700hrs	0715hrs	1030hrs
1200hrs	1215hrs	1230hrs
1400hrs	1415hrs	1600hrs
1600hrs	1615hrs	1800hrs
-	-	1930hrs

### 27 April (Thursday)

From Hotel (Departure Timing)	Arrival Time at Stadium	From Stadium (Departure Timing)
0700hrs	0715hrs	1030hrs
0900hrs	0915hrs	1230hrs
1200hrs	1215hrs	1600hrs
1400hrs	1415hrs	1800hrs
1600hrs	1615hrs	1930hrs



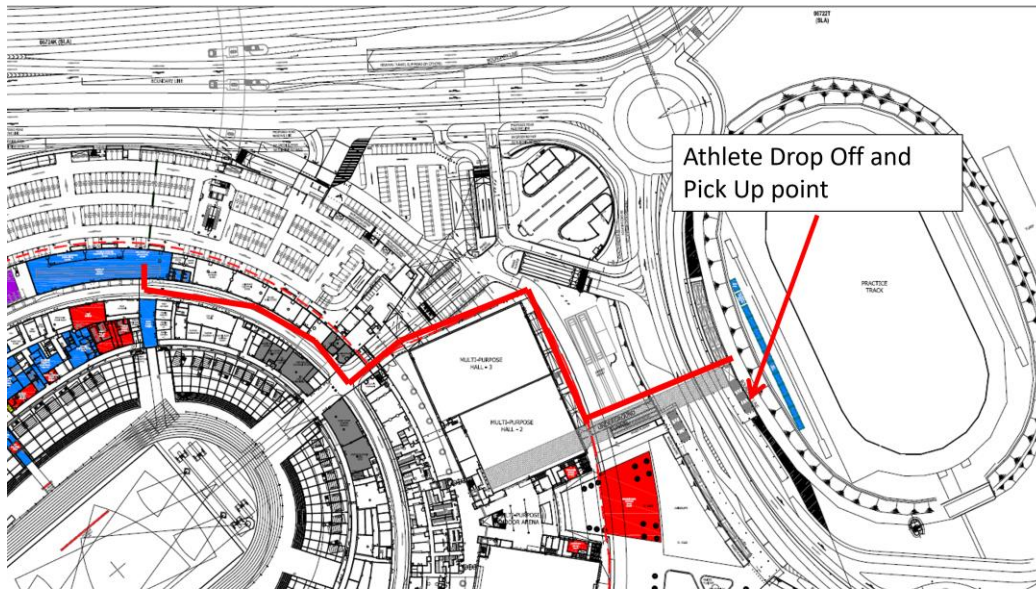
**83<sup>rd</sup> Singapore Open  
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**28 April (Friday)**

From Hotel (Departure Timing)	Arrival Time at Stadium	From Stadium (Departure Timing)
0700hrs	0715hrs	1030hrs
0900hrs	0915hrs	1230hrs
1200hrs	1215hrs	1600hrs
1400hrs	1415hrs	1800hrs
1600hrs	1615hrs	1930hrs

**NOTE**

Please be at the pick-up location 5 minutes before scheduled departure time



**Athlete's flow From Callroom 1  
to Callroom 2**



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Track & Field Championships 2023  
26 – 28 April 2023, Singapore Sports Hub**

Official Property/Agency



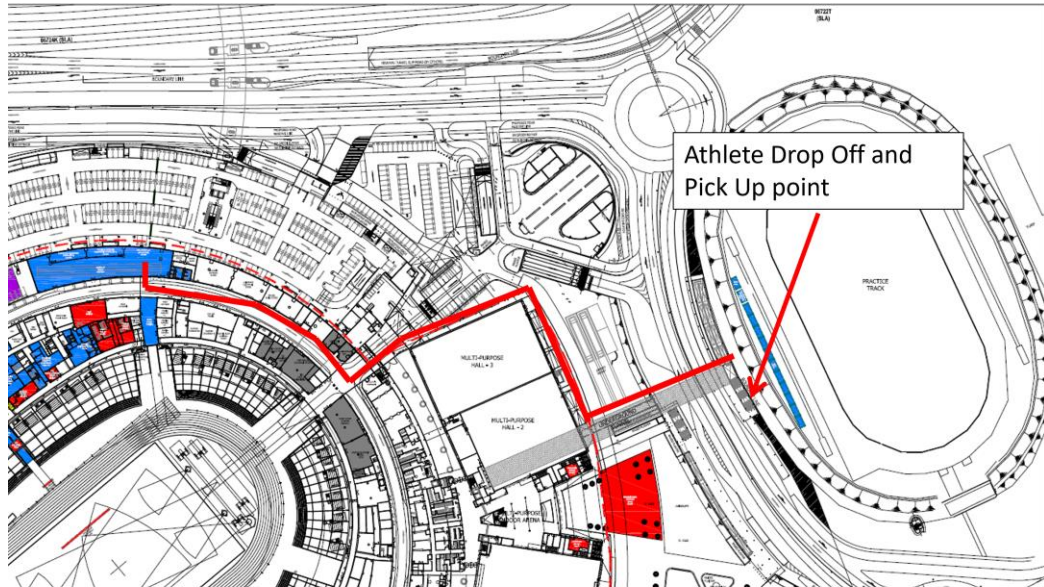
**SINGAPORE REALTORS INC**





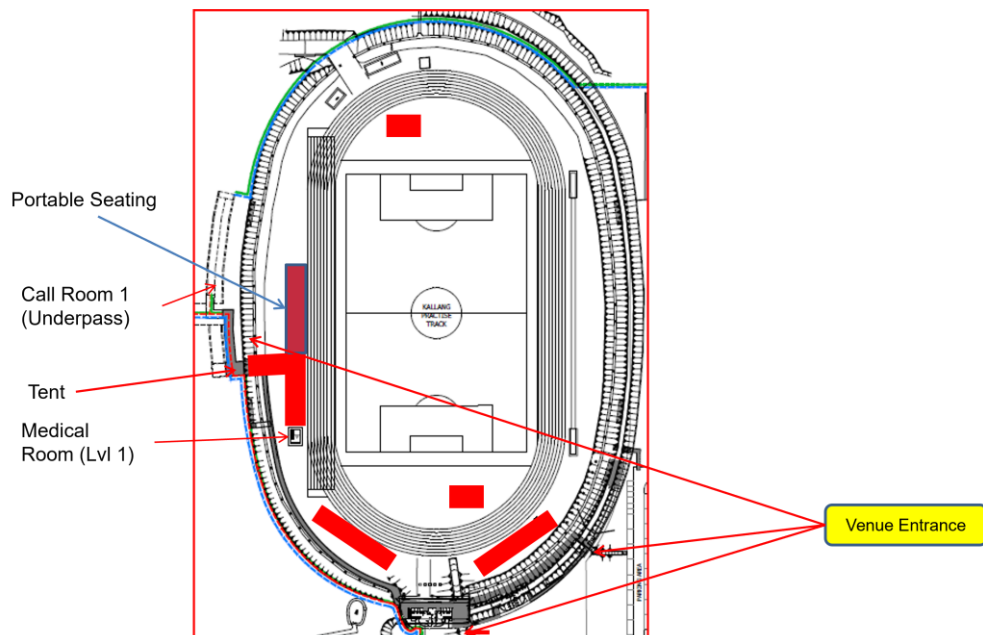
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26 – 28 April 2023, Singapore Sports Hub

## Competition Venue



Athlete's flow From Callroom 1 to Callroom 2

Home of Athletics/ Warm up area



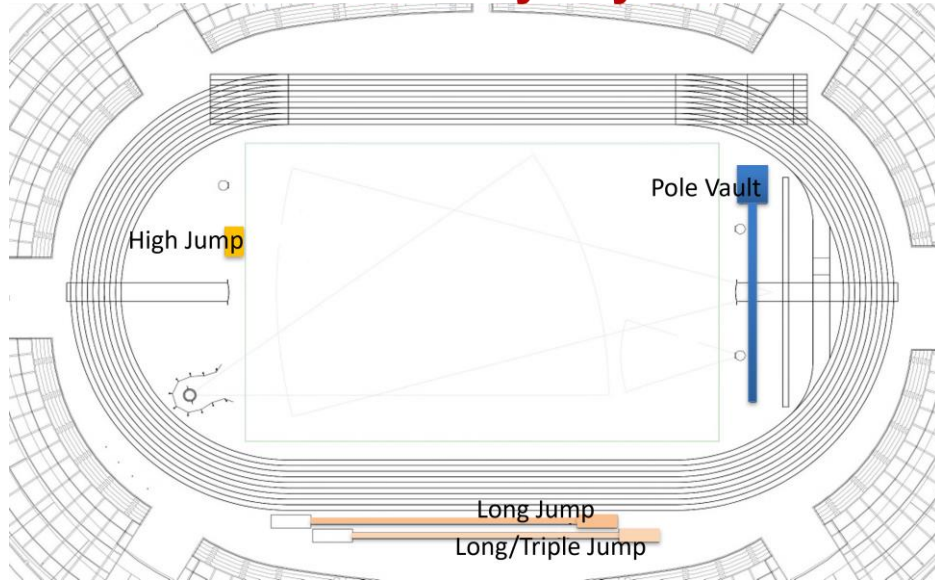




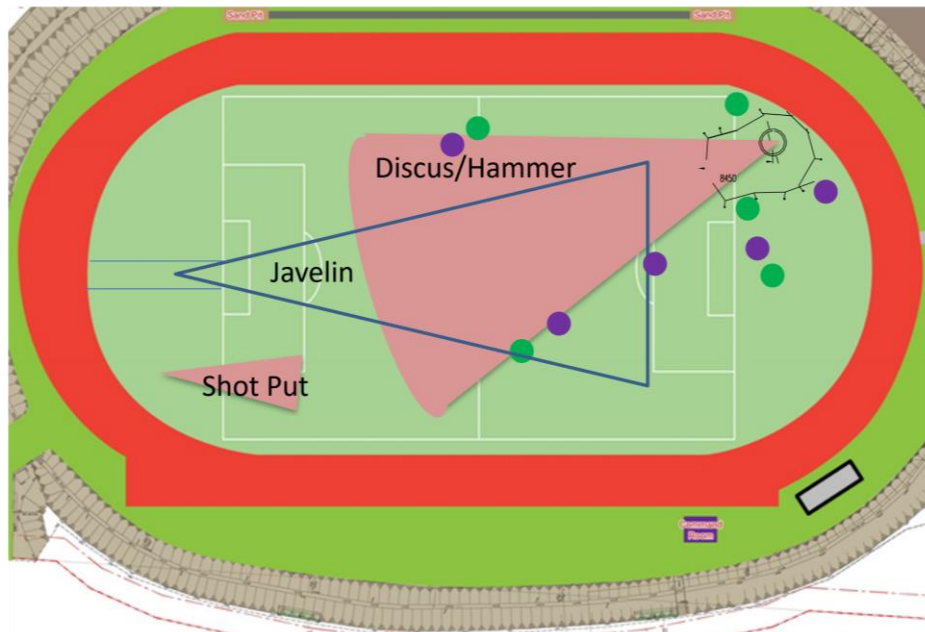


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## Field of Play Layout



## HOA COMPETITION VENUE

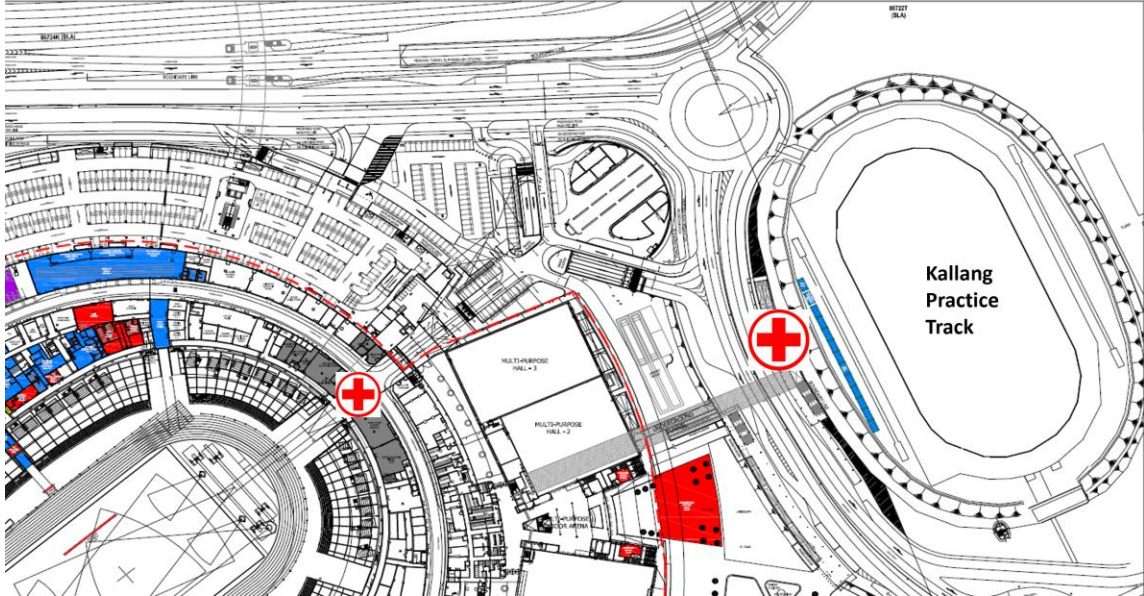






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**Ambulances Location**





83<sup>rd</sup> Singapore Open  
Track & Field Championships 2023  
26 – 28 April 2023, Singapore Sports Hub

## Contact

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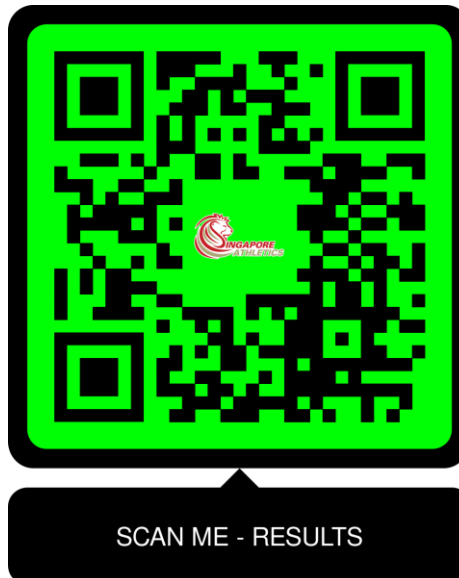
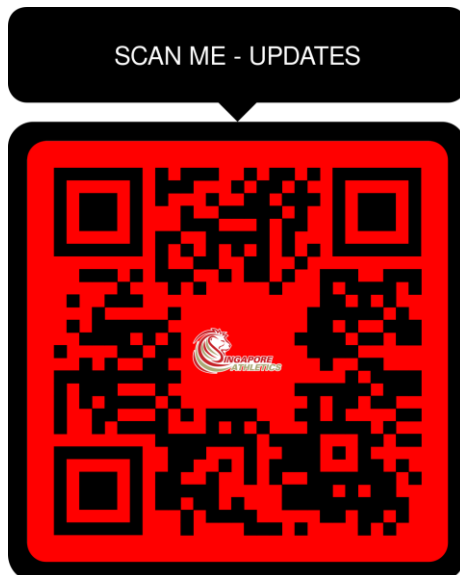
Singapore Athletics  
3 Stadium Drive #01-33  
Singapore 397630

Tel: +656386 2721  
Website: [www.singaporeathletics.org.sg](http://www.singaporeathletics.org.sg)  
Facebook: [sporeathletics](https://www.facebook.com/sporeathletics)  
Instagram: [sporeathletics](https://www.instagram.com/sporeathletics)  
Twitter: [sporeathletics](https://twitter.com/sporeathletics)  
Youtube: [singaporeathletics](https://www.youtube.com/singaporeathletics)

### In case of emergency please contact

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## **Startlist**

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Singapore Athletics Assoc.-Open Champ - Organization License

**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 101 Women 200 Meter Dash Open****9 Advance: Top 3 Each Heat plus Next 3 Best Times****Wednesday 26/4/2023 - 9:05 AM****CR: 23.40 5/9/1998 Philomena Mensah, CAN****NR: 22.89 2/4/2023 Shanti Veronica Pereira****NU20R: 23.60 10/6/2015 Shanti Veronica Pereira**

LaneComp#	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Prelims</b>				
3	38 SuiXin, Tan	28	EC	28.20
4	78 Md Shahrom, Nur Adriana Batrisyi	16	MAS	27.20
5	81 Selvaretnam, Komalam Shally	35	MAS	25.15
6	209 PeiYuan-How, Marie-Adorabelle	17	SWIF	26.71
7	121 Irdina, Erza	21	NYP	28.02
8	232 Suwimol, Srathienthong	18	THA	NT
<b>Heat 2 of 2 Prelims</b>				
3	29 Ng, Grace	31	ZOOM	27.48
4	64 Abdullah, Aina Batrisyia	16	MAS	27.26
5	76 Mohamad, Siti Fatima	37	MAS	25.24
6	1 Crandell, Kiara	30	AUS	25.70
7	159 Pereira, Veronica Shanti	27	SGP	NT
8	161 Tan, Elizabeth Ann Shee R	20	SGP	NT

**Event 102 Men 200 Meter Dash Open****9 Advance: Top 2 Each Heat plus Next 3 Best Times****Wednesday 26/4/2023 - 9:15 AM****CR: 20.86 5/9/1998 O'Brien Graham Gibbons, CAN****NR: 21.07 14/5/2022 Lee Siong En, Reuben Rainer****NU20R: 21.49 12/9/1982 Haron Mundir**

LaneComp#	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>				
2	5 Karthigeyan, Giridaran	19	AUS	23.28
3	44 Chia, Aloysius	20	HCAA	22.70
4	35 PengiranAidil, PengiranAidil	18	ZOOM	21.54
5	102 Nasir Taib, Russel Alexander	25	MAS	20.78
6	11 Ottaviano, Marcello	19	AUS	21.87
7	199 Norhisham, JamieElRedhaAng	19	SSP	22.40
8	6 King, Leonard	26	AUS	22.74

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Heat 2 of 3 Prelims**

2	3	Hall, Eli	24	AUS	22.68
3	120	Prudencio, Jiro	20	MAXF	22.61
4	4	Iveson, Benjamin	18	AUS	22.16
5	12	Sarmiento, Jordan	27	AUS	20.86
6	175	Lee, Reuben Rainer	21	SGP	21.33
7	145	Ang, James Ethan Kai Meng	22	SDSC	23.09
8	9	Myant, William	26	AUS	23.20

**Heat 3 of 3 Prelims...(Event 102 Men 200 Meter Dash Open)**

2	14	Chiang, Kui Cherng	22	BRU	NT
3	135	Ryan, Praharsh	25	OA	22.79
4	10	O'Neill, Mitchell	25	AUS	21.04
5	7	Lindstrom, Hamish	21	AUS	21.26
6	174	Lee, Mark Ren	19	SGP	22.24
7	8	Mould, David	24	AUS	22.26
8	217	Chng, Elgene	25	TCT	22.80

**Event 103 Men 110 Meter Hurdles Open****Wednesday 26/4/2023 - 2:00 PM****CR: 13.77 28/3/2019 Ching Yeung Mui, HKG****NR: 13.90 1/4/2023 Ang Cheng Xiang****NU20R: 13.77 20/8/2021 Marc Brian Louis**

LaneComp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Final</b>				
1	119 Ong, Skye	19	MAXF	17.48
2	223 Vergel, Alvin	26	TCT	14.76
3	91 Gawok, Benedict Ian	24	MAS	14.33
4	165 Ang, Chen Xiang	29	SGP	14.04
5	137 Bautista, Clinton	31	PHI	13.78
6	207 Kim, Dae Hee	23	KOR	14.21
7	167 Chong, Wei Guan	23	SGP	14.29
8	55 Kheuabmavong, Kongkham	22	LAO	15.13
9	225 Zulkhair, Muhd	26	TCT	16.69



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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 104 Women 100 Meter Hurdles Open****Wednesday 26/4/2023 - 2:15 PM****CR: 13.24 6/9/2003 Roberts Trecia, THA****NR: 13.87 16/5/2022 Nur Izlyn Bte Zaini****NU20R: 14.14 14/6/2014 Jannah Wong Min**

<b>Lane</b>	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>					
2	52	Bounyaveun, Khanmalaiphone	21	LAO	15.25
3	68	Azifsafarin, Farah Syakira	15	MAS	14.65
4	20	Lin, Hsiao Hui	24	TPE	14.21
5	21	Zhang, bo-Ya	20	TPE	13.98
6	74	Mat Rodzi, Juriani	25	MAS	14.52
7	144	Yu, Emma	19	SWK	14.62
8	158	Ong, Kerstin	26	SGP	14.74

**Event 105 Men Javelin Throw Open****Wednesday 26/4/2023 - 2:30 PM****CR: 83.30m 28/3/2019 Chao-Tsun Cheng, TPE****NR: 59.22m 30/8/1988 Ng Bock Huat****NU20R: 59.49m 2/4/2022 Wong, Yijie Lucas**

<b>Pos</b>	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>					
1	41	Ng, Kai Leong Roy	20	FAC	51.89m
2	2	Crandell, John	32	AUS	60.35m
3	237	Kittipong, Janduang	18	THA	ND

**Event 106 Men Shot Put Open****Wednesday 26/4/2023 - 4:00 PM****CR: 17.78m 9/9/2006 Liu Yu, CHN****NR: 17.44m 23/9/2003 Dong Enxin**

<b>Pos</b>	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Final</b>					
1	234	Eakkarin, Boonlap	19	THA	ND
2	123	Tan, Ting Jun	26	NTU	12.06m
3	186	Yee, Chun Wai, Eric	24	SGP	13.26m
4	105	Rigan, Jonah Chang	20	MAS	16.38m
5	22	Chen, Yi Chu	21	TPE	16.63m
6	205	Jang, Jonghyeok	23	KOR	17.63m
7	24	Huang, Nuo-Ya	20	TPE	ND

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 107 Men Shot Put 4kg Para****Wednesday 26/4/2023 - 4:00 PM**

Pos	Comp#	Name	Age	Team	Seed	Mark
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**Flight 1 of 1 Final**

8	146	Noordin, Muhammad Diroy	31	SDSC		8.82m
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**Event 108 Men Long Jump Open****Wednesday 26/4/2023 - 4:03 PM****CR: 7.99m 28/4/2016 Chan Ming Tai, HKG****NR: 7.62m 15/12/2009 Goh Yujie Matthew****NU20R: 7.62m 15/12/2009 Goh Yujie Matthew**

Pos	Comp#	Name	Age	Team	Seed	Mark
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**Flight 1 of 1 Final**

1	240	Wonmanoo, Noochan	20	THA		ND
2	56	Vongsavanh, Xaidavanh	23	LAO		7.23m
3	101	Muslimin, Muhammad Sunik	22	MAS		7.26m
4	219	Mun, Ivan	25	TCT		7.27m
5	93	Isham, Muhamad Shahrizal NA	22	MAS		7.29m
6	25	Lin, Chia-Hsing	24	TPE		7.58m
7	139	Lera, John Mike	20	PHI		7.30m

**Event 109 Men Long Jump Para****Wednesday 26/4/2023 - 4:03 PM**

Pos	Comp#	Name	Age	Team	Seed	Mark
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**Flight 1 of 1 Final**

8	147	Suhani, Suhairi	26	SDSC		6.26m
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**Event 110 Women Long Jump Open****Wednesday 26/4/2023 - 5:30 PM****CR: 6.59m 28/4/2016 Bui Thi Thu Thao, VIE****NR: 5.88m 16/6/1993 Yu Long Nyu****NU20R: 6.18m 10/6/2015 Eugenia Tan Yan Ning**

Pos	Comp#	Name	Age	Team	Seed	Mark
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**Flight 1 of 1 Final**

1	230	Siriprapha, Thaenchin	18	THA		ND
2	50	Zhong, Chuhan	18	HCIC		5.41m
3	251	Gopikrishna, Bhavna	17	WAC		5.35m
4	63	Abas, Nurul Ashikin	23	MAS		5.81m
5	194	Chandru, Bhavika	19	SSP		5.27m
6	54	Pha Aphay, Silina	25	LAO		5.46m

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7 195 Janssen, Louisa Helena 20 SSP 5.21m

**Event 113 Women 5000 Meter Run Open****Wednesday 26/4/2023 - 6:03 PM****CR: 16:41.60 9/5/1998 Semuleliso Moyo, ZIM****NR: 17:35.30 2/3/1997 Yvonne Danson****NU20R: 17:54.03 7/6/2018 Toh, Ting Xuan**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Final</b>					

1 226 Goh, Shing Ling 24 TF 20:35.92

2 53 Inthakumman, Lodkeo 28 LAO 18:30.00

3 202 Kim, Yeon a 26 KOR 16:57.86

4 157 HU, Xiuying Angela 45 SGP 19:11.85

**Event 114 Men 5000 Meter Run Open****Wednesday 26/4/2023 - 6:24 PM****CR: 14:06.50 2/9/1978 Julian Goater, GBR****NR: 14:44.21 7/7/2021 Soh Rui Yong****NU20R: 15:18.89 23/11/2017 Lui Yuan Chow**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Final</b>					

1 130 Sng, Raymond 25 NUS 17:00.63

2 262 Khoo, Ben 32 WAC 16:32.89

3 122 Ko, Keane 23 NYP 16:48.00

4 193 Wenger, Andreas 44 SSH 16:22.00

5 260 Ibrahim, Ahmad Arif 30 WAC 16:24.04

6 191 Southcott, Darren 32 SSH 16:06.00

7 169 Goh, Shaun 26 SGP 15:48.92

8 106 Rodney James, Daren James Nair 21 MAS 15:18.00

9 112 Subramaniam, Poovasanthan 25 MAS 15:36.00

10 97 Kamal Hussain, Muhammad Ikbolasen 21 MAS 14:49.00

11 248 bin Mooiz, Mohammad Najib 28 TRSA 16:35.91

12 247 Rachmadi, Nicholas 22 T360 16:40.19

13 201 He, Henry Yong 41 SMTF 16:53.08

14 246 Poh, Jareth 20 T360 16:53.94

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 115 Women 800 Meter Run Open****Wednesday 26/4/2023 - 6:45 PM****CR: 2:04.57 5/9/1998 Julie Sakara, ZIM****NR: 2:07.40 31/5/1976 Chee Swee Lee****NU20R: 2:08.10 22/11/1973 Chee Swee Lee**

<b>LaneComp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Section 1 of 1 Final</b>				
1	127 Wong, Levyn	23	NUS	2:34.85
2	58 Gan, Steffi	24	LB	2:31.80
3	28 Moreira, Laura	16	ZOOM	2:30.23
4	254 Patil, Tanisha	18	WAC	2:21.40
5	72 Jogindr Singh, Savinder Kaur	26	MAS	2:08.89
6	71 Jamain, Hizillawanty	20	MAS	2:12.83
7	256 Soh, Romaine	29	WAC	2:22.92
8	227 Sam, Vanessa	21	TF	2:33.64
9	57 Chloette, Cheah	21	LB	2:36.44

**Event 116 Men 800 Meter Run Open****Top 12 Advance by Time****Wednesday 26/4/2023 - 6:50 PM****CR: 1:47.25 5/9/1998 Crispen Mutakayi, ZIM****NR: 1:49.90 30/4/1983 Surenda Subramani****NU20R: 1:52.37 1985 Sinnathambi Pandian**

<b>LaneComp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 2 Prelims</b>				
2	250 Percy Muncherji, Reyaan	18	TRSA	2:04.19
3	220 Osman, Amir Rusyaidi	21	TCT	2:03.09
4	113 Sunmugom, Mahaeswaren	25	MAS	1:53.70
5	166 Chia, Wei En, Shawn	24	SGP	1:58.00
6	133 Lim, Oliver	23	OA	2:01.88
7	124 Tok, Yin Pin	27	NTU	2:03.65
8	249 Koh, Wen Qiang	26	TRSA	2:03.58
9	15 Haji Asmalee, Mohammad Efwan	23	BRU	NT

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1	16	Haji Khairul Ariffin, Kasyful Asymawi	23	BRU	NT
2	210	Fayiz, Mohamed Haja	34	SWIF	2:02.05
3	187	Ng, Jing Heng	22	SIM	2:03.71
4	115	Wan Zahari, Wan Muhammad Fazri	22	MAS	1:53.80
5	173	Krishnan, Hariharan S/O	25	SGP	1:57.58
6	198	Muthukumaran, Raam Kumar	19	SSP	2:03.22
7	61	Muhammad, Faizal	22	LB	2:03.40
8	241	Belo Amarala Ataide, Manuel	22	TLS	NT

**Event 201 Women 10000 Meter Race Walk Open****Thursday 27/4/2023 - 8:30 AM****CR: 1:56:13.00 24/8/2014 Chia Feng Chang, TPE****NR: 1:58.26 31/1/2015 Tin Shu Min**

LaneComp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Final</b>				
1	152 Yeo, Shi Min	26	SUSS	1:15:24.00
2	43 Soh, Cheryl	19	HCAA	1:09:44.00
3	149 Lim, Sheila Qi Le	25	SUSS	1:09:32.00
4	151 Seet, Rachel	20	SUSS	1:08:55.00

**Event 202 Men 10000 Meter Race Walk Open****Thursday 27/4/2023 - 8:30 AM****CR: 1:50.55 27/4/2017 Indra Abdul Kadir, INA****NR: 1:34.49 20/3/2016 Sim Soo Chye Edmund**

LaneComp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Final</b>				
5	114 Tan, Sriven	18	MAS	50:00.00
6	143 Khok Tiong, Tan	54	RHSC	58:22.03
7	62 Back, Peter	57	MR25	1:04:49.00
8	212 R, Subramaniam	60	SWIF	1:07:45.00
9	153 Lim, Jerron En Yu	26	SUSS	1:09:35.56

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 203 Men Discus Throw Open****Thursday 27/4/2023 - 10:40 AM****CR: 57.59m 28/4/2017 Muhammad Irfan Shamsuddin, MAS****NR: 59.87m 8/5/1999 Wong Tuck Yim James**

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight</b>	<b>1 of 1</b>	<b>Final</b>			
1	239	Suprawee, Kriangkrajorn	34	THA	ND
2	47	Mook, HeJun	21	HCAA	36.22m
3	200	SheikAluu'udin, Skeik Fayz	20	SSP	34.69m
4	269	Toh, Wei De	37	WAC	39.02m
5	186	Yee, Chun Wai, Eric	24	SGP	49.40m
6	110	Shamshuddin, Muhammad Irfan	28	MAS	59.71m

**Event 204 Women 400 Meter Dash Open****9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 27/4/2023 - 10:45 AM****CR: 52.17 6/9/1998 Foy Williams, CAN****NR: 54.18 24/8/2017 Dipna Lim Prasad****NU20R: 55.08 15/9/1974 Chee Swee Lee**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Heat</b>	<b>1 of 2</b>	<b>Prelims</b>			
2	64	Abdullah, Aina Batrisyia	16	MAS	1:05.10
3	125	Ang, Phoebe	20	NUS	1:04.88
4	28	Moreira, Laura	16	ZOOM	1:02.00
5	69	Evali Bopulas, Chelsea Cassiopea	23	MAS	55.34
6	84	Zainuddin, Zaimah Atifah	24	MAS	58.18
7	195	Janssen, Louisa Helena	20	SSP	1:03.30
8	208	EaSyuen, Andrea Wong	16	SWIF	1:04.89
<b>Heat</b>	<b>2 of 2</b>	<b>Prelims...(Event 204 Women 400 Meter Dash Open)</b>			
2	116	Ho, Zhi Xuan	20	MAXF	1:05.21
3	29	Ng, Grace	31	ZOOM	1:04.37
4	254	Patil, Tanisha	18	WAC	1:02.07
5	75	Mazlan, Nurul Faizah Asma	32	MAS	56.80
6	80	Nor Azmi, Nurul Aliah Maisarah	19	MAS	58.09
7	150	OH, Huyu, Zann	20	SUSS	1:02.98

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program**

8 38 SuiXin, Tan 28 EC 1:05.50

**Event 205 Men 400 Meter Dash Open****9 Advance: Top 2 Each Heat plus Next 3 Best Times****Thursday 27/4/2023 - 10:55 AM****CR: 46.25 3/9/2006 Yoshihiro Horigome, JPN****NR: 47.02 13/5/2018 Zubin Percy Muncherji****NU20R: 47.29 14/6/2014 Zubin Percy Muncherji**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	37	Ahmad Nazli, Ahmad Nur Hakeem	18	CAA	53.64
2	5	Karthigeyan, Giridaran	19	AUS	53.17
3	198	Muthukumaran, Raam Kumar	19	SSP	49.55
4	183	Thana Rajan, Thiruben S/O	23	SGP	48.01
5	12	Sarmiento, Jordan	27	AUS	46.45
6	141	Sequita, Joyme	29	PHI	47.84
7	4	Iveson, Benjamin	18	AUS	48.59
8	133	Lim, Oliver	23	OA	51.74
9	148	Yaakub, Muhammad Nur Ariq	20	SDSC	56.23
<b>Heat 2 of 3 Prelims</b>					
2	264	Lim, Joshua	29	WAC	53.21
3	179	NG, Chin Hui	29	SGP	49.81
4	111	Shanmugam, Tharshan	21	MAS	48.20
5	142	Williams, Umajesty	24	PHI	46.85
6	138	Del Prado, Michael Carlo	28	PHI	47.70
7	178	Muncherji, Zubin Percy	27	SGP	48.53
8	120	Prudencio, Jiro	20	MAXF	50.94
9	236	Kanhaaudom, Methawi	20	THA	NT
<b>Heat 3 of 3 Prelims</b>					
2	129	Clayton, Caleb	24	NUS	53.33
3	34	Dorairajan, Ruddra	25	ZOOM	49.93
4	108	Roslan, Abdul Wafiy	24	MAS	48.22
5	182	Quek, Calvin	27	SGP	47.40
6	140	Ramirez, Frederick	25	PHI	47.42

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7	99	Mohamad Zemi, Muhammad Firdaus	23	MAS	48.46
8	3	Hall, Eli	24	AUS	50.91
9	233	Bundee, Jirateep	20	THA	NT

**Event 206 Women High Jump Open**  
**Thursday 27/4/2023 - 2:00 PM**

**CR: 1.92m 22/6/1986 Christine Frances Stanton, AUS**

**NR: 1.86m 30/1/2021 Sng Suat Li Michelle**

**NU20R: 1.80m 16/7/2006 Sng Suat Li Michelle**

Pos	Comp#	Name	Age	Team	Seed Mark
Flight	1 of 1	Final			

1	49	Wong, Jin Rou	17	HCIC	1.50m
2	117	Sim, Judith	34	MAXF	1.50m
3	83	Yap, Sean Yee	28	MAS	1.65m
4	73	Kamaruddin, Norliyana	32	MAS	1.65m
5	204	Park, Geunjeong	26	KOR	1.73m
6	79	Ngu, Jia Xin	23	MAS	1.70m
7	160	Sng, Suat Li, Michelle	36	SGP	1.86m

**Event 207 Mixed 4x100 Meter Relay Open**  
**Thursday 27/4/2023 - 2:30 PM**

**CR: 43.39 28/3/2019 Singapore, SGP**

**T Yap, S PEREIRA VERONICA, Z Tan, K D/O CHANDRAN**

Lane	Comp#	Team	Relay	Seed Time
Section	1 of 1	Final		

3		Team Cicada Trackers		48.17
		1) #225 Zulkhair, Muhd 26      2) #224 Yazit, MuhammadAdiSyukri 19		3) #213 Chen, Claire 18
		4) #214 Ganesaguru, NatashaYann 21		
4		Laos		NT
		1) #52 Bounyaveun, Khanmalaiphone 21      2) #54 Pha Aphay, Silina 25		3) #55 Kheuabmavong, Kongkham 22
		4) #56 Vongsavanh, Xaidavanh 23		

**Event 210 Women 1500 Meter Run Open**  
**Thursday 27/4/2023 - 3:00 PM**

**CR: 4:14.90 4/8/1990 Anne Cross, AUS**

**NR: 4:27.26 16/7/2022 Goh Chui Ling**

**NU20R: 4:41.80 5/9/1973 Mimigar Begum**

Lane	Comp#	Name	Age	Team	Seed Time
Section	1 of 1	Final			

1	227	Sam, Vanessa	21	TF	5:14.77
2	58	Gan, Steffi	24	LB	5:16.60



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3	51	Kuchenbuch, NatalyaBella	16	JSA	5:11.68
4	82	Sivaraja, Geetha	18	MAS	4:46.00
5	72	Jogindr Singh, Savinder Kaur	26	MAS	4:40.21
6	202	Kim, Yeon a	26	KOR	4:43.51
7	53	Inthakumman, Lodkeo	28	LAO	4:36.00
8	127	Wong, Levyn	23	NUS	5:26.76
9	203	Nbm, Bohana	29	KOR	NT

**Event 211 Men 1500 Meter Run Open****Thursday 27/4/2023 - 3:08 PM****CR: 3:45.00 3/9/1978 G.A. Masback, USA****NR: 3:51.51 20/12/2018 Lui Yuan Chow****NU20R: 3:51.51 20/12/2018 Lui Yuan Chow**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Final</b>					
1	210	Fayiz, Mohamed Haja	34	SWIF	4:21.00
2	244	Kumar, Saran	21	T360	4:20.86
3	220	Osman, Amir Rusyaidi	21	TCT	4:19.71
4	96	Krishnan, Prabudass	33	MAS	3:54.00
5	267	S/Oilangoh, Aravinthan	21	WAC	4:18.28
6	243	Bohara, Pravin Kumar	22	T360	4:19.11
7	17	Muhd A'Arafah, Muhd Nurirfan	16	BRU	NT
8	112	Subramaniam, Poovasanthan	25	MAS	NT

**Event 212 Men High Jump Open****Thursday 27/4/2023 - 4:00 PM****CR: 2.30m 27/4/2017 Nauraj Singh Randhawa, MAS****CR: 2.30m 8/4/1990 Geoff Parsons, GBR****NR: 2.22m 14/12/1995 Wong Yew Tong****NU20R: 2.10m 22/7/2018 Kampton Kam**

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Final</b>					
1	266	Pak, Andrew	21	WAC	2.05m
2	89	Dahalan, Mohamad Eizlan	24	MAS	2.05m
3	170	Heng, FU Hong, Brandon	25	SGP	2.09m
4	90	Felix Jurus, Farrel Glenn	21	MAS	2.15m

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 213 Women Triple Jump Open****Thursday 27/4/2023 - 4:45 PM****CR: 13.90m 8/9/2007 Anastasiya Juravleva, UZB****NR: 12.80m 25/3/2023 Tia Louise Rozario****NU20R: 12.26m 23/6/2019 Tia Louise Rozario**

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight</b>	<b>1 of 1</b>	<b>Final</b>			
1	194	Chandru, Bhavika	19	SSP	11.19m
2	251	Gopikrishna, Bhavna	17	WAC	11.28m
3	50	Zhong, Chuhan	18	HCIC	11.21m
4	63	Abas, Nurul Ashikin	23	MAS	12.78m

**Event 214 Women 10000 Meter Run Open****Thursday 27/4/2023 - 5:09 PM****CR: 38:46.37 28/3/2019 Myint Myint Aye, Myanmar**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section</b>	<b>1 of 1</b>	<b>Final</b>			
1	53	Inthakumman, Lodkeo	28	LAO	38:40.00
2	188	NicAmhlaoibh, Maire	35	SSH	40:46.00
3	162	Toh, Ting Xuan	23	SGP	40:56.34
4	59	Tan, Bernice	23	LB	47:07.60
5	157	HU, Xiuying Angela	45	SGP	NT

**Event 215 Men Triple Jump Open****Thursday 27/4/2023 - 6:00 PM****CR: 16.94m 3/9/2006 Kim Duk-Hyeon, KOR****NR: 16.04m 26/4/2009 Tseng Ke Cheng Stefan****NU20R: 16.04m 26/4/2009 Tseng Ke Cheng Stefan**

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight</b>	<b>1 of 1</b>	<b>Final</b>			
1	259	Emery, Conrad	17	WAC	13.22m
2	261	Kapil, Arnav	20	WAC	13.39m
3	268	Tan, Isaac	18	WAC	13.78m
4	263	Lee, Gabriel	20	WAC	14.76m
5	36	Ting Li King, Brandon	21	ZOOM	15.15m
6	100	Mohd Raffi, Muhammad Izzul Hanif	20	MAS	15.49m
7	87	Anura, Andre	24	MAS	16.51m

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 301 Men 10000 Meter Run Open****Friday 28/4/2023 - 8:30 AM****CR: 29:40.80 1/9/1978 Julian Goater, GBR****NR: 31:12.05 17/6/2022 Soh Rui Yong****NU20R: 32:37.90 10/8/1979 Jacter Singh**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Final</b>					
1	248	bin Mooiz, Mohammad Najib	28	TRSA	36:15.21
2	60	Ahmed, Nawaz	20	LB	36:33.00
3	189	Kirwan, Malachy	37	SSH	36:20.00
4	245	Limbu, Bigyan	23	T360	32:56.95
5	191	Southcott, Darren	32	SSH	31:44.00
6	122	Ko, Keane	23	NYP	36:20.53
7	192	Watkins, Dominic	53	SSH	36:20.00
8	154	Tan, Jason Wen Long	30	SUSS	36:43.97

**Event 302 Women Pole Vault Open****Friday 28/4/2023 - 9:00 AM****CR: 4.15m 29/11/2009 Roslinda Samsu, MAS****NR: 3.91m 12/6/2017 Rachel Isabel Yang Bingjie****NU20R: 3.60m 5/7/2018 Cherlin Sia Jia Yi**

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Final</b>					
1	31	Tay, Esther	22	ZOOM	3.00m
2	252	Hanim, Asmah	39	WAC	3.00m
3	30	Sia, Cherlin	22	ZOOM	3.20m
4	163	Yang, Rachel	41	SGP	3.60m
5	65	Adi, Nor Sarah	23	MAS	4.00m

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Event 303 Men 100 Meter Dash Open****27 Advance: Top 5 Each Heat plus Next 7 Best Times****Friday 28/4/2023 - 9:10 AM****CR: 10.30 23/10/1982 Suchart Jeasraparp, THA****NR: 10.37 12/9/2001 Umaglia Kancanangai Shyam****NU20R: 10.39 11/12/2021 Marc Brian Louis**

<b>LaneComp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 4 Prelims</b>				
1	55 Kheuabmavong, Kongkham	22	LAO	11.26
2	8 Mould, David	24	AUS	11.11
3	222 Tan, Daryl	22	TCT	10.91
4	176 Louis, Marc Brian	21	SGP	10.52
5	206 Kashama, Biwesa Daniel	20	KOR	10.44
6	7 Lindstrom, Hamish	21	AUS	10.60
7	174 Lee, Mark Ren	19	SGP	10.77
8	265 Ng, Bryan	23	WAC	11.08
<b>Heat 2 of 4 Prelims</b>				
2	135 Ryan, Praharsh	25	OA	11.11
3	184 Toh, Tedd	21	SGP	10.91
4	185 Xander, HO Ann Heng	23	SGP	10.73
5	27 Lin, Yu Sian	22	TPE	10.47
6	10 O'Neill, Mitchell	25	AUS	10.60
7	167 Chong, Wei Guan	23	SGP	10.81
8	199 Norhisham, JamieElRedhaAng	19	SSP	11.04
9	6 King, Leonard	26	AUS	11.37
<b>Heat 3 of 4 Prelims</b>				
1	145 Ang, James Ethan Kai Meng	22	SDSC	11.73
2	56 Vongsavanh, Xaidavanh	23	LAO	11.11
3	258 Chan, Ho-Hin	22	WAC	10.95
4	211 Kar Jun, Kwong	28	SWIF	10.73
5	181 NG, Ryan Raphael	20	SGP	10.72
6	35 PengiranAidil, PengiranAidil	18	ZOOM	10.62

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program**

7	11	Ottaviano, Marcello	19	AUS	10.80
8	165	Ang, Chen Xiang	29	SGP	10.97
9	42	Dhiya'ulhaq, Adam	24	FTA	11.16
<b>Heat 4 of 4 Prelims</b>					
2	13	Anak Layang, Daniel Riveera	22	BRU	NT
3	9	Myant, William	26	AUS	11.12
4	171	Koe, Ian	24	SGP	10.77
5	94	Ismail, Muhammad Zulfiqar	25	MAS	10.48
6	168	Chua, Joshua	23	SGP	10.59
7	128	Abisha, Ivan	23	NUS	10.91
8	118	Liau, Fong Jun	18	MAXF	10.98
9	44	Chia, Aloysius	20	HCAA	11.16

**Event 305 Men 400 Meter Hurdles Open****Friday 28/4/2023 - 9:50 AM****CR: 49.59 28/3/2019 Keisuke Nozawa, JPN****NR: 51.19 17/5/2022 Quek Jun Jie Calvin****NU20R: 53.59 27/5/2011 Md. Zaki Sapari**

LaneComp#	Name	Age	Team	Seed Time	
<b>Section 1 of 1 Final</b>					
6	182	Quek, Calvin	27	SGP	51.85
7	107	Roseli, Ruslem Zikry Putra	23	MAS	52.21
8	197	Anandan, Shan	19	SSP	59.24

**Event 306 Women 400 Meter Hurdles Open****Friday 28/4/2023 - 10:00 AM****CR: 56.66 27/4/2017 Thi Huyen Nguyen, VIE****NR: 58.93 26/8/2018 Dipna Lim Prasad****NU20R: 1:01.69 3/7/2010 T Piriya**

LaneComp#	Name	Age	Team	Seed Time	
<b>Section 1 of 1 Final</b>					
3	253	Kang, Pei Ling	26	WAC	1:12.66
4	52	Bounyaveun, Khanmalaiphone	21	LAO	1:08.23
5	70	Goh LI, Mandy	23	MAS	1:02.52
6	257	Tan, Clenyce	24	WAC	1:08.33
7	196	Khoo, Tyeisha Rene Misson	20	SSP	1:09.99

**Event 307 Women 100 Meter Dash Open**

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****9 Advance: Top 2 Each Heat plus Next 3 Best Times****Friday 28/4/2023 - 10:56 AM****CR: 11.69 4/9/1998 Tara Perry, CAN****NR: 11.37 1/4/2023 Shanti Veronica Pereira****NU20R: 11.80 4/4/2015 Shanti Veronica Pereria**

Lane	Comp#	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>					
2	64	Abdullah, Aina Batrisyia	16	MAS	13.54
3	209	PeiYuan-How, Marie-Adorabelle	17	SWIF	12.71
4	1	Crandell, Kiara	30	AUS	12.17
5	159	Pereira, Veronica Shanti	27	SGP	11.46
6	76	Mohamad, Siti Fatima	37	MAS	12.11
7	156	Goh, Clara	23	SGP	12.41
8	255	Poh, Sarah	22	WAC	13.10
9	231	Sukanda, Petraksa	20	THA	NT
<b>Heat 2 of 3 Prelims</b>					
2	208	EaSyuen, Andrea Wong	16	SWIF	13.48
3	39	Therese, Gwendolyn	21	FAC	12.98
4	77	Mohamad Rizal, Nur Afrina Batrisyia	19	MAS	12.20
5	19	HU, Chia-Chen	26	TPE	11.64
6	81	Selvaretnam, Komalam Shally	35	MAS	12.01
7	158	Ong, Kerstin	26	SGP	12.57
8	126	Lim, Nicole	21	NUS	13.13
9	229	Manatsada, Sanmano	19	THA	NT
<b>Heat 3 of 3 Prelims...(Event 307 Women 100 Meter Dash Open)</b>					
3	150	OH, Huyu, Zann	20	SUSS	13.01
4	155	Enriquez, Roxanne Rose Zulueta	27	SGP	12.40
5	67	Aling, Nur Aishah Rofina	24	MAS	11.90
6	161	Tan, Elizabeth Ann Shee R	20	SGP	11.96
7	54	Pha Aphay, Silina	25	LAO	12.58
8	78	Md Shahrom, Nur Adriana Batrisyi	16	MAS	13.32
9	228	Jirapat, Khanonta	18	THA	NT
<b>Event 311 Men Pole Vault Open</b>					

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Friday 28/4/2023 - 2:10 PM****CR: 5.55m 29/4/2016 Ernest John Obiena, PHI****NR: 5.03m 2/7/2022 Low Jun Yu****NU20R: 4.95m 9/6/2015 Chan Sheng Yao**

Pos	Comp#	Name	Age	Team	Seed Mark
Flight	1 of 1	Final			
1	88	Badroldin, Asrul	19	MAS	4.60m
2	131	Wong, Clevon	23	NUS	4.50m
3	23	Huang, Cheng Chi	20	TPE	5.13m
4	172	Koh, Wei Shien	28	SGP	4.62m
5	26	Lin, Chih Cheng	22	TPE	5.13m
6	109	Shahrul Afzam, Muhammad Naufal	21	MAS	5.00m
7	46	Koh, Aaron	28	HCAA	4.60m
8	180	NG, Dewey	27	SGP	4.80m
9	177	Low, Jun YU	22	SGP	4.82m

**Event 312 Women 4x100 Meter Relay Open****Friday 28/4/2023 - 3:16 PM****CR: 44.60 1998 Canada, CAN****NR: 44.96 24/8/2017 Singapore****NU20R: 46.68 29/10/2019 Singapore**

Lane	Comp#	Team	Relay	Seed Time	
Section	1 of 1	Final			
5		Thailand		NT	
		1) #228 Jirapat, Khanonta 18	2) #229 Manatsada, Sanmano 19	3) #231 Sukanda, Petraksa 20	4) #232 Suwimol, Srathienthong 18
6		Singapore		46.37	
		1) #159 Pereira, Veronica Shanti 27	2) #156 Goh, Clara 23	3) #161 Tan, Elizabeth Ann Shee R 20	4) #155 Enriquez, Roxanne Rose Zulueta 27
		5) #158 Ong, Kerstin 26			
7		Malaysia		45.70	
		1) #85 Zulkifli, Zaidatul Husniah 30	2) #66 Alias, Azreen Nabila 23	3) #67 Aling, Nur Aishah Rofina 24	
		4) #77 Mohamad Rizal, Nur Afrina Batrisyia 19	5) #65 Adi, Nor Sarah 23		

**Event 313 Men 4x100 Meter Relay Open**

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**83rd Singapore Open Track & Field - 26/4/2023 to 28/4/2023****Championships 2023****Singapore Sportshub****Meet Program****Friday 28/4/2023 - 3:22 PM****CR: 39.28 29/4/2016 Indonesia, INA****NR: 39.24 12/6/2015 Singapore****NU20R: 41.28 25/7/2005 Singapore**

LaneComp#	Team	Relay	Seed Time
<b>Section 1 of 1 Final</b>			
3	Singapore	B	NT
1) #171 Koe, Ian 24	2) #182 Quek, Calvin 27	3) #181 NG, Ryan Raphael 20	4) #184 Toh, Tedd 21
4	OldhamAthletics		42.75
1) #132 Arsyad, Yusuf 22	2) #136 Teow, Alphonsus 24	3) #135 Ryan, Prahmarsh 25	4) #134 Lin, Dexter 24
5	Australia		41.42
1) #6 King, Leonard 26	2) #7 Lindstrom, Hamish 21	3) #8 Mould, David 24	4) #3 Hall, Eli 24
6	Singapore		40.56
1) #176 Louis, Marc Brian 21	2) #185 Xander, HO Ann Heng 23	3) #168 Chua, Joshua 23	4) #174 Lee, Mark Ren 19
7	Malaysia		39.94
1) #95 Jantan, Khairul Hafiz 25	2) #92 Hanafi, Muhammad Haiqal 24	3) #98 MD Saat, Muhammad Arsyad 21	6) #94 Ismail, Muhammad Zulfiqar 25
4) #103 Nyepa, Jonathan 27	5) #102 Nasir Taib, Russel Alexander 25		
8	Team Cicada Trackers		42.65
1) #215 Amor, Artri 21	2) #216 Chen, Dexian 19	3) #217 Chng, Elgene 25	4) #218 Gwee, Samuel 21
5) #225 Zulkhair, Muhd 26			

**Event 314 Men 4x400 Meter Relay Open****Friday 28/4/2023 - 4:16 PM****CR: 3:05.96 6/9/1998 Canada, CAN****NR: 3:10.55 15/9/1974 Singapore****NU20R: 3:16.79 12/6/2012 Singapore**

LaneComp#	Team	Relay	Seed Time
<b>Section 1 of 1 Final</b>			
2	Philippines		NT
1) #140 Ramirez, Frederick 25	2) #142 Williams, Umajesty 24	3) #141 Sequita, Joyme 29	4) #138 Del Prado, Michael Carlo 28
3	Team Cicada Trackers		3:38.00
1) #215 Amor, Artri 21	2) #216 Chen, Dexian 19	3) #220 Osman, Amir Rusyaidi 214	4) #221 Ryan, Koh 19
5) #225 Zulkhair, Muhd 26	6) #218 Gwee, Samuel 21		
4	Singapore		3:15.00
1) #179 NG, Chin Hui 29	2) #175 Lee, Reuben Rainer 21	3) #182 Quek, Calvin 27	4) #178 Muncherji, Zubin Percy 27
5) #183 Thana Rajan, Thiruben	S/O 23		
5	Malaysia		3:10.36
1) #107 Roseli, Ruslem Zikry Putra 23	2) #108 Roslan, Abdul Wafiy 24	3) #104 Osman, Umar 20	6) #115 Wan Zahari, Wan Muhammad Fazri 22
4) #99 Mohamad Zemi, Muhammad Firdaus 23	5) #111 Shanmugam, Tharshan 21		
6	Australia		3:20.00
1) #8 Mould, David 24	2) #6 King, Leonard 26	3) #3 Hall, Eli 24	4) #7 Lindstrom, Hamish 21
7	Thailand		NT
1) #236 Kanhaudom, Methawi 20	2) #235 Joseph Obioma, Onuorahjr 18	3) #233 Bunde, Jirateep 204	4) #238 Phretewek, Chitdara 19